



2009

*Southern Collegiate
Athletic Conference*
Volleyball Prospectus





Past SCAC Champions

<u>Year</u>	<u>School</u>	<u>Conference</u>	<u>Overall</u>
1991	Rhodes College	5-0	20-14
1992	Trinity University	7-0	30-12
1993	Trinity University	7-0	30-6
1994	Trinity University	7-0	32-7
1995	Southwestern University	5-2	29-8
1996	Trinity University	7-0	31-6
1997	Southwestern University	5-2	25-13
1998	Trinity University	9-0	36-5
1999	Trinity University	9--0	38-3
2000	Trinity University	17-1	33-8
2001	Trinity University	18-0	35-5
2002	Trinity University	18-0	38-5
2003	Trinity University	18-0	33-5
2004	Trinity University	18-0	31-6
2005	Southwestern University	17-1	36-5
	Trinity University	17-1	25-12
2006	Trinity University	17-1	34-7
2007	Trinity University	15-0	35-3
2008	Trinity University	13-1	31-10

NOTES: From 1992 through 1999, the conference champion was based on the SCAC Tournament. In 1991 and again from 2000 through 2006, the conference champion was based on regular season finish. The SCAC went back to a post-season tournament in 2007.



Southwestern University favored to win 2009 SCAC volleyball title

SUWANEE, Ga. – For just the second time in league history, Southwestern University was selected as preseason favorites to win the Southern Collegiate Athletic Conference volleyball championship. Southwestern was also the preseason favorite to win the league in 1998.

In a league where five different teams have received NCAA tournament berths in the last three years, the Pirates were tabbed as the preseason favorite to win the SCAC title just ahead of defending league champion Trinity University. In the annual preseason vote by the league's head coaches, Southwestern tallied six of 12 first place votes and received 126 points to headline the poll.

Head coach Hannah Long and her Pirates finished 2008 with a 36-5 overall record and 14-1 mark in SCAC play and lost a heart-breaking 3-2 match to second-ranked Emory (Ga.) in the Division III South Regional final.

Southwestern returns five seniors to head the squad including the 2008 SCAC Player-of-the-Year Audra Gentry and 2008 SCAC Backrow Player-of-the-Year Samantha Lingamfelter.

Trinity closely followed Southwestern and checked in at No. 2 in the preseason poll. The Tigers garnered 122 points and five of 12 first place votes. Tigers head coach Julie Jenkins and her squad will look for the program's 12th straight SCAC title and 18th consecutive appearance in the NCAA Division III tournament. Trinity returns six starters including All-SCAC first team junior Taylor Malloy at right side.

Colorado College (108 points, one first place vote) was the only other team to receive a first place vote and checked into the poll in third place. The Tigers return junior middle blocker Emily Perkins, who needed only two seasons to stake her claim as one of the top all-around players in the program's history. Perkins led the team with 521 points (the sum of kills, service aces and blocked shots) and 79 blocked shots, and was second in both kills (3.10) and digs (2.70) per game last fall.

Austin College (2007 NCAA participant) and DePauw University tallied 91 and 90 points to finish fourth and fifth respectively. Rhodes College rounds out the top six with 72 points.

Rounding out the 2009 predicted order of finish: Centre College was tabbed seventh with 54 points and Millsaps College picked up 47 points to come in eighth. Hendrix College followed with 41 points while Oglethorpe University (10th, 29 points) and Sewanee: University of the South (11th, 12 points) complete the poll.

Austin will be led by junior co-captains Jenna Wilson and Jordan Anderton. Wilson has played in more than 70 matches in her career and averaged 2.48 kills per game, tops among returning players. Wilson enters her junior campaign with 514 career kills. Anderton, who was a 2nd Team All-SCAC selection as well as an All-South Region honoree, led the conference with an average of 11.31 assists per game in 2008.

DePauw returns five letter winners from last year's squad. Junior setter Ali Smith returns after ranking third in the SCAC last year with 9.47 assists per set, while junior middle hitter Kristen Cynoweth was third in the league with 1.14 blocks per set and is the team's top returning attacker with a .220 hitting percentage last year.

Southwestern preseason favorite - continued

Rhodes will look to the four seniors to guide the team back to the promise land that they reached as freshmen back in 2006, when the team made the regional finals of the NCAA tournament. Senior setter Laura Jensen will lead the way for the Lynx again. During the 2008 campaign, Jensen was named third team all conference, her second consecutive All-SCAC honor.

Centre returns seven seniors including Jacqueline Beck, Mary Brieschke, Laura Broughton, Megan Gatewood, Alex Headley, Kelly McCoy and Tyler Travis. They have been contributing since their first year; and with their strong leadership skills and talent they will look to help push the Colonels to the next level.

Millsaps looks to improve on its 4-11 conference finish from a year ago. The Majors return most of their key hitters in Kate Hall and Maggie Tumminello on offense, with Hailey Miranda setting up the plays. Hall was a Third Team All-SCAC selection a year ago, The first Major in four years to garner all-conference honors, and will have high expectations on her shoulders to keep Millsaps on point.

Hendrix returns senior Ryan Hughes and key contributors Becca Clancy, Kim Larson, Leah Groat and Ashley Skinner. Clancy returns as the Warriors' leading attacker in 2008 with 349 kills and 960 attack attempts. Larson returns to lead the back row at the libero position after ranking 10th in the SCAC with 570 digs.

Head coach Kurt Matthews enters his second season at Oglethorpe after leading the Stormy Petrels to their most successful season since 2002. Oglethorpe returns junior outside hitter Trupti Patel, who was third-best in the SCAC with .53 aces per game. Also returning for Oglethorpe is junior Libero Hilary Miller and junior outside hitter Sara Blair.

Sewanee enters a new era in 2009 as Katy Caine begins her first season on the Mountain. The Tigers look to improve in the SCAC standings and will do so by relying on hitters Maggie Ruch, Kim Conkell, Libby Boddiford and Sam Maddox. Maddox led the Tiger squad with 122 kills and 197 digs and senior Mary Beth Epps had 54 kills in 64 games.

As an NCAA Division III provisional member, Birmingham-Southern was not considered in the preseason poll. However, the Panthers return only one true starter from last season in senior Sarah Harris, but juniors Christine Denning and Jennifer McKannan, who saw significant playing time in 2008, also return, as do sophomores Haley Johnson and Hope Harris, who also took the court in several matches last season.

2009 SCAC Predicted Order of Finish

	<u>No. of votes</u>	<u>2008 Record</u>	
1. Southwestern University Pirates	126 (6)	14-1	36-5
2. Trinity University Tigers	122 (5)	13-1	31-10
3. Colorado College Tigers	108 (1)	12-3	27-12
4. Austin College Kangaroos	91	9-5	25-12
5. DePauw University Tigers	90	11-4	25-14
6. Rhodes College Lynx	72	8-7	18-22
7. Centre College Colonels	54	5-9	17-25
8. Millsaps College Majors	47	4-11	15-24
9. Hendrix College Warriors	41	3-11	14-29
10. Oglethorpe University Stormy Petrels	29	1-14	12-27
11. Sewanee-University of the South Tigers	12	0-14	3-23

*Birmingham-Southern, a Division III provisional member, was not considered in the pre-season conference rankings.

Note: First-place votes (in parentheses) are worth eleven points, second-place worth ten, on down to eleventh-place votes being worth one.



2009 SCAC Composite Conference Schedule

Friday, September 18

SCAC West/Central Divisional (@ Trinity University)

<u>Court 1</u>	<u>Court 2</u>	
Millsaps vs. Southwestern	Colorado vs. Rhodes	Noon
Trinity vs. Hendrix	Austin vs. Birmingham	2 pm
Sout West. vs. Birmingham	Hendrix vs. Colorado	4 pm
Trinity vs. Rhodes	Millsaps vs. Austin	6 pm

Saturday, September 19

SCAC West/Central Divisional (@ Trinity University)

<u>Court 1</u>	<u>Court 2</u>	
Southwestern vs. Hendrix	Birmingham vs. Millsaps	10 am
Trinity vs. Colorado	Austin vs. Rhodes	Noon
Rhodes vs. Hendrix	Birmingham vs. Colorado	2 pm
Trinity vs. Millsaps	Soutwestern vs. Austin	4 pm

Saturday, September 26

SCAC East/West Divisional (@ DePauw University)

<u>Court 1</u>	<u>Court 2</u>	
Oglethorpe vs. Southwestern	Trinity vs. Centre	Noon
DePauw vs. Colorado	Austin vs. Sewanee	2 pm
Austin vs. Centre	Colorado vs. Oglethorpe	4 pm
DePauw vs. Southwestern	Trinity vs. Sewanee	6 pm

Sunday, September 27

SCAC East/West Divisional (@ DePauw University)

<u>Court 1</u>	<u>Court 2</u>	
Austin vs. Oglethorpe	Centre vs. Colorado	9 am
DePauw vs. Trinity	Southwestern vs. Sewanee	11 am
Colorado vs. Austin	Trinity vs. Southwestern	1 pm
DePauw vs. Centre	Oglethorpe vs. Sewanee	3 pm

Saturday, October 3

SCAC East/Central Divisional (@ Rhodes College)

<u>Court 1</u>	<u>Court 2</u>	
Rhodes vs. Millsaps	DePauw vs. Birmingham	Noon
Centre vs. Sewanee	Oglethorpe vs. Hendrix	2 pm
Sewanee vs. Birmingham	Oglethorpve vs. Millsaps	4 pm
Rhodes vs. DePauw	Centre vs. Hendrix	6 pm

Sunday, October 4

SCAC East/Central Divisional (@ Rhodes College)

<u>Court 1</u>	<u>Court 2</u>	
Millsaps vs. Sewanee	Oglethorpe vs. Birmingham	9 am
Rhodes vs. Centre	DePauw vs. Hendrix	11 am
Oglethorpe vs. DePauw	Centre vs. Millsaps	1 pm
Rhodes vs. Sewanee	Hendrix vs. Birmingham	3 pm

Saturday, October 10

SCAC West/Central Divisional (@ Hendrix College)

<u>Court 1</u>	<u>Court 2</u>	
Austin vs. Millsaps	Southwestern vs. Birmingham	Noon
Hendrix vs. Trinity	Colorado vs. Rhodes	2 pm
Colorado vs. Birmingham	Trinity vs. Millsaps	4 pm
Hendrix vs. Southwestern	Rhodes vs. Austin	6 pm

Saturday, October 11

SCAC Central/East Divisional (@ Millsaps College)

<u>Court 1</u>	<u>Court 2</u>	
Birmingham vs. Trinity	Colorado vs. Millsaps	9 am
Hendrix vs. Austin	Southwestern vs. Rhodes	11 am
Trinity vs. Austin	Colorado vs. Southwestern	1 pm
Millsaps vs. Hendrix	Birmingham vs. Rhodes	3 pm

Friday, October 16

SCAC East/West Divisional (@ Colorado College)

<u>Court 1</u>	<u>Court 2</u>	
Trinity vs. Sewanee	Southwestern vs. Centre	Noon
Colorado vs. Oglethorpe	Austin vs. DePauw	2 pm
South West. vs. Oglethorpe	Trinity vs. DePauw	4 pm
Colorado vs. Centre	Austin vs. Sewanee	6 pm

Saturday, October 17

SCAC East/West Divisional (@ Colorado College)

<u>Court 1</u>	<u>Court 2</u>	
DePauw vs. Southwestern	Trinity vs. Oglethorpe	10 am
Colorado vs. Sewanee	Austin vs. Centre	Noon
Oglethorpe vs. Centre	DePauw vs. Sewanee	2 pm
Colorado vs. Trinity	Southwestern vs. Austin	4 pm

Saturday, October 24

SCAC East/Central Divisional (@ Centre College)

<u>Court 1</u>	<u>Court 2</u>	
Oglethorpe vs. Hendrix	DePauw vs. Millsaps	Noon
Centre vs. Birmingham	Rhodes vs. Sewanee	2 pm
Rhodes vs. DePauw	Birmingham vs. Oglethorpe	4 pm
Centre vs. Hendrix	Millsaps vs. Sewanee	6 pm

Sunday, October 25

SCAC East/Central Divisional (@ Centre College)

<u>Court 1</u>	<u>Court 2</u>	
DePauw vs. Birmingham	Rhodes vs. Oglethorpe	9 am
Centre vs. Millsaps	Hendrix vs. Sewanee	11 am
Hendrix vs. Rhodes	Birmingham vs. Millsaps	1 pm
DePauw vs. Centre	Oglethorpe vs. Sewanee	3 pm



2009 SCAC Composite Conference Schedule - Continued

Friday, November 6

SCAC Volleyball Championship Tournament (@ Oglethorpe Univ.)

Match A	11:30 a.m.	No. 8 vs. No. 9	Court 1
Match B	11:30 a.m.	No. 6 vs. No. 11	Court 2
Match C	2 p.m.	No. 7 vs. No. 10	Court 2
Match D	2 p.m.	No. 4 vs. No. 5	Court 1
Match E	4:30 p.m.	No. 1 vs. 8/9 Winner	Court 1
Match F	4:30 p.m.	No. 3 vs. 6/11 Winner	Court 2
Match G	7 p.m.	No. 2 vs. 7/10 Winner	Court 1

Saturday, November 8

11th Place Match

Match H	9 a.m.	B Loser vs. C Loser	Court 2
Match I	9 a.m.	D Loser vs. E Loser	Court 1
Match J	11:15 a.m.	F Loser vs. G Loser	Court 2

Semifinals

Match K	11:15 a.m.	D Winner vs. E Winner	Court 1
Match L	1:30 p.m.	F Winner vs. G Winner	Court 1

9th/10th Place Match

Match M	1:30 p.m.	H Winner vs. A Loser	Court 2
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7th/8th Place Match

Match N	3:45 p.m.	I Loser vs. J Loser	Court 2
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5th/6th Place Match

Match O	3:45 p.m.	I Winner vs. J Winner	Court 1
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3rd/4th Place Match

Match P	6 p.m.	K Loser vs. L Loser	Court 1
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Championship Match

Match Q	8:15 p.m.	K Winner vs. L Winner	Court 1
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Thursday, November 12

NCAA Division III Regionals - TBA
Campus Sites

Friday, November 13

NCAA Division III Regionals - TBA
Campus Sites

Saturday, November 14

NCAA Division III Regionals - TBA
Campus Sites

Thursday, November 19

NCAA Division III Quarterfinals - TBA
DeCarlo Varsity Center
University Heights, Ohio
Host: John Carroll University

Friday, November 20

NCAA Division III Semifinals - TBA
DeCarlo Varsity Center
University Heights, Ohio
Host: John Carroll University

Saturday, November 21

NCAA Division III Finals - TBA
DeCarlo Varsity Center
University Heights, Ohio
Host: John Carroll University



2008 Final Standings / Results

	CONFERENCE			OVERALL		
	W	L	Pct.	W	L	Pct.
*Trinity University	13	1	0.929	31	10	0.756
DePauw University	11	4	0.733	25	14	0.641
Southwestern University	14	1	0.933	36	5	0.878
Colorado College	12	3	0.800	27	12	0.692
Austin College	9	5	0.643	25	12	0.676
Rhodes College	8	7	0.533	18	22	0.450
Centre College	5	9	0.357	17	25	0.405
Hendrix College	3	11	0.214	14	29	0.326
Oglethorpe University	1	14	0.067	12	27	0.308
Millsaps College	4	11	0.267	15	24	0.385
Sewanee - Univ. of the South	0	14	0.000	3	23	0.115
Birmingham-Southern College	0	0	0.000	27	8	0.771
*SCAC Champion						

2008 Players of the Week

Week 1 - Sept. 2

DELIA MERCER - JR MH - Austin

Week 6 - Oct. 6

ADRIENNE COBB - SR MH - DePauw

Week 2 - Sept. 9

DAMARIS ORASANU - SR MH - Austin

Week 7 - Oct. 13

TAYLER MALLOY - SO RS - Trinity

Week 3 - Sept. 16

STEPHANIE WOESTE - FY MH - Centre

Week 8 - Oct. 20

DANIELLE BOCHAT - SR OH - Southwestern

Week 4 - Sept. 22

MEREDITH BALLARD - FR OH - Colorado Col.

Week 9 - Oct. 28

TAYLER MALLOY - SO RS - Trinity

Week 5 - Sept. 29

AMY MITTELSTAEDT - JR OH - Trinity
LINDSAY THOMPSON - FY MB - Southwestern

Week 10 - Nov. 4

EMILY PERKINS - SO MB - Colorado Col.



2008 Team Statistics

HITTING PERCENTAGE					
	G	Kills	Errs	Total	Pct
1. Trinity University...	151	1871	579	5151	.251
2. Birmingham-Southern.	122	1503	482	4190	.244
3. Austin College.....	131	1727	558	4875	.240
4. Colorado College....	141	1764	687	4820	.223
5. Southwestern.....	146	1879	659	5474	.223
6. DePauw University...	148	1679	643	5083	.204
7. Rhodes.....	142	1499	678	4787	.172
8. Hendrix College.....	150	1424	718	4581	.154
9. Centre College.....	152	1582	875	5348	.132
10. Oglethorpe Univ.....	140	1242	746	4044	.123
11. Millsaps College....	147	1274	761	5181	.099
12. Sewanee.....	79	475	336	1695	.082

ASSISTS			
	G	No.	Avg/G
1. Austin College.....	131	1619	12.36
2. Southwestern.....	146	1736	11.89
3. Colorado College....	141	1581	11.21
4. Trinity University..	151	1686	11.17
5. Birmingham-Southern.	122	1346	11.03
6. DePauw University...	148	1511	10.21
7. Rhodes.....	142	1305	9.19
8. Centre College.....	152	1373	9.03
9. Hendrix College....	150	1274	8.49
10. Millsaps College....	147	1085	7.38
11. Oglethorpe Univ.....	140	970	6.93
12. Sewanee.....	79	411	5.20

BLOCKS					
	G	Solo	Asst	Total	Avg/G
1. DePauw University...	148	128	575	415.5	2.81
2. Trinity University..	151	77	546	350.0	2.32
3. Southwestern.....	146	95	412	301.0	2.06
4. Centre College.....	152	86	449	310.5	2.04
5. Austin College.....	131	75	361	255.5	1.95
6. Birmingham-Southern.	122	46	362	227.0	1.86
7. Oglethorpe Univ.....	140	189	136	257.0	1.84
8. Millsaps College....	147	125	231	240.5	1.64
9. Colorado College....	141	81	266	214.0	1.52
10. Rhodes.....	142	86	166	169.0	1.19
11. Hendrix College....	150	68	210	173.0	1.15
12. Sewanee.....	79	19	59	48.5	0.61

DIGS			
	G	No.	Avg/G
1. Austin College.....	131	2538	19.37
2. DePauw University...	148	2812	19.00
3. Birmingham-Southern.	122	2182	17.89
4. Southwestern.....	146	2588	17.73
5. Trinity University..	151	2610	17.28
6. Centre College.....	152	2503	16.47
7. Colorado College....	141	2270	16.10
8. Millsaps College....	147	2360	16.05
9. Rhodes.....	142	2245	15.81
10. Oglethorpe Univ.....	140	1841	13.15
11. Hendrix College....	150	1851	12.34
12. Sewanee.....	79	828	10.48

OPPONENT HITTING PCT					
	G	Kills	Errs	Total	Pct
1. Sewanee.....	79	0	0	0	.000
Centre College.....	152	0	0	0	.000
DePauw University...	148	0	0	0	.000
4. Oglethorpe Univ....	140	58	45	188	.069
5. Millsaps College....	147	446	251	1460	.134
6. Southwestern.....	146	968	533	3162	.138
7. Colorado College....	141	1389	668	4476	.161
8. Birmingham-Southern.	122	677	328	2136	.163
9. Trinity University..	151	350	170	1073	.168
10. Austin College.....	131	96	47	281	.174
11. Hendrix College....	150	350	136	906	.236
12. Rhodes.....	142	496	166	1313	.251

KILLS			
	G	No.	Avg/G
1. Austin College.....	131	1727	13.18
2. Southwestern.....	146	1879	12.87
3. Colorado College....	141	1764	12.51
4. Trinity University..	151	1871	12.39
5. Birmingham-Southern.	122	1503	12.32
6. DePauw University...	148	1679	11.34
7. Rhodes.....	142	1499	10.56
8. Centre College.....	152	1582	10.41
9. Hendrix College....	150	1424	9.49
10. Oglethorpe Univ....	140	1242	8.87
11. Millsaps College....	147	1274	8.67
12. Sewanee.....	79	475	6.01

SERVICE ACES			
	G	No.	Avg/G
1. Southwestern.....	146	342	2.34
2. Oglethorpe Univ.....	140	295	2.11
3. Sewanee.....	79	163	2.06
4. Millsaps College....	147	283	1.93
5. Colorado College....	141	253	1.79
6. Hendrix College....	150	269	1.79
7. Birmingham-Southern.	122	206	1.69
8. Rhodes.....	142	229	1.61
9. Centre College.....	152	244	1.61
10. Austin College.....	131	200	1.53
11. Trinity University..	151	227	1.50
12. DePauw University...	148	200	1.35

MATCH WON-LOST PCT	--Conference--		---Overall---	
	W-L	Pct	W-L	Pct
Southwestern.....	15-1	.938	36-5	.878
Trinity University..	13-1	.929	31-10	.756
Colorado College....	12-3	.800	27-12	.692
DePauw University...	11-4	.733	25-14	.641
Austin College.....	10-5	.667	25-12	.676
Rhodes.....	8-7	.533	18-22	.450
Centre College.....	7-11	.389	17-25	.405
Millsaps College....	4-11	.267	15-24	.385
Hendrix College....	3-11	.214	14-30	.318
Oglethorpe Univ.....	1-15	.062	12-27	.308
Birmingham-Southern.	0-0	.000	27-7	.794
Sewanee.....	0-14	.000	3-23	.115



2008 Individual Statistics

HITTING PERCENTAGE (Minimum .200/3.0 attacks per game)

Player	Team	Cl	G	Kills	Errs	Total	Pct
1. Tayler Malloy.....	TU	SO	104	233	47	510	.365
2. Lindsay Thompson....	SU		114	273	68	564	.363
3. Casey Demos.....	BSC	SR	120	246	56	587	.324
4. Delia Mercer.....	AC		129	282	77	668	.307
5. Emily Perkins.....	COLO		141	437	129	1041	.296
6. Anna Clithero.....	COLO		133	442	128	1101	.285
7. Lauren Brown.....	SU		127	340	110	825	.279
8. Stephanie Woeste....	CEN		152	400	135	972	.273
9. Caitlin Dees.....	BSC	JR	117	209	58	554	.273
10. Jenna Wilson.....	AC		73	181	40	518	.272

KILLS (Minimum 2.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Audra Gentry.....	SU		124	432	3.48
2. Anna Clithero.....	COLO		133	442	3.32
3. Damaris Orasanu.....	AC		124	391	3.15
4. Sarah Harris.....	BSC	JR	118	369	3.13
5. Emily Perkins.....	COLO		141	437	3.10
6. Kate Hall.....	MC		147	427	2.90
7. Jessica Rose.....	AC		124	359	2.90
8. Danielle Bochat.....	SU		119	324	2.72
9. Megan Dudley.....	TU	JR	148	398	2.69
10. Lauren Brown.....	SU		127	340	2.68

ASSISTS (Minimum 5.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Jordan Anderton.....	AC		131	1481	11.31
2. Christina Nicholls..	SU		136	1429	10.51
3. Ali Smith.....	DU	SO	148	1401	9.47
4. Caroline Keener.....	TU	JR	132	1186	8.98
5. Milica Stojanovic...	BSC	JR	116	1010	8.71
6. Laura Jensen.....	RC		125	1081	8.65
7. Hailey Miranda.....	MC		145	901	6.21
8. Alison Burt.....	OU		137	800	5.84
9. Hannah Greer.....	CEN		89	504	5.66
10. Patty Hill.....	HC	JR	139	735	5.29

SERVICE ACES (Minimum 0.10 per game)

Player	Team	Cl	G	No.	Avg/G
1. Alison Burt.....	OU		137	83	0.61
2. Sam Lingamfelter....	SU		138	80	0.58
3. Trupti Patel.....	OU		140	74	0.53
4. Megan Guest.....	TU	SR	146	72	0.49
5. Lauren Brown.....	SU		127	61	0.48
6. Emily Hillard.....	TU	SO	86	39	0.45
7. Milica Stojanovic...	BSC	JR	116	52	0.45
8. Maggie Tumminello...	MC		144	62	0.43
9. Elizabeth Boddiford..	UOS		79	31	0.39
10. Laura Broughton.....	CEN		147	57	0.39

BLOCKS (Minimum 1.00 per game)

Player	Team	Cl	G	Solo	Asst	Total	Avg/G
1. Adrienne Cobb.....	DU	SR	148	44	149	193.0	1.30
2. Lindsay Thompson....	SU		114	34	99	133.0	1.17
3. Kristen Chynoweth...	DU	SO	137	29	127	156.0	1.14
4. Aly Hazelwood.....	TU	SO	136	27	118	145.0	1.07
5. Ginger Haley.....	TU	JR	131	17	122	139.0	1.06
6. Stephanie Woeste....	CEN		152	47	114	161.0	1.06

DIGS (Minimum 1.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Emily Smith.....	DU	SR	143	833	5.83
2. Kayla McCrury.....	RC		136	694	5.10
3. Sam Lingamfelter....	SU		138	634	4.59
4. Jennifer McKannan...	BSC	SO	105	471	4.49
5. Megan Guest.....	TU	SR	146	634	4.34
6. Dixie Krauss.....	MC		143	616	4.31
7. Laura Broughton.....	CEN		147	632	4.30
8. Gloria Carey.....	AC		131	558	4.26
9. Jessica Rose.....	AC		124	514	4.15
10. Kim Larson.....	HC	SO	144	570	3.96



2008 SCAC Post-Season Honors

2008 ALL-SCAC FIRST TEAM

<u>Player</u>	<u>School</u>	<u>Cl.</u>	<u>Hometown</u>
Audra Gentry (OH)	Southwestern	Jr.	Albuquerque, N.M.
Anna Clithero (OH)	Colorado Col.	Sr.	West Linn, Ore.
Adrienne Cobb (MH)	DePauw	Sr.	Indianapolis, Ind.
Megan Guest (L)	Trinity	Sr.	Richmond, Texas
Taylor Malloy (RS)	Trinity	So.	Allen, Texas
Caroline Keener (S)	Trinity	Sr.	Plano, Texas
Sam Lingamfelter (L)	Southwestern	Jr.	New Braunfels, Texas

2008 VOLLEYBALL PLAYER-OF-THE-YEAR

Audra Gentry, OH, Jr., Southwestern University

2008 ALL-SCAC SECOND TEAM

<u>Player</u>	<u>School</u>	<u>Cl.</u>	<u>Hometown</u>
Jordan Anderton (S)	Austin	So.	Garland, Texas
Emily Perkins (MH)	Colorado Col.	So.	Plano, Texas
Lindsay Thompson (MB)	Southwestern	FY	Austin, Texas
Lauren Brown (MB)	Southwestern	Jr.	Austin, Texas
Megan Dudley (OH)	Trinity	Sr.	College Station, Texas
Alison Burt (S)	Oglethorpe	Jr.	Spring, Texas
Emily Smith (L)	DePauw	Sr.	Holland, Mich.

2008 VOLLEYBALL FRESHMAN-OF-THE-YEAR

Lindsay Thompson, MB, Fr., Southwestern University

2008 VOLLEYBALL BACKROW PLAYER-OF-THE-YEAR

Samantha Lingamfelter, L, Jr., Southwestern University

2008 ALL-SCAC THIRD TEAM

<u>Player</u>	<u>School</u>	<u>Cl.</u>	<u>Hometown</u>
Meredith Ballard (RS)	Colorado Col.	FY	Green Oaks, Ill.
Laura Jensen (S)	Rhodes	Jr.	Daphne, Ala.
Stephanie Woeste (MH)	Centre	FY	Louisville, Ky.
Damaris Orasanu (MB)	Austin	Sr.	North Richland Hills, Texas
Allison Squires (MH)	Rhodes	Sr.	Dallas, Texas
Kate Hall (OH)	Millsaps	So.	San Antonio, Texas
Gloria Carey (L)	Austin	Sr.	Dallas, Texas

2008 COACH-OF-THE-YEAR

Hannah Long, Southwestern University

**2009 PREVIEW
AUSTIN
COLLEGE
KANGAROOS**



The Austin College volleyball team returns plenty of experience in 2009 and will be looking to improve on last year's 25-12 record and return to the NCAA National Tournament for the first time since 2006. The 'Roos bring back six full-time starters and another part-time starter and should look to challenge in the always tough Southern Collegiate Athletic Conference this season.

Leading the way for the 'Roos and head coach Ed Garza will be junior co-captains Jenna Wilson and Jordan Anderton. Wilson has played in more than 70 matches in her career and averaged 2.48 kills per game, tops among returning players. Wilson enters her junior campaign with 514 career kills. Anderton, who was a 2nd Team All-SCAC selection as well as an All-South Region honoree, led the conference with an average of 11.31 assists per game in 2008.

Also returning with a wealth of experience are Delia Mercer and Courtney Pettenger, as well as Chitra Kavouspour. Mercer averaged 2.19 kills per game with a .307 hitting percentage, and Kavouspour added 2.2 kills per game. Pettenger played in all 37 matches last year and averaged 1.83 digs per game and is one of four players with NCAA Tournament experience.

Another player Garza will be leaning on this year is second year player Jessica Fleming, who boasted a team best .391 hitting percentage in her first year of collegiate competition. At 6'2", Fleming is one of the tallest players on this year's team. However, this year she'll be joined by what Garza believes to be his tallest freshman class ever. Two of this year's newcomers stand better than 6'0", with three other players measuring in at 5'10".

Several other players also return from last year's team that went 10-5 in SCAC play, including Taylor McKinney and Quinn McKee. McKee was a part-time starter last year as a defensive specialist, averaging 2.9 digs per game. Among returning players, that number is second only to Wilson, who averaged 3.67 digs per game last season.

This year the 'Roos face a difficult schedule, with three SCAC teams entering the season ranked in the top 20 nationally by the American Volleyball Coaches Association. In addition, the 'Roos will be taking on one of the top NAIA squads in the country early in the year when they square off against Southwest Assemblies of God University.

Still, this looks to be a strong year for the 'Roos and also for Garza, who stands at 399 career victories entering the season. With the tremendous returning talent and an influx of skilled newcomers, Austin College will be looking to take the SCAC crown in 2009.

**2009 PREVIEW
BIRMINGHAM-SOUTHERN
COLLEGE
PANTHERS**



The 2009 Birmingham-Southern volleyball team returns to the court under the direction of first-year head coach April Fricke after a 27-8 showing in 2008. The team will also see several new faces this season, and a road-heavy schedule.

Last season, the Panthers notched wins over several nationally-ranked teams, including two victories over 2008 national champion Emory University. BSC also defeated No. 5 Trinity University, twice, No. 22 Central College, No. 24 California Lutheran University, and No. 24 Austin College.

This season, BSC opens up at home on Sept. 4 and 5 with two matches against Martin Methodist, and doesn't return home again until Oct. 21, when they face Miles College. The fourth and final home match, as well as the last match of the season, is slated for Nov. 4, when BSC will take on Bryan College.

The Panthers return only one true starter from last season in senior Sarah Harris, but juniors Christine Denning and Jennifer McKannan, who saw significant playing time in 2008, also return, as do sophomores Haley Johnson and Hope Harris, who also took the court in several matches last season.

Sarah Harris led the team last season in kills per set (3.13) and points per set (3.62), and ranked second in digs per set (3.44). Denning ranked second on the team in assists per set (1.75) and fifth in digs per set (1.64), while Hope Harris ranked sixth on the team in kills per set (1.73). McKannan was the team's go-to libero, leading the Panthers with 4.49 digs per set.

Fans will see several new faces on the court this season, with seven newcomers entering the program: Amanda Cazort is a freshman outside hitter/right side from Little Rock, Ark.; Presley Dickson is a freshman defensive specialist from Huntsville, Ala.; Shelby Moore is a freshman middle blocker from Baton Rouge, La.; Alessandra Norman is a sophomore defensive specialist from El Paso, Texas; Alexis Pappas is a freshman middle blocker from Centennial, Colo.; Chelsea Pittman is a freshman outside hitter from Orlando, Fla.; and Lauren Reibe is a freshman setter from Daphne, Ala.

2009 PREVIEW CENTRE COLLEGE COLONELS



With seven seniors returning and a core group of underclassmen, Centre is looking to make a statement in the Southern Collegiate Athletic Conference (SCAC), and the nation, this year.

Seniors Jacqueline Beck (Lexington, Ky.), Mary Brieschke (Ann Arbor, Mich.), Laura Broughton (Lexington, Ky.), Megan Gatewood (Louisville, Ky.), Alex Headley (Owensboro, Ky.), Kelly McCoy (Lewisville, Texas), and Tyler Travis (Lexington, Ky.) have been contributing since their first year; and with their strong leadership skills and talent they look to help push the Colonels to the next level.

All of the seniors will be expected to challenge for major playing time this year and will be great examples for the underclassmen to follow. Six foot Beck and 6'-1" McCoy are expected to continue their dominance on the right side, putting up one of the biggest blocks in the nation while adding significantly to the offense. On the outside, 5'-8" Headley and 5'-7" Travis will add solid ball control, defense, and hitting to the Colonel effort. The defense will be anchored by Broughton (5'-4") and Gatewood (5'-6") who have both been major contributors there for the past three seasons, Broughton as the libero and Gatewood as a left back. Finally, the 5"-4" Brieschke will once again be expected to lead the offense from the setter position in the back court.

Even though all the seniors are expected to contribute significantly, coach Neyhouse will have a plethora of talented underclassmen to draw from as well. In the junior class is Ashton Hupman (Lexington, Ky.) and Rebecca Pugh (Colfax, Calif.). Hupman, at 6'-0" has been one of the team's starting middles since her freshmen year and is a major force for the Colonels on the net. Pugh is a transfer from the University of California Riverside where she played mostly in the back row, however, Neyhouse is looking at the 5'-9" transfer as a possible outside for his Colonel team.

Representing the sophomores are 5'-7" setter Hannah Greer (Owensboro, Ky.), 5'-10" Sarah Bennett (Louisville, Ky.), 5'-7" Laura Hench (Lexington, Ky.) 5'-6" Evis Muhameti (Boston, Mass.) 5'-7" Haley Buchanan (Lexington, Ky.), and standing at 5'-10", Stephanie Woeste (Louisville, Ky.). Greer will be looked at to help run the offense this year along with Brieschke; a spot where she saw solid time as a freshman last year. Bennett is expected to continue to be one of the dominate outsides in the SCAC again while Muhameti and Buchanan will push for time in the back row. Hench should push seniors Tyler Travis and Alex Headley for time with her all around ball control and hitting capabilities. Lastly, Woeste will again be looked at to continue her stellar play from her freshmen campaign where she led the team in kills and blocks from the middle position.

In the freshmen class are two top notch defensive players in 5'-6" Jenna Foushee (Louisville, Ky.) and five foot Crystal Montes (Cedar Hill, Texas). Both Foushee and Montes come to Centre with high level club experience and will push the returning players for time in the back row.

With four teams in the preseason rankings within the Southern Collegiate Athletic Conference (SCAC) the 2009 season will not be an easy road for the Colonels as they prepare to play in arguably the toughest NCAA Division III volleyball conference in the country.

Centre will open play in Cincinnati, Ohio at the College of Mount Saint Joseph on September 1 before traveling to the Kalamazoo College Invitational in Kalamazoo, Mich. where they will face Franklin College, and Baldwin-Wallace in opening pool play. The following week will see the Colonels return to play in Indiana at interstate rival Hanover College's Invitational for the second straight year.

After two weeks on the road Centre will host its annual Centre College Classic on Sept 19. Six teams will compete against two other schools in the one day event, with Centre taking on Spalding College and Hanover College.

The next two weeks will have the Colonels once again on the road as they begin their league play. On September 26-27 Centre will compete at DePauw University in Greencastle, Ind. While at DePauw Centre will take on three teams in the West Division of the conference (Trinity, Austin, and Colorado) and one team from the East Division (DePauw). After taking on the West, Centre will hop a bus again to travel to Memphis, Tenn. to play against three teams from Central Division (Hendrix, Rhodes, and Millsaps) and another team from the East (Sewanee) while at Rhodes College.

After traveling from Ind. to Tenn., Centre will come home for their first ever Friday night match. The Colonels will take on the Yellow Jackets of Defiance College at 7:30pm on October 9. The following Tuesday (October 13) Centre will travel to Lexington to take on in-state rival Transylvania before heading out to Colo. for their third conference weekend; this time hosted by Colorado College in Colorado Springs, Colo. Centre will once again take on three teams from the West and one from the East while in Colo. This time, however, representing the West will be Southwestern, Colorado, and Austin while the team from the East will be Oglethorpe.

After their home stand Centre will head down to Atlanta in order to conclude its regular season of play at Oglethorpe in the SCAC Tournament. The winner of this tournament will receive an automatic bid into the NCAA Division III Volleyball National Tournament.

2009 PREVIEW COLORADO COLLEGE TIGERS



Even though it's been nearly ninth months since the Colorado College volleyball team has played a match, the Tigers will be riding an enormous wave of momentum into the 2009 campaign. CC returns 11 veterans from last year's team that posted a 27-12 record, rallied to defeat then-No. 21 Christopher Newport University in its first match of the NCAA Tournament and came within four points of knocking off eventual national champion Emory University in the second round.

In fact, seven of the eight players who were on the court in the Tigers' 6-2 lineup at the end of the year will be back in 2009. Add to that experienced roster a recruiting class that includes several players with the skills and athleticism to challenge for a spot in the lineup, and you have a team that is capable and motivated to take CC deeper into the postseason than ever before.

Leading the charge will be junior middle blocker Emily Perkins, who needed only two seasons to stake her claim as one of the top all-around players in the program's history. Perkins led the team with 521 points (the sum of kills, service aces and blocked shots) and 79 blocked shots, and was second in both kills (3.10) and digs (2.70) per game last fall.

The All-America candidate already ranks among the program's all-time statistical leaders – No. 12 with 848 kills, No. 16 with 759 digs, tied for No. 16 with 204 total blocks, and No. 18 with 84 service aces. Her two-season totals for digs and kills are more than those accumulated by Anna Clithero, CC's career leader in each statistic.

Joining Perkins in the middle is classmate Erika Pirotte, who despite having to battle through injuries during each of her first two seasons, has proven to be one of the team's best defensive players and an emerging offensive weapon. Pirotte was second among all Tigers with 76 blocks and fifth with 197 digs despite playing in just 94 sets a year ago.

It didn't long for Meredith Ballard to make a name for herself in 2008. The sophomore right-side hitter was named the Division III Player of the Week by the American Volleyball Coaches Association after leading CC to four consecutive victories to open league play in the Southern Collegiate Athletic Conference.

Ballard finished the season ranked third on the team with 270.5 points, 241 kills, a 1.76 kills-per-set average, and 54 total blocks, earning third-team honors from the SCAC and was runner-up in Freshman-of-the-Year voting.

Sophomore Haley Hamilton provides depth both in the middle and on the right side, but could earn more playing time if she continues to progress the way she did at the end of last season. Her strength and ability to block were important in the NCAA victory over Christopher Newport.

Another strength for the Tigers will be at setter, where sophomores Annie Bernacchi and Amy Schornack return with a year's experience. Not only did both have exceptional rookie seasons running the offense, but they were among the team leaders in several statistical categories as well.

Bernacchi played in 139 of 141 sets and finished the season with a team-leading .343 hitting percentage. She also was tied for second with 33 service aces and fourth with 215 digs. Schornack also played in every match and added a physical presence at the net. She paced the Tigers with 44 aces, was third with 249 digs, and chipped in with 76 kills and 22 blocked shots.

Junior Colleen Keresey, who was a starter in the 6-2 offense as a freshman, will also push for playing time.

The Tigers have three experienced players trying to earn time in the back row. Senior Holli Palmer, junior Kate Weig and sophomore Hannah Varnell all have the ability to ignite the offense with their ability to cover ground and make pin-point passes.

The most competitive position will be at outside hitter, where three players will be competing for the final two spots in the starting rotation. Sophomore Sarah Schmoker fought her way into the starting lineup late in the season and saved her best for the playoffs. She finished the season ranked fourth with 192 kills, including a season-high 11 during a five-set loss to Trinity in the SCAC semifinals.

The offense will receive a boost from the return of Kameron Moding, who started most of her sophomore season in 2007 but elected not to play last year. Moding was fourth on the team with 159 kills, a 2.12 kills per game average and 191 points in '07.

Colorado College opens its 2009 season on Tuesday, Sept. 1, against Johnson & Wales University. The Tigers will play host to three regular-season tournaments as well as the SCAC East-West crossover matches in October.

CC will also play five matches against Division II rivals from the Rocky Mountain Athletic Conference. That includes home dates against Metro State College, Colorado Christian University and CSU-Pueblo in the regular season finale.

*2009 PREVIEW
DEPAUW
UNIVERSITY
TIGERS*



The Tigers return five letterwinners from last year's team which finished 25-14 overall and second at the Southern Collegiate Athletic Conference tournament. However, they'll need to replace five experienced student-athletes who graduated including a pair of all-SCAC performers.

"While we'll be young this season, our runner-up finish in the SCAC tournament has created an eagerness and determination in our returning players to succeed," 16th year head coach Deb Zellers said.

Junior setter Ali Smith returns after ranking third in the SCAC last year with 9.47 assists per set, while junior middle hitter Kristen Cynoweth was third in the league with 1.14 blocks per set and is the team's top returning attacker with a .220 hitting percentage last year. She also averaged 1.85 kills per set.

Senior right side Katey Larson averaged just under two kills per set, while senior defensive specialist Kate Carrico is the Tigers' top returner with 3.3 digs per set and 39 service aces a year ago.

Junior defensive specialist Madison Hoenig saw action in just over half of the matches and averaged 1.7 digs per set.

According to Zellers, the Tigers enter the season with experience and strength in serving, defense and setting. She also feels the deep roster will create some healthy competitiveness.

"We had a fantastic spring season and the players are excited to showcase a talented new team."

The Tigers open the 2009 season on September 1 at Marian (Ind.).

2009 PREVIEW HENDRIX COLLEGE WARRIORS



The Hendrix College volleyball team has set the bar high in 2009 and head coach Mary Ann Schlientz is sharing her team's enthusiasm with anyone who is willing to listen. The Warriors are itching to get on the court and begin a new era in Hendrix volleyball.

The 2009 squad has set a new standard to follow on and off the court. The team believes that a highly competitive and intense environment in practice will bring more wins this year.

"This is the most competitive team that I have pieced together since coming to Hendrix," Schlientz said. "Our incoming first years are responding very well to how the returners push the intensity level higher and higher each day. The returners are stepping into the leadership roles on and off the court and setting the tone in pre-season practices and workouts."

Schlientz has brought in eight first years to the 2009 roster. All eight incoming first years come from highly competitive high school and club teams and are used to a winning tradition. They have been well trained and know what it takes to win matches. Schlientz reeled in four in-state recruits, including Danielle Young (Conway, Ark.), Kristen Finch (Ft. Smith, Ark.), Melissa Clement (Rogers, Ark.) and Paula Burr (Jacksonville, Ark.). The four remaining first years hail from Ohio, Texas and Oklahoma. Allison Helm (Centerville, Ohio), Katie Bates (Austin, Texas), Alyssa Barry (Cedar Park, Texas) and Kelsey Manning (Owasso, Okla.) have joined the crew and will look to make immediate impacts on the court in 2009.

This year's roster will feature something it has lacked in years past, depth. The load of responsibility will be distributed more evenly and the Warriors will not have to rely on one or two players to play multiple positions.

"We have all the components it takes to be successful," said Schlientz. "Our depth opens up so many options for us and brings a level of balance on the court that we have lacked in years past."

Ryan Hughes returns as the lone senior in 2009 and will serve as team captain for her third straight season. "Ryan is the glue that holds our team together," Schlientz said. "She is invaluable to our team and absolutely shines in the leadership role. Ryan has been a great mentor for all of her teammates and she shows her dedication to Warrior volleyball on and off the court."

Hendrix also returns key contributors Becca Clancy, Kim Larson, Leah Groat and Ashley Skinner. Clancy returns as the Warriors' leading attacker in 2008 with 349 kills and 960 attack attempts. Larson returns to lead the back row at the libero position after ranking 10th in the Southern Collegiate Athletic Conference (SCAC) with 570 digs. Groat paced Hendrix with 60 blocks (17 solo/43 assisted) last year, while Skinner returns as the Warriors' leading setter with 437 assists in 2008.

"I think we are going to surprise teams that we have played in the past," said Schlientz. "There is not an opponent on our schedule that will be able to relax when they are on the opposite side of the net."

Hendrix opens the season at Ouachita Baptist University on Sept. 1 at 7 p.m. CST. The Warriors then travel to Sherman, Texas on Sept. 4 and 5 for four matches in the University of Dallas Invitational. Hendrix's first home contest will come against Huntingdon College in its first match of the Hendrix Fall Classic on Sept. 11 at 5 p.m. CST. The Warriors will also host LeTourneau University in day one of the Hendrix Fall Classic at 7 p.m. CST.

Hendrix will also host two other tournaments 2009 including the SCAC Central vs. West Cross-Divisional on Oct. 10 and 11; and the inaugural Ghost Host on Oct. 30 and 31. SCAC foes Trinity University, Southwestern University, Millsaps College and Austin College will travel to Conway, Ark. for the cross-divisional; while Central Baptist College, Westminster College, Ouachita Baptist University and Williams Baptist College will take part in the first ever Ghost Host.

2009 PREVIEW MILLSAPS COLLEGE MAJORS



Third-year head coach Jaime Burns is anxious to send the Millsaps Majors back out on the court for the 2009 season after finishing a disappointing 15-24 overall and 4-11 in Southern Collegiate Athletic Conference play a year ago. Things are already looking up though after a solid spring season and the return of five starters and seven letterwinners.

“In addition to returning five starters with tons of experience, we’re bringing in six new faces that will bring a lot of good competition during practice and help raise the level of our play,” Burns said. “I have high expectations about the season and hope to have us in the top half of the conference.”

Millsaps opened the first half of the season at 6-4 overall, including a 3-1 weekend in the Rhodes College Tournament, before dropping six straight in eight days in conference-opening action to fall under the .500 mark. The Majors, however, got back on track with a 3-0 win over Dillard on Sept. 26 and rallied to win 6 of 9 to move to 12-13, but wouldn’t get any closer to the .500 mark the rest of the way.

Playing in one of the premier volleyball conferences in all of Division III with four ranked teams on a yearly basis, Millsaps ended the year with a sour taste in its mouth after dropping 11 of 14 to finish 10th in the league standings.

The Majors return most of their key hitters in Kate Hall and Maggie Tumminello on offense, with Hailey Miranda setting up the plays. Hall was a Third Team All-SCAC selection a year ago, the first Major in four years, and will have high expectations on her shoulders to keep Millsaps on point. Sophomore Heather Keenan will also return after missing last year with a torn ACL, and will provide another all-around consistency and leadership for the team.

