

# LUNCH

THURSDAY, MAY 12, 2022

## PECAN CRUSTED TILAPIA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
448	340mg	20g	32g	20g	50mg	1g

## BING BANG SHRIMP



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
376	922mg	13g	21g	35g	96mg	0g

## SWEET & SPICY CHICKEN W/ RICE



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
437	750mg	23g	25g	30g	125mg	1g

## BRAZILIAN BEAN SOUP



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
81	296mg	4g	1g	14g	0mg	3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen