Arkansas Governor's School 2017 Activities Schedule

Week 5: Monday, July 10 - Sunday, July 16

Mon, July 10 Required events are starred (*).					
7:45 AM	Yoga	Worsham	Thurs, July 13	Educators Day	
*9:00 AM	Governor Asa Hutchinson	Staples	*9:00 AM	Area II and Area III Group C Classes Meet	
12:00 PM	Activities Committee Meeting	Bates Room	*10:30 AM	Area I Classes Meet	
12:00 PM	Sign-ups for Heifer International HQ Field Trip	SLTC Sun Porch	*11:30 AM	Lunch – Social Science, Instrumental Music, Drama	
4:00 PM	Latin Dance Choreography	Dance Studio	11.50 1101	(reconvene class at 1:00 PM)	
4:00 PM	Team Relay	Brick Pit	*11:40 AM	Lunch – Natural Science, Choral Music, Visual Arts	
4:10 PM	Mark Barnes: "Making Zines"	Mills B		(reconvene class at 1:10 PM)	
4:10 PM	Rick Dimond: "Blues Jam"	Staples	*11:50 AM	Lunch – English/Language Arts, Mathematics	
4:10 PM	Rapheal Lewis: "Spiritual Politics"	Mills C		(reconvene class at 1:20 PM)	
4:10 PM	Alan Elrod and Brian Hunt: "The Fake News Hour: Liberate, Elite,	Mills A	*2:30 PM	The Great Area II Debate	Staples
	Fraternize"		4:00 PM	Knitting for Noggins	AGS Office
*5:00 PM	College Fair	Worsham	4:10 PM	Spencer Sutterfield and Chad Terrell: "AGS Indie Music Club"	Mills C
6:00 PM	Ultimate Frisbee	WAC Rec Field	4:10 PM	Warren Sconiers: "Introduction to Dahn-koon-do"	Worsham
6:10 PM	Jim Rush: "Mindfulness Experience"	Mills A	6:00 PM	Marbleized Painting with Mary	SLTC 105
6:10 PM	Win Lubana and Mason Qualls: "Why You Should Consider a Career in Medicine"	Mills B	*7:30 PM	Thirteenth	Staples
6:10 PM	Daniel DeTogni: "Sunday in the Park with George"	Mills C	Fri, July 14		
8:00 PM	Battle of the RAs	Worsham	7:30 AM	Sunrise Yoga	SLTC Lawn
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Tues, July 11			4:00 PM	Latin Dance Choreography	Dance Studio
7:45 AM	Yoga	Worsham	4:00 PM	John Anglin: "Rocket Launch"	WAC Rec Field
12:00 PM	Sign-ups for Faculty/Staff vs. Students Softball Game and Faculty/	SLTC Sun Porch	4:10 PM	Andy Morgan: "An Introduction to Radiohead"	Mills B
	Staff vs. Students Soccer Game		4:10 PM	Ian Spatz: "Stop-Watch You're Doing"	Mills A
*1:00 PM	Haider Newmani: "Humanizing War: The Experiences of	Staples	4:10 PM	Kondwani Phwandaphwanda: "Vamos Hablar"	Mills C
	Soldiers and Civilians During Conflict'	-	6:00 PM	Faculty/Staff vs. Students Soccer Game	WAC Rec Field
4:00 PM	Talent Show Run-Throughs	Staples	6:10 PM	Ethan Lubera: "Dear Students Theatre: Picking the Perfect	Mills C
4:00 PM	Student Softball Practice	WAC Rec Field		Audition"	
4:00 PM	Volleyball	WAC Rec Gym	6:10 PM	Nick Brasovan: "What is Confucianism?"	Mills C
4:10 PM	Revis Edmonds: "How Historic Preservation Benefits Arkansas	Mills A	*7:30 PM	Student Talent Show	Staples
	Communities"				
4:10 PM	Christopher Weaver: "#TryPod: A Podcast Forum"	Mills B	Sat July 15	Hawaiian Shirt Day	
4:10 PM	Tim Trawick: "Songs that I Love"	Mills C	12:45 PM	Heifer International HQ Field Trip	Meet at Altus Bell
*7:00 PM	Political Panel	Staples	1:00 PM	Aya Murata: Japanese Traditional Dance: "So-ran Bushi"	Worsham
			1:00 PM	Bioblitz	Burrow
Wed, July 12	Hunger Awareness Day		1:00 PM	Double Dutch with Daniel	Staples Fountain
12:00 PM	Brian Hunt: "Crash Course French"	Bates	2:30 PM	Pool Party	WAC Pool
4:00 PM	Latin Dance Choreography	Dance Studio	7:30 PM	Party Animals Mixer	Worsham
4:10 PM	Steven Hulsey: "Student Congress"	Mills B			
4:10 PM	John Andrews and Jessica Pitchford: "Creative Writing Wednesday"	Burrow	Sun, July 16		
4:10 PM	Debbie Hibbs and Madison Sewell: "Page Turners Book Club"	Burrow	2:00 PM	Kickball	WAC Field
4:10 PM	Phillip Spivey: "The Art of Celebration: A Grand Tour of the Jewish	Mills A	6:00 PM	Basketball Open Gym	WAC Rec Gym
(20 P) (Holidays"		7:00 PM	Video Game Night	SLTC
4:20 PM	HIT Cardio Student Softhall Departies	WAC Movement Studio	7:30 PM	AGS Community Choir Rehearsal	Trieschmann 3
6:00 PM 6:10 PM	Student Softball Practice Madison Sawally " <i>It's Boals</i> Student Montal Health Forum"	WAC Rec Field Mills B			
6:10 PM 6:10 PM	Madison Sewell: "It's Real: Student Mental Health Forum" Malissa Junaan & Hugsang Xiong: "The Line: Powerty in America"	Mills C			
6:10 PM 6:10 PM	Melissa Juneau & Hueseng Xiong: "The Line: Poverty in America" John Anglin: "Tales from the Front"	Mills A			
7:30 PM	Board Game Night	Burrow			
8:00 PM	Lip Sync Battle	Worsham			
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<u>Yoga</u>

