### Services for Students with Disabilities

Hendrix College endeavors to create an atmosphere in which diversity and individual rights of each member of the college community are respected. Students with disabilities have met the same rigorous admission standards as all other students. Some enter college aware of their problems and needs, while others discover them as they become engaged in the academic and social activities of college life.

Hendrix College is committed to providing "reasonable accommodation," in keeping with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1992. Students requesting accommodations should contact Julie Brown, Director of Academic Success, at 501.505.2954 or brownj@hendrix.edu to make an appointment and begin the review process.

### Fast Facts for New Hendrix Students

- The College is staffed by a nurse and two counselors Monday through Friday, 8:30 to 5.
  There are no on-campus health services available after 5 or on weekends.
- Neither College staff nor Hendrix students can serve as on-going, de facto primary health support for other students, including transportation to health services.
- In order for professors to meet learning objectives for their courses, long-term absences are not considered a 'reasonable accommodation' and in most circumstances cannot be supported by the College.

#### **Health Services:**

Necie Reed, APN White house across from Mills on Washington 8:30 to 5, Monday through Friday 501.450.1448

### **Counseling Services:**

Dr. Mary Anne Seibert, Director Ann Wrotny, LSW White house across from Mills on Washington 8:30 to 5, M-F (each counselor works 2.5 days per week) 501.450.1448

All nurse and counseling appointments are processed confidentially

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# **Success Tips for College Students**

New students and their parents wonder exactly what is required to achieve success in college. The questions and answers below offer some basic guidelines for making a strong start and maintaining that early advantage.

# 1. Students who actively engage in the following areas significantly improve their chances for success:

- A. **Initiative** Successful students intentionally address a challenge, whether that means talking with their professors or seeking a conversation with their roommate. **Independence** and **initiative** are powerful tools in achieving goals.
- B. **Problem-solving** Students who actively identify and evaluate possible solutions to a problem not only increase their likelihood of success, but also strengthen their self-confidence. Solutions are inherently action-based.
- C. **Communication** The transition to college can be stressful on multiple levels, and the student who shares concerns and seeks assistance is already on her or his way toward improving the situation. I tell freshmen every year that college is not a solo sport; it takes communication and collaboration. Fortunately, effective communication is a skill that can be strengthened through practice, and we encourage students to begin practicing the moment they arrive on campus.

## 2. "What are the traps to avoid as a college student?"

Students who hide or deny challenges, or maintain silence in the face of difficulty often experience deterioration in their circumstances, all for lack of meeting the problem head-on. It is not reasonable to expect new students to have all the answers. It is reasonable to expect students to use the information and resources provided to them to address the many challenges of life as a college student. *This expectation of self-responsibility extends to all students*.

### 3. "What is the best preparation for success in college?"

Activities that encourage independence and organization in senior high school are terrific preparation for college. Part of being an independent adult is to identify and solicit assistance as needed, thus taking responsibility for the resolution of the problem.

Office of Academic Success—Julie Brown & Charnley Conway SLTC 205 & 207—brownj@hendrix.edu, conway@hendrix.edu 501.450.1204

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