Defensively, Millsaps returns Erica Cook and Dixie Krauss at the libero spot, who have improved steadily each season and provide a solid one-two combo. Krauss was also sixth in the SCAC a year ago in total digs (616) after a breakout junior campaign.

The Majors added a pair of transfers in Kasey Laird (UL-Lafayette) and Camilla Rincon (Mississippi College), while also back for Millsaps in 2009 are senior defensive specialist Amanda Cain, junior setter Mallory Clark and junior outside hitter Victoria Romano.

The 2009 schedule will provide a challenging obstacle for Millsaps to reach its ultimate goal of a Top 5 finish in the SCAC and 20-win season, with only six matches in the friendly confines of the Hangar Dome and five SCAC Cross Divisionals on the road. Millsaps will play four of its six matches at home in its opening weekend, hosting the Third Annual Millsaps Invitational on Sept. 4-5, and will look to get a few wins under its belt to gain momentum.

*2009 PREVIEW
OGLETHORPE
UNIVERSITY
STORMY PETRELS*



After helping guide the Oglethorpe Stormy Petrels to their most successful season since 2002, head coach Kurt Matthews has generated a buzz of optimism as the team gets set for the 2009 campaign. Last year, Matthews guided the team to their most wins overall (12) and in conference (3) in seven years as Oglethorpe won two out of three contests at the SCAC Championships to finish alone in 9th place.

The Petrels ranked second in the conference in service aces in 2008 and return one of the best in the league, junior outside hitter Trupti Patel, who recorded a third-best .53 aces per game in the SCAC. Also returning for Oglethorpe in 2009 is junior Libero Hilary Miller of Memphis, Tenn. and junior outside hitter Sara Blair of Knoxville, Tenn. A fiery player, Miller provides leadership in the middle of the floor while Blair is the team's big hitter, providing spikes on the outside of the net.

Joining this trio of juniors returning for Oglethorpe are senior veterans Lynette McKinney of Powder Springs, Ga. and Elena DuJour of Lithia Springs, Ga. Their leadership experience will prove invaluable for Coach Matthews as he will be blending in the talents of five first-year players: Molly Buckner (Augusta, Ga.), Michelle Maurin (Lafayette, La.), Brittin Dawson (Anderson, S.C.), Zena Stephens (Miami, Fla.) and Danita Constable (Decatur, Ga.). Junior transfer Samantha Von Ende of Leawood, Kan. rounds out the 11-woman roster for Matthews.

"The preseason practices have been encouraging," said Matthews, adding, "I'm impressed with how the first-year players are meshing with the veterans and I think we have a chance to compete for even more wins in the always tough SCAC."

The season gets underway for the Petrels on September 1 when they host a doubleheader against Covenant and Spelman on Pinholster Court. The 2009 campaign will also finish on Pinholster Court as Oglethorpe is hosting the 2009 SCAC Volleyball Championships November 6 – 8.

2009 PREVIEW RHODES COLLEGE LYNX



The Rhodes College volleyball team is geared to rebound from its disappointing season of 18-22 last season. The team will have a new look and feel as they take the court this fall. The Lynx will return 9 letter winners from the 2008 campaign, while adding seven freshmen to this year's squad.

The team will look to the four seniors to guide the team back to the promise land that they reached as freshmen back in 2006, when the team made the regional finals of the NCAA tournament. Senior setter Laura Jensen will lead the way for the Lynx again. During the 2008 campaign, Jensen was named third team all conference, her second consecutive All-SCAC honor. Currently, Jensen ranks first all time in Rhodes volleyball history for career assists and looks to break the 4,000 career assist mark this season.

Senior Alex Noble is vying for a starting spot on the right side this fall for the Lynx. Noble returns as one of the team's best blockers and her background as a setter will allow the team to remain in system this fall with her play on the right side of the floor. Her all around skills sets will allow her to be an offensive weapon from anywhere on the court for the Lynx. Senior middle blockers Maura Mohler and Kelsea Everett will be called upon to establish the Lynx offense and the team's new blocking scheme this fall. Everett, a versatile hitter and blocker from anywhere on the court, will become the mainstay for the team's offense. Mohler's primary role will be to anchor the team's defense with her strong blocking skills.

Juniors Kayla McCrury, Alana Fritsche and Phylcia Douglas are returning this fall for the Lynx. McCrury looks to secure the team's back row defense as the team's libero. During the 2008 season, McCrury led the team with 694 digs and averaged over 5 digs per set for the Lynx. Fritsche has made great strides during the off season and will be competing for some court time in the back row this fall as a defensive specialist. Douglas has the uncanny ability to contribute from anywhere on the court for the Lynx. Last fall she found a role on the team with her back row play, this year she will also be called upon to play either on the outside or in the middle for the Lynx due to her speed and great jumping ability.

The team has two returning sophomores on this year's team. Sophomore outside hitter Claire Warren looks to return this fall as one of the team's starting outside hitters. Warren became a starter during her freshman season. She was second on the team in kills and kills per set in 2008. Lefty right side Olivia Wells will be competing against Alex Nobel for a starting spot on the court this fall. Wells worked really hard this off season to improve her overall hitting and blocking skills and at 6'1" Wells is the tallest player on this year's team and makes a big presence in the front row for the Lynx.

The Lynx will be welcoming seven new additions to this year's team. This year's class hails from the following states: Alabama, Florida, Georgia, Illinois, Oklahoma and Tennessee. Outside hitters Jordan Kennamer (Huntsville, Ala.) and Meagan Mansfield (Winter Park, Fla.) will look to compete for time on the outside this fall. Both hit a heavy ball and Kennamer has the ability to be an all around court player for the Lynx. Freshmen setter Nicole McAlvany (Roswell, Ga.) will train as the team's back up setter. McAlvany's addition allows the team an option of running a 6-2 if needed. Colleen Parrish (Norman, Okla.) will look to back up McCrury at the libero position while, Hayley Benton (Brentwood, Tenn.), Megan Zann (Boca Raton, Fla.) and Anna Fitzgerald (Chicago, Ill.) look to be role players for the Lynx either in the front row or back row. All three have the ability to come in and help the Lynx out immediately. The addition of the new freshmen along with the returning players gives the Lynx depth at all positions for the upcoming fall which should mean some great completion during practices.

The 2009 non-conference schedule again will prepare the Lynx for SCAC competition. Rhodes will face off against some of the best local NAIA teams in Union University and Freed Hardeman. The team will also compete against in town Division II foe Christian Brothers University and Division II powerhouse Harding University. The team will also face off against Averett University and Piedmont College, both south region opponents in Division III. Finally, the Lynx will face perennial Division III powerhouse Washington University (Mo.) when they compete in the Bears Classic II tournament at the end of October.

Heading into the fall, the Southern Collegiate Athletic Conference remains one of the top volleyball conferences in all of Division III. Each team will play 16 conference matches before heading into the conference tournament. On November 5-6, Oglethorpe University will serve as the host of this year's SCAC Volleyball Championship. In 2008 three teams from the SCAC (Colorado College, Southwestern and Trinity) made the NCAA tournament.

The Lynx will kick off the season on Friday September 4, 2009 in Jackson, Miss. when the team will compete in the Millsaps Invitational.

*2009 PREVIEW
SEWANEE:
UNIVERSITY OF THE SOUTH
TIGERS*



The Sewanee volleyball team, recently known as an underdog, will be a force to be reckoned with this year. With eight returnees and four freshmen, depth has been added to the team, along with a new head coach in Katy Caine (West Alabama, '04).

"I am really excited about this team," said Caine. "I feel like I am apart of something great, and I think we are going to surprise a lot of other teams."

When asked about her players, Caine said that "senior Mary Beth Epps is a great leader and a hard worker. My junior, Emily Nicholson, is a presence on the court. My sophomores are also a wildly talented group of girls."