A class for all levels of yoga students, including beginners, who want to explore a variety of yoga postures and breathing techniques; instructions are given to modify postures for more advanced levels of practice -- a great way to get moving in the morning! Bring a yoga mat or towel to stand on.

Governor Asa Hutchinson

Governor Asa Hutchinson, 46th Governor of the state of Arkansas, will address AGS. There will be time for Q&A after his presentation.

Activities Committee Meeting

Come share your ideas for improving weekly activities, talk about what you would like to see added to the calendar, and learn how to be more involved. Jevin and Tina will be waiting to see what you have to bring to the table. Bring your lunch as we discuss!

Sign-up for Heifer International HQ Field Trip

Sign-up for a chance to go to the Heifer International HQ Field Trip on Saturday afternoon.

Latin Dance Choreography

Come to learn choreography to perform in the end of session Dance Showcase! We will be learning dances to "Promise" by Romeo Santos ft. Usher, "Dance Again" by Jennifer Lopez ft. Pitbull, and "Despacito" by Luis Fonsi ft. Daddy Yankee.

Team Relay

Come to the brick pit to compete in multiple relays in the effort to beat other teams! Will slow and steady win this race? Come to find out!

Mark Barnes: "Making Zines"

Zines are independently produced magazines that are often associated with DIY and punk subcultures. Zines can be made by anyone, and their design and content reflect the diversity of their creators. In this workshop we'll talk about zine style and culture and how you can use readily available tools to make and distribute your own zine!

Rick Dimond: "Blues Jam"

Improvising in the Blues; We'll learn a few blues "heads", discuss some strategies for improvising, and have fun "jamming" on them! All instrumentalists, vocalists, and observers are welcome.

Rapheal Lewis: "Spiritual Politics"

Does the 1st amendment to the U.S. Constitution establish a wall of separation between the church and the state, and therefore question the nature of the politics of faith? Join us for a conversation on spiritual politics.

Alan Elrod and Brian Hunt: "The Fake News Hour: Liberate, Elite, Fraternize"

Throughout the summer, we'll be having conversations with AGS faculty about important issues that are often misrepresented or misunderstood. This time Brian Hunt talks France, Europe, and Islam.

