SCAC SPIKE WEEKLY
WOMEN’S VOLLEYBALL REPORT

SOUTHERN COLLEGIATE ATHLETIC CONFERENCE

NCAA Division III
www.scacsports.com

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2007 SEASON REVIEW

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SCAC Champion
Trinity University

Note: Order of finish based on finish at SCAC Tourney

NCAA Championship Participants
Austin College
First Round (11/8)
def. Texas-Lutheran | 3-2
Second Round (11/9)
lost to Emory | 3-0

Colorado College
First Round (11/8)
Lost to Cal State Eastbay | 3-1

Southwestern University
First Round (11/8)
def. Wash. & Lee | 3-0
Second Round (11/9)
lost to Trinity | 3-2

Trinity University
Second Round (11/9)
def. Southwestern | 3-2
Second Round (11/10)
lost to Emory | 3-1

SEPTEMBER 29, 2008
CONFERECE STANDINGS
Games through September 28 (Sunday)

<table>
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<tr>
<th>Conf.</th>
<th>Pct.</th>
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<td>3</td>
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<tr>
<td>Millsaps</td>
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*Birmingham-Southern | 0 | 0 | 0.000 | 11 | 7 | 0.611 | L3 |

*BSC will not be eligible for the conference championship and all conference games against them will not count in the league standings.

THIS WEEK’S SCHEDULE
Monday, September 29 – Sunday, October 5

Tuesday, September 30
Central Baptist @ Hendrix | 6 p.m.
Loyola-New Orleans @ Millsaps | 7 p.m.

Wednesday, October 1
Oglethorpe @ Piedmont (Ga.) | 6 p.m.
Sewanee @ Maryville (Tenn.) | 6:30 p.m.

Friday, October 3
Colorado College @ Johnson & Whales (Colo.) | 6 p.m.

Saturday, October 4
SCAC Central/East Divisional (@ Millsaps College)
Court 1
Rhodes vs. Oglethorpe | Sewanee vs. Birmingham | Noon
DePauw vs. Hendrix | Rhodes vs. Centre | 2 p.m.
Centre vs. Hendrix | Sewanee vs. Millsaps | 4 pm
Millsaps vs. DePauw | Oglethorpe vs. Birmingham | 6 pm

Sunday, October 5
SCAC Central/East Divisional (@ Millsaps College)
Court 1
Centre vs. Birmingham | Sewanee vs. Hendrix | 9 a.m.
Oglethorpe vs. Millsaps | DePauw vs. Rhodes | 11 a.m.
Sewanee vs. DePauw | Centre vs. Oglethorpe | 1 p.m.
Millsaps vs. Hendrix | Rhodes vs. Birmingham | 3 p.m.

All times local
2008 WOMEN'S VOLLEYBALL
PLAYERS OF THE WEEK

Week 1  Delia Mercer, Austin College
Week 2  Damaris Orasanu, Austin College
Week 3  Stephanie Woeste, Centre College
Week 4  Meredith Ballard, Colorado College
Week 5  Lindsay Thompson, Southwestern University
Week 6  Amy Mittelstaedt, Trinity University
Week 7
Week 8
Week 9
Week 10

RESULTS
Games of September 22 – September 28

Tuesday, September 23
Oglethorpe def. Spelman    3-0
Hendrix def. Philander Smith    3-0

Friday, September 26
Millsaps def. Dillard    3-0
Georgetown College (Ky.) def. Rhodes    3-0
#2 Emory (Ga.) def. #5 Trinity    3-1
Wiley def. Millsaps    3-1
#4 Washington (Mo.) def. B’ham-Southern    3-0

SCAC GAMES BOLDED IN ALL CAPS
AVCA ranking noted when applicable

SCAC CO-PLAYERS OF THE WEEK
Games of September 22 – September 28

LINDSAY THOMPSON OF SOUTHWESTERN UNIVERSITY and
AMY MITTELSTAEDT OF TRINITY UNIVERSITY, have been named
SCAC Volleyball Co-Players-of-the-Week for matches played from
Monday, September 15 through Sunday, September 21.

Thompson, a first-year middle blocker/outside hitter from Austin,
Texas, helped guide the Pirates to a perfect 4-0 mark in the SCAC
East/West Crossover and a 15-6 overall record. She averaged 1.1
blocks per set and 2.58 kills per set. Thompson also totaled 31 kills 13
blocks and hit .289.

Mittelstaedt, a junior outside hitter from Phoenix, Ariz., led the team in
kills in two of the four SCAC matches, including a weekend-high 15
kills against Austin College while also hitting .333. Mittelstaedt
committed just two errors the entire weekend.

Other outstanding performances in the SCAC:
Sophomore middle blocker Emily Perkins of Colorado College averaged 2.71
kills per game and 3.79 digs per game while leading the Tigers to a 3-1 record
at the SCAC East-West Crossover. She also moved into 19th place on
Colorado College’s all-time kills list with 625. Senior defensive specialist Emily
Smith of DePauw University averaged 8.5 digs per set with a high of 36
against Trinity. Sophomore outside hitter Becca Clancy of Hendrix College
racked up 17 kills over the week. Junior libero Dixie Krauss of Millsaps College
helped the Majors to a 3-1 record at the Belhaven (Miss.) Invitational. She
notched 48 digs to go along with four service aces and one kill. Austin College,
Birmingham-Southern, Centre College, Oglethorpe University, and Sewanee-
The University of the South did not nominate anyone this week.
RESULTS
Games of September 22 – September 28

Saturday, September 27
COLORADO COLLEGE def. DEPAUW 3-1
AUSTIN def. SEWANEE 3-0
#17 SOUTHWESTERN def. SEWANEE 3-0
COLORADO def. CENTRE 3-0
AUSTIN def. OGLETHORPE 3-0
#5 TRINITY def. DEPAUW 3-0
#17 SOUTHWESTERN def. CENTRE 3-1
#5 TRINITY def. OGLETHORPE 3-1
#4 Washington (Mo.) def. Rhodes 3-0
West Florida def. B’ham-Southern 3-0
Georgetown (Ky.) def. B’ham-Southern 3-0
Millsaps def. Lambuth 3-0
Millsaps def. Belhaven (Miss.) 3-0
Ouachita Baptist def. Hendrix 3-0
Hendrix def. Champion Bible 3-0

Sunday, September 28
#5 TRINITY def. CENTRE 3-1
COLORADO COLLEGE def. SEWANEE 3-0
#17 SOUTHWESTERN def. OGLETHORPE 3-0
DEPAUW def. AUSTIN 3-0
#17 SOUTHWESTERN def. COLORADO 3-0
#5 TRINITY def. AUSTIN 3-1
DEPAUW def. OGLETHORPE 3-1
CENTRE def. SEWANEE 3-0

SCAC GAMES BOLDED IN ALL CAPS
AVCA ranking noted when applicable

AROUND THE SCAC

The Austin College volleyball team split its weekend matches at the SCAC East/Central Crossover in Atlanta, cruising to 3-0 victories against Sewanee and Oglethorpe but falling 3-0 and 3-1 to DePauw and Trinity respectively. The ‘Roos are now 11-8 overall this season and 4-4 in conference play. With the two wins, however, Austin College moves within five of reaching 500 all-time program victories. This weekend the ‘Roos are off, and will return to action on October 7 when they travel to Richardson to take on the University of Texas-Dallas.

The Birmingham-Southern volleyball team struggled this week, going 0-3 at its home tournament, the Loco’s Invitational, losing to No. 4 Washington University, the defending Division III national champion, No. 19 (Division II) West Florida, and No. 11 (NAIA) Georgetown College, all 3-0. Junior Morgan Anderson was named to the All-Tournament Team.

Centre opened up their SCAC play at Oglethorpe University against Colorado, Southwestern, Trinity, and Sewanee. The Colonels went 1-3 over the weekend dropping matches to Colorado (0-3), Southwestern (1-3), and Trinity (1-3) before picking up a win against Sewanee (3-0). Centre will next play in the SCAC East/Central match-up this weekend in Jackson, MS. hosted by Millsaps.

Colorado College had its 10-match winning streak snapped in the loss to No. 17 Southwestern University. It was the longest winning streak in head coach Rick Swan’s 11-year tenure and the longest since CC won 13 in a row from Oct. 7-24, 1987. Senior libero Lainie Sherson became the 10th Tiger to eclipse the 1,000 career dig mark and now has 1,035. Colorado College will travel to NAIA Johnson & Wales University in Denver for its only match of the week on Friday.

DePauw split its first two SCAC matches of the season as it lost to Colorado College, 1-3, and Trinity, 0-3 on Saturday before defeating Austin (3-0) and Oglethorpe (3-1) on Sunday. For the week, Loren Sloan led the Tigers with 30 kills, while Kristen Cynoweth paced the squad with 23 blocks. Emily Smith totaled 119 digs including 36 against Trinity and 39 against Oglethorpe. Ali Smith recorded 131 assists and Emily Smith finished with six aces. The Tigers are now 13-6 overall and 2-2 in the SCAC.

The Hendrix volleyball went 2-1 over the week with a 3-0 win over Philander Smith College on Tuesday, a 3-0 win over Champion Baptist College on Saturday and a 3-0 loss to Ouachita Baptist University on Saturday afternoon. The Warriors improve to 6-10 overall as they prepare for the season’s second SCAC Crossover tournament at Millsaps College on Saturday and Sunday. Hendrix was led by junior outside hitter Becca Clancy with eight kills, while first year setter Ashley Skinner collected a team-high 15 assists against Philander Smith. Warriors’ sophomore defensive specialist Sara Gawor led the squad with six digs and junior setter Patty Hill tallied four aces against the Panthers. First year libero Courtney Graves grabbed five digs in the three-game sweep on Tuesday. Warriors’ sophomore outside hitter Kim Larson led the team with seven kills against Champion, while Skinner set the pace with 13 assists. Hendrix tallied eight service aces in the affair. The Warriors were led by Clancy with six kills against Ouachita Baptist. Skinner led the team again with nine assists, while Larson and Gawor collected 10 digs apiece.
NATIONAL POLLS

AVCA TOP 25
www.avca.org

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<td></td>
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AROUND THE SCAC

Millsaps (9-11) returned back to winning form at the Belhaven Invitational, picking up three wins over Dillard University, Lambuth University and cross-street rival Belhaven with its only loss in the tournament coming in a very competitive 3-1 (21-25, 25-18, 17-25, 20-25) match against Wiley College. Leading the team in the tournament was sophomore Kate Hall with 38 kills, to go along with four services aces and five blocks (four assisted blocks). Hall along with senior Toni Manley had the game-winning block in their match against Belhaven. Maggie Tuominen continued her impressive freshman campaign posting 34 kills, five service aces and 37 digs. Leading the way defensively for the Majors was Dixie Krauss who had 48 digs. Sophomore setter Hailey Miranda also had a great game with 52 assists, 47 digs, five blocks and six service aces.

The Oglethorpe women’s volleyball team lost matches to Austin, Trinity, Southwestern and DePauw this past weekend at the SCAC East-West Cross Divisional. Despite being swept in the tournament, the Petrels showed great competitive fire and managed to take sets off of both Trinity and DePauw by using excellent teamwork that head coach Kurt Matthews was proud of. The Petrels are now 7-13 on the season and will face Piedmont College this Wednesday at 6:00 p.m.

Rhodes went 0-3 this weekend at the Birmingham Southern Loco’s Invitational. The Lynx lost three matches against three nationally ranked opponents from three different divisions. The team first lost to Georgetown (KY) ranked 11th in NAIA, then to West Florida, ranked 19th in Division II and Washington University ranked 4th in Division III. For her efforts on the weekend, Ally Squires was named to the all-tournament team. The team returns to action this weekend when they compete in the Central/East Divisional hosted by Millsaps College.

Sewanee dropped conference matches to Southwestern, Austin, Colorado College and Centre his weekend, taking its season tally to 3-8 so far. Sewanee senior Brittany Roper had nine kills and 13 assists on Sunday in the Sewanee effort. The Tigers will go to Maryville on Wednesday for some non-conference action before going to Jackson this weekend for more SCAC play.

No. 17 Southwestern improved to 16-3 on the season, with a 4-0 record this weekend at the SCAC East/West Cross. The team won in straight sets against Colorado College, Oglethorpe and Sewanee and defeated Centre in a 3-1 decision. Over the course of the weekend the team was led by middle blockers Lindsay Thompson (31 kills and 13 blocks) and Lauren Brown (27 kills, 12 aces, 13 digs, 5 blocks and a .328 hitting percentage). Setter Christina Nicholls had another strong weekend leading the offense, averaging 8.91 assists per set (107 total). Libero Samantha Lingamfelter provided another strong defensive performance with 49 digs on the weekend and led the way from the service line with 14 aces. The team, as a whole, averaged 3.3 aces a set (43 total) and 1.5 blocks a set (19 total). The Pirates will be idle this coming weekend.

No. 5 Trinity swept through four matches in SCAC play this weekend, and finished 4-1 for the week. The Tigers opened the weekend with a match at second-ranked Emory, then headed to nearby Oglethorpe to continue conference action. Trinity took over sole possession of first place as a result, defeating DePauw and Oglethorpe on Saturday, then Downing Centre and Austin College on Sunday. After having a home tournament cancelled by weather concerns due to Hurricane Ike earlier this month, Trinity added a weekend of action on the road. The Tigers will travel to Hiram College in Hiram, Ohio, to play three neutral matches on Friday and Saturday. Trinity will take on Mount Union College Friday, followed by a Saturday afternoon match with Washington & Jefferson. Saturday evening will be the biggest match up of the weekend, with Trinity squaring off against nationally-ranked Wittenberg. The two teams last met in the 2006 NCAA Quarterfinals, won by Wittenberg.

For complete team and individual statistics and box scores for all games, click to the official website of SCAC Women’s Volleyball:
http://www.scac-online.org/volleyball