

DINNER

WEDNESDAY, FEBRUARY 1, 2023

CHICKEN CARBONARA W/ PASTA

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
270	389mg	18g	13g	20g	76mg	2g

CHOPPED STEAK MONTEREY


CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
360	640mg	27g	27g	2g	97mg	0g

GREEN GOODNESS

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
180	200mg	8g	7g	21g	0mg	8g

 contains wheat

 contains egg

 contains milk

 vegetarian


 vegan

 contains pork

 contains fish

 contains shellfish

 contains nuts

 ask about allergen