College Fair

College representatives from across the region will be in Worsham from 5:00pm to 7:00pm. Students are encouraged to come meet with them on their way to dinner, ask questions, and get a head start on the search for the right college.

Ultimate Frisbee

It's called "Ultimate" for a reason. The Spartans played Ultimate Frisbee and they preferred it tournament style. Come out to the field behind the WAC for some fast-paced disc fun!

Jim Rush: "Mindfulness Experience"

Introduction to stress management based upon mindfulness meditation to manage stress emotionally and physically.

Win Lubana and Mason Qualls: "Why You Should Consider a Career in Medicine"

A freshman and a senior medical student provide a small discussion on factors to consider for a career in medicine as an MD.

Daniel DeTogni: "Sunday in the Park with George"

Come watch Stephen Sondheim's heart breaking beautiful musical about the impressionist painter George Seurat and what it means to be an artist.

Battle of the RAs

From the beginning of time, mankind has debated, questioned, and even fought over which AGS dorm reigns supreme. We continue this epic clash of pride here in 2017. Join us in this age-old struggle of superiority in this week's edition of lip-sync battle. Also, less importantly, come get to know your RA's and staff. This week's challengers are Hardin RA Jazmin Selvy and Veasey RA Jackson Renfroe.

Haider Newmani: "Humanizing War: The Experiences of Soldiers and Civilians During Conflict"

A century ago almost every living person had witnessed war first hand; those living today have been privileged not to have had that experience, and have only read about it, watched it on the news, or lived it through movies. A hungry news cycle has turned war and conflict into numbers and statistics while most individuals are numb to the realities they represent. In this presentation, Haider will draw a human face to those caught in a war, whether it is a man or a woman, a child or an adult, in uniform or a civilian. Each number and each statistic is a person, a family, and a society - just like every living person in the US.

Talent Show Run-Throughs

For students selected to perform in the talent show on Friday, please come to Staples for practice.

Student Softball Practice

Bring out your bats and mitts! Here is an opportunity for the student team to hone their skills in an attempt to overcome the titan that is the Faculty/Staff Softball team. The week 6 clash is just right around the corner! You must sign-up for this event on Tuesday. Don't worry if you didn't make it to the sign-ups, you can still come out and join the team!

Volleyball

We've set the nets up and are ready for sets, slams, spikes, and serves! Come out and enjoy some fast-paced action!

Revis Edmonds: "How Historic Preservation Benefits Arkansas Communities"

Arkansans take great pride in our state's natural beauty, and historic preservation plays an important role in conserving Arkansas's resources. Through preservation of historic resources, we decrease the pressure to overdevelop our natural environment when we reuse existing buildings. Preservation also enhances real estate values, enhancing financial well-being and a community's quality of life.

Christopher Weaver: "#TryPod: A Podcast Forum"

Podcasting has emerged in the last several years as one of the most diverse and innovative venues for storytelling, reporting, and public discussion of common interest. Whether you know nothing about podcasts or have already clocked thousands of listening hours, join us each week to discuss the medium.

Tim Trawick: "Songs that I Love"

Tim Trawick will play guitar, mandolin, and sing songs that he loves. From his background in folk, country, and pop music, Trawick will share musical joy!

Political Panel

Moderated by Skip Rutherford, Dean of the Clinton School of Public Service, a panel of four Arkansans involved in our political process will debate current social and political issues. Government Relations Advisor Robert Coon, Representative Clarke Tucker, former Representative Stephanie Malone, and journalist Roby Brock of Talk Business will be present to demonstrate civil debate on controversial issues. AGS students will have the opportunity to ask the panel members questions.

Brian Hunt: "Crash Course French"

Learn basic French pronunciation and vocabulary over lunch! Intended for beginners.

Steven Hulsey: "Student Congress"

Modelled on the Annual ACTAA Arkansas Student Congress, this activity will engage students in bill writing, speechmaking, and public debate.

John Andrews and Jessica Pitchford: "Creative Writing Wednesday"

Come flex your creative writing muscles with poetry and fiction prompts in this weekly series.

Debbie Hibbs and Madison Sewell: "Page Turners Book Club"

Students will choose books to read while at AGS, and then will meet the following week for a guided discussion. Book selections include The Catcher in the Rye, The Curious Incident of the Dog in the Nighttime, Persepolis, and The Absolutely True Diary of a Part Time Indian. Reading is Thinking!

Phillip Spivey: "The Art of Celebration: A Grand Tour of the Jewish Holidays"

Judaism is a 4,000 year-old religion with many traditions, observances, and holidays. Come find out how the Jewish people celebrate their major holidays and affirm the sacredness of life.

HIT Cardio

Come enjoy getting sweaty in this 30-minute High Intensity Interval Training group fitness class. Be ready for lots of quick/explosive movement using the entire body and no previous experience is necessary. No equipment is required but water bottles and sweat towels are highly encouraged.

Madison Sewell: "It's Real: Student Mental Health Forum"

The forum will consist of two parts— a showing of *It's Real*, a film produced by the American Foundation for Suicide Prevention (AFSP), and a open discussion of all things mental health with a panel of board members from Arkansas's AFSP Chapter.

Melissa Juneau & Hueseng Xiong: "The Line: Poverty in America"

Short film and discussion: What is poverty? What does poverty look like in America? Trust us. It's not what you think. Join us as we examine and debunk negative stereotypes that many people face living below the poverty line.

John Anglin: "Tales from the Front"

Our local combat veteran shares his experiences over 22 years in the military.

Board Game Night

Games are fun, but games on a board are even more fun! Bring your friends to the Burrow and come show your love for both the old classics and new generation of games.

Lip Sync Battle

For too long have the students been in the shadow of the RA's for Battle of the RA's. Now it is time for you and your peers to lip sync for your lives! May the best student win.

The Great Area II Debate

Area II Faculty will present arguments on whether democracy is or isn't the best form of government. Four members of the Area II faculty will defend each side of the issue, although they

may not necessarily hold the point of view and perspective they will be affirming by their arguments.

Knitting for Noggins

Help make a difference in the lives of the patients and families of Arkansas Children's Hospital. Knit or crochet hats for children of all ages. No advanced skill necessary! Patterns, needles, hook, and yarn provided, but feel free to bring your own! You can also drop by and pick up materials, work on a project on your own time, and drop finished hats off at Mary's desk in the AGS Office anytime!

Spencer Sutterfield and Chad Terrell: "AGS Indie Music Club"

If you're passionate about music (particularly independent music), this club is for you. Come armed with a song title, something to take notes with, and be ready to listen. We will share music, talk about music, and learn new music.

Warren Sconiers: "Introduction to Dahn-koon-do"

Dahn-koon-do is a Korean Martial Art that adds grappling and had strikes to Ta-kwon-do. Warren Sconiers has a blackbelt in Tae-kwon-do and Dahn-koon-do. No prior experience needed and no sparring will happen.

Marbleized Painting with Mary

Get your creative juices flowing and learn a new painting technique. You will leave with your very own modern work of art. Don't worry, this project is quick and easy. No artistic ability required!

<u>Thirteenth</u>

The 13th Amendment to the U.S. Constitution abolished slavery. But it also included a provision many people don't know about and that is what this documentary brings to view. "Neither slavery nor involuntary servitude, except as a punishment for crime whereof the party shall have been duly convicted, shall exist." That exception justifies the use of forced labor as long as the laborer is a convict. This documentary makes the case that inclusion of this loophole is only one of the justifications for continuing domination of people of color. The 13th Amendment was ratified in 1865 and director Ava DuVernay supports her thesis through the use of both historical footage and interviews. Film clips of former President Richard Nixon call for 'Law & Order' which has resulted in exploding prison populations. The U. S. only has 5% of the world's population but has 25% of the world's prisoners. This Law & Order policy enabled the government to imprison blacks. John Ehrlichman was Assistant to President Nixon for Domestic Affairs: "Did we know we were lying? Of course we did." The documentary makes the case that those drug busts, Jim Crow laws and segregation are all variations of domination of black America. Currently the 'Prison/Industrial Complex' is just a new version of the same old problem. Here DuVernay returns to the 13th Amendment and makes the case that the system cannot be dealt with by making small changes. The system itself has to be rebuilt.