"Hitters Maggie Ruch, Kim Conkell, Libby Boddiford and Sam Maddox are gifted with power and precision. My defensive players, Adrienne Borchardt and Blair Barrows, constantly retrieve balls that most others would give up on. And last but certainly not least, freshmen Erin Brahm, Callie Sims, Margot Mellon and Flo Churchwell are allowing me to utilize many player combinations because they are such versatile players."

"Sewanee has begun a new era. It will be interesting to see where they fall in the final standings this year," concluded Caine.

In 2008, Maddox led the Tiger squad with 122 kills and 197 digs. Epps had 54 kills in 64 games. The Tiger wins were against Rust, Spellman and Agnes Scott.

In 2009, the Tigers open at home on September 4 and 4 with matches against Rust, LaGrange, Mississippi College and Huntingdon before traveling to Oakwood on September 19. SCAC league Play will begin for Sewanee on September 26 and 27 in Greencastle, Ind. with matches against Austin College, Trinity, Southwestern and Oglethorpe.

*2009 PREVIEW
SOUTHWESTERN
UNIVERSITY
PIRATES*



Southwestern head coach Hannah Long returns twelve players from the 2008 team that finished with a 36-5 overall record and advanced to the NCAA Regional Finals before losing to eventual NCAA Champion Emory.

The Pirates ended the 2008 season ranked 9th nationally in the final AVCA poll. Five seniors head this squad including the 2008 SCAC Player-of-the-Year Audra Gentry and 2008 SCAC Backrow Player-of-the-Year Samantha Lingamfelter.

Senior Lauren Brown, who along with Gentry, Lingamfelter and 2008 SCAC Freshman-of-the-Year Lindsay Thompson, was an AVCA South All-Region selection in 2008. Depth was the key to the success of the Pirates last year and seems to be a potential strength as Coach Long adds four solid first-years to her experienced group.

The Pirates will have their first chance to test out that depth in their home and season opener against a young but quickly improving University of Dallas team.

Following the UD opener the Pirates head to Ada, Ohio for the Ohio Northern Tournament where they will face some of the top DIII volleyball programs in the nation.

2009 PREVIEW TRINITY UNIVERSITY TIGERS



Many coaches subscribe to the idea that “to be the best, you have to play the best.” Julie Jenkins, in her 25th season at the Tigers helm, has not shied away from that philosophy one bit. Coach Jenkins and her Tigers – along with first-year assistant coach Allison Lawrence - will face seven teams ranked in the top 25 by the American Volleyball Coaches Association (AVCA).

“We are playing a tough schedule to help us get back to the championship (NCAA Division III) match,” Jenkins said. “Five of the teams are ranked in the top 10. Three of the top 25 teams, including Trinity, are in our conference. We will use each and every match to help us improve and get where we want to be.”

Trinity, which recorded a 31-10 record last season, along with a No. 12 ranking, starts the season at home on Sept. 1 with Mary Hardin-Baylor and Schreiner. Included in the Trinity University River City Classic Sept. 4-5 is 12th-ranked California Lutheran.

The University of La Verne, ranked No. 2, is part of the California Lutheran Invitational Sept. 11-12 at Thousand Oaks, Calif. Trinity, which captured its 15th – and 11th consecutive Southern Collegiate Athletic Conference title (13-1 record) – will host the SCAC West-Central No. 1 Tournament Sept. 18-19. Colorado College is ranked No. 18 nationally. Trinity will also take on Colorado College during the SCAC East-West No. 2 Oct. 16-17 at Colorado Springs.

Last season, Trinity beat DePauw University 3-0 in the SCAC Championship match at Rhodes College in Memphis, Tenn. The Tigers travel to Greencastle, Ind., and DePauw University Sept. 26-27 for the SCAC East-West No. 1 event. Southwestern University is ranked eighth in the nation.

Following the Trinity Fall Classic Oct. 23-24, the Tigers will host some of the top teams in the nation during the Trinity National Invitational Oct. 30-31. Juniata is ranked third in the nation, Wisconsin-Oshkosh is sixth and Wittenberg is No. 7. The SCAC Championship is scheduled for Nov. 6-7 in Atlanta, with the winner assured of a slot in the NCAA playoffs.

Trinity produced a number of national team statistical rankings last season. The Tigers were ranked No. 19 nationally in hitting percentage at .251 (1,871 kills, 579 errors, 5,151 total attacks) and No. 21 in blocks per set (151 sets, 77 block solos, 546 block assists, 2.32 per set). Trinity was 40th in kills per set (1,871 kills, 12.39 per set) and No. 45 in assists per set (1,686 assists, 11.17 per set).

The Tigers were also honored by the AVCA for their prowess in the classroom. Trinity volleyball, which recorded a grade point average of 3.512, received an AVCA Team Academic Award. The Tigers were ranked 11th in the NCAA Division III in GPA.

Caroline Keener, a senior setter last season, was selected as an All-American for the second straight year, and to the All-South Region and All-SCAC First Teams. Megan Dudley, an outside hitter, was named to the All-Region Honorable Mention Team and the All-SCAC Second Team. Dudley was also selected as the SCAC Volleyball Tournament Most Valuable Player. Megan Guest, a libero, made the All-South Region Honorable Mention Team and All-SCAC First Team. Guest will be a graduate assistant coach this season. She is the recipient of the NCAA Women’s Enhancement Postgraduate Scholarship for Careers in Athletics.

The loss of three starters will certainly be felt this season. But the 2009 edition of the Tigers returns six starters and 11 players for the campaign. Junior right-side player Tayler Malloy of Allen, Texas was elected to the All-SCAC First Team. The 6-foot-1 Malloy, who was injured for part of the season, held a No. 20 national ranking in hitting percentage (233 kills, 47 errors, 510 total attacks, .365).

Senior middle blocker Aly Hazelwood of Baytown, Texas was named to the All-SCAC Sportsmanship Team. The 6-foot Hazelwood was third in Tiger kills with 281 kills (2.07 per set) and was the leader in blocks with 145 (27 block solos, 118 block assists, 1.07 per set). Hazelwood was second in points, with 395 (2.90 per set).

Amy Mittelstaedt, a 5-foot-10 senior outside hitter from Phoenix (Xavier College Prep), was second in kills with 327 (2.46 per set) and third in blocks with 83 (.62 per set). Mittelstaedt placed third in points with 389.5 (2.93 per set).

Ginger Haley, a 5-foot-9 junior senior middle blocker from Arlington, Texas (Temple Christian), had 196 kills (1.50 per set) and was second in blocks, with 139 (17 block solos, 122 block assists, 1.06 per set). Cati Troyer, a 5-foot-8 junior setter from Atlanta (Wesleyan), amassed 320 assists (6.15 per set). Alexis Edwards, a 5-foot-8 junior outside hitter from Lincoln, Neb. (Pius X), picked up 460 digs (3.22 per set). Edwards also had 189 kills (1.32 per set).

The returning players who did not start last season will play key roles this year. Emily Hilliard, a 5-foot-9 junior defensive specialist of Corpus Christi, Texas), accounted for 220 digs (2.56 per set). Adriene Busch, a 5-foot-9 junior defensive specialist from Tempe, Ariz. had 86 digs (1.95 per set). Maddy Hazelwood, a 6-foot sophomore middle blocker – the sister of Aly Hazelwood – hit 333, with 29 kills (1.32 per set).



2009 Preseason Top 25 Division III National Rankings

AVCA/COACHES POLL

1. Emory
2. Juniata
3. La Verne
4. Wisconsin-Oshkosh
5. Washington-St. Louis
6. Ohio Northern
7. Carthage
- 8. SOUTHWESTERN**
9. Wittenberg
- T-10. St. Benedict (Minn.)
- T-10. St. Thomas (Minn.)
- 12. TRINITY (TEXAS)**
13. Pacific Lutheran
14. Cal Lutheran
15. Wisconsin-Whitewater
16. Calvin
17. Concordia (Minn.)
- 18. COLORADO COLLEGE**
19. Puget Sound
20. Wisconsin-Eau Claire
21. Gustavus Adolphus
22. Hope
23. Eastern
24. Haverford
- T-25. Simpson (Iowa)
- T-25. Williams

Also receiving votes:
AUSTIN COLLEGE