Sunrise Yoga

Come enjoy a refreshing yoga class in the morning sun. This 45-minute yoga class will include strength training and intermediate balance poses. You will leave feeling energized for the weekend ahead! Please bring a towel or a mat with you.

John Anglin: "Rocket Launch"

For students who signed up to build a model rocket, this will be your opportunity to fly them. Spectators are also welcome.

Andy Morgan: "An Introduction to Radiohead"

Join us for a discussion and listening session exploring the music of British alternative rock band Radiohead. Long admired for their unique soundscapes, studio creativity, and powerful lyrics, this band is one of the most critically respected groups of the last 25 years.

lan Spatz: "Stop-Watch You're Doing"

Time to learn about how complicated stopwatches really are. Come learn the logic and programming behind the simple stopwatch.

Kondwani Phwandaphwanda: "Vamos Hablar"

Conversational Spanish with interactive activities.

Faculty/Staff vs. Students Soccer Game

For 5 weeks of AGS we have prepared for this event. Do the students have what it takes to take down the AGS faculty/staff team? A game where tradition and veterans take on newfound camaraderie and young legs meet on the pitch, come support your favorite team, and prove why they are the superiors in soccer! You must sign-up for this event on Tuesday. Don't worry if you didn't make it to the sign-ups, you can still come out and join the team!

Ethan Lubera: "Dear Theatre Students: Picking the Perfect Audition"

Why get audition tips from a computer when you can audition in front of a real person? Bring audition pieces and you will have a chance to receive feedback and improve on your craft.

Nick Brasovan: "What is Confucianism?"

This seminar introduces idea and texts of Chinese Confucian philosophy.

Student Talent Show

Come watch your fellow students showcase their special talents in the 2017 AGS Student Talent Show!

Hawaiian Shirt Day

Another AGS theme day!!! Show up to class and events dressed ready in your most astounding Hawaiian shirt or something that says you're ready for fun in the sun.

Heifer International HQ Field Trip

Visit the Heifer International HQ and Heifer Village, a hands-on, global education facility. Heifer's headquarters are designed as a sustainable and environmentally sensitive building. Sign up for the selection lottery on Monday at lunch in the Sun Porch. If your name is on the roster, you are required to attend on Saturday.

Aya Murata: Japanese Traditional Dance: "So-ran Bushi"

Learn the life of people living in Japan through "So-ran bushi", a traditional Japanese fisherman's dance from the northernmost island. This powerful dance uses one's entire body to express hard work, representing the process of catching herring. It is one of the most famous Japanese dances and is often performed by students at school festivals all over Japan. Aya Murata, Japan Outreach Initiative Coordinator at Hendrix College, will lead the program.

<u>Bioblitz</u>

AGS Bioblitz is a campus-wide event where students will try to find as many different species of plants, insects, and arthropods as they can! Warren Sconiers and Tim Trawick along with other faculty will help students identify specimens. Students can also bring their phones to use a companion app for taking pictures and collecting information to submit to others around the world to help identify species. With all of us together, we may even find a new species!

Double Dutch with Daniel

Come learn the arts of double dutch! Double dutch is a game in which two long jump ropes turning in opposite directions are jumped by one or more players jumping simultaneously. Even if jump-roping may not be for you, come for a great time with your favorite RA Daniel Gardner!

Pool Party

To fit the Hawaiian Shirt/Beach theme day vibes, come out to the AGS Pool for a pool party filled with summer music, water games, and fun under the sun!

Party Animals Mixer

A lot of you may have been asking yourself, what's more hype than a glow party mixer? My friends, the answer is a party animal mixer. Come to Worsham dressed as your favorite animal and have a wild time with your friends! Whether you're lighting it up on the dance floor or playing an animal themed game, there will be fun for all!

Kickball

A hybrid game of baseball, dodgeball, and soccer. We'll be playing a giant game of kickball that will never be forgotten!

Basketball Open Gym

Want to test your jump shot or see how you stack up against other AGS ballers? Then come join us at the WAC for some fun competition and basketball community!

Video Game Night

Come with your friends and show off your gamer skills. It's on like Donkey Kong!

AGS Community Choir Rehearsal

Choral group open to all AGS students, faculty, and staff. We will be singing fun and interesting music in a relaxed setting. If you can sing, we want you!