

Power Yoga

Feel the burn with this fast-paced yoga class. We will focus on linking poses with your breath to create a moving meditation - plus strengthening flows to challenge you! This class is perfect for those familiar with yoga and are ready to take it to the next level!

Knitting for Noggins

Want to make a difference in the lives of the patients and families of Arkansas Children's Hospital? Come join the weekly knitting and crocheting group in the Burrow! No prior experience is necessary. We can teach you! We will have yarn, patterns, crochet hooks, knitting needles, and looms for anyone to borrow, but feel free to bring your own. Donate all finished hats at the weekly meetings or bring them to Danielle in the AGS office.

Training on the Track

A full body workout designed to strengthen your core and improve your running form.

Alan Elrod: "The Fake Newshour: Do You Trust the Polls?"

Throughout the summer, we'll be having conversations with AGS faculty about important issues that are often misrepresented or misunderstood. This week, Lars Seme joins us to talk about the stats and methods behind political polling and how to understand what the data is really telling us.

Richard Gobble: "Magic Bullets, Grassy Knolls, & Smoking Guns: Reasonable Doubt in the Assassination of JFK (2 Part Series)"

A critical analysis of the Warren Commission's investigation into the death of JFK. Part 1 will focus on the fundamentals of the case, while part 2 will go into greater forensic detail.

Adam Stanley: "Choir Geek Out Part 1: Survey of Renaissance Music"

Students gather and listen to prolific composers' music of early music era, such as Palestrina, Josquin, Tallis, Byrd, and others.

Speed-Friending

You've heard of speed-dating, but have you tried speed-friending? Try this new way to meet people, find common interests, and make friends-- fast!

The Natural State Brass Band

In existence since 2003, the Natural State Brass Band is composed of 30 central Arkansas musicians, most of whom do not have professional careers in music. The Band has performed all across the state of Arkansas as well as regionally. In 2010, it held a performance tour in England. It was named the North American Brass Band Association Champion in 2009. You are sure to enjoy this annual performance at AGS.

Clinton Presidential Library Field Trip

Due to the financial support of the Clinton Foundation, we will be able to transport all AGS students to the Clinton Presidential Center and Museum for this special presentation. Afternoon classes will be cancelled today, and we will return to campus in time for dinner. At the Clinton Center, students will explore the exhibits, "Louder Than Words", to understand how music can help define a campaign. Our speaker for that day will be Hip Hop Creative Ambassador and Community Builder, Epiphany (Piph) Morrow, who will explore how music can be used as a creative tool to give voice to individuals and how choices and creativity can help students fine tune their "voice"/platform.

Activities Committee Meeting

The first activities committee meeting will be in Bates Dining Hall (the room on the left side of the cafeteria) during dinner. Bring your ideas for new activities and suggestions to improve existing ones. The final committee members list is posted in each dorm and in the SLTC. Contact Danielle in the AGS Office if you have any questions.

Dance and Step Practice

This class is a fast-paced hip hop learning experience. Come prepared to have some fun and learn something new!

Volleybank

Is it Soccer? Is it Volleyball? Is it Tennis? Come to the outdoor tennis courts and learn this new legendary game. No rackets or experience necessary.

Glow Yoga

Practice your yoga flow in the flow of blacklights. Enjoy a vinyasa flow in the dark set to fun, upbeat music. Wear something white or neon to maximize your glow.

Dr. Strangelove, or How I Learned to Stopped Worrying and Love the Bomb

Directed and co-written by Stanley Kubrick, this "nightmare comedy" was described by one critic as "arguably the best political satire of the century..." Starring Peter Sellers, George C. Scott, Sterling Hayden, Slim Pickens. Includes a performance by a very young James Earl Jones. Discussion to follow.

Favorite Color Day

Do you think that blue is objectively the best color ever? Or that everyone should wear yellow because it's so sunny and cheerful? Or do you just own a lot of pink clothes and want an excuse to wear them? Whatever the reason, today's the perfect opportunity to go all out and show your support for your favorite color!

Keep Arkansas Beautiful

Keep Arkansas Beautiful helps Arkansans plug into local programs and take responsibility for maintaining the state's scenic beauty, environmental health and quality of life. Your efforts can help make a big impact on civic pride, livability and economic growth - creating communities where people want to work, live and play! We will be taking a group over to the nature preserve to clean-up trash on Saturday, June 14th. Sign-ups will be on the Sun Porch on Wednesday, June 20th. There are no limits to how many people can sign-up, but you want to be sure to sign-up and include your t-shirt size.

Loblolly Ice Cream Truck

Loblolly Creamery from Little Rock is bringing their ice cream truck to AGS! They will be serving scoops near Altus Bell. They will accept cash and debit/credit cards.

Page Turners

If you have finished your novel, come meet for discussion. If you want to join Page Turners, come check out a book! Book selections include: *The Circle*, *Persepolis*, *The Book of Unknown Americans*, and *All-American Boys*. Reading is Thinking!

Adam Stanley: "Insight into Vocal Sight-Reading"

Learn a basic understanding of sight-singing through learning hand-signs, and identifying your starting pitch.

Joshua Knight and Melissa Juneau: "Gender with Shua Part 1: Touchdowns or Tutus"

What is "gender"? How is it different from biological sex? What does being a "man" or "woman" actually mean? WAIT, men wore high-heels before women? Come to this introductory session to get these questions answered and raise some of your own! Led by your favorite VZ Hall Director, Shua!

Nick Langston: "Juggling: How and Why"

If you can throw and catch a ball, you've met the prerequisites to learn how to juggle! You will learn how to juggle (or at least get within an hour's practice of having it down) and you will participate in discussion about why anyone would bother to do so.

H.I.I.T. Cardio

Come enjoy getting sweaty in this 30-minute High Intensity Interval Training group fitness class. Be ready for lots of quick/explosive movement using the entire body. No previous experience is necessary. No equipment is required, but water bottles and sweat towels are highly encouraged.

Constitutional Trivia Night

Pub-style, team trivia on questions of the history, structure, and revision of the U.S. Constitution.

Ultimate Frisbee

Come out to the football field behind the WAC for some fast-paced disc fun!

Greer Veon: "Creative Writing Wednesday"

Come flex your creative writing muscles with poetry, fiction, and creative nonfiction prompts in this weekly series! All skill levels are welcome!

Spencer Sutterfield and Chad Terrell: "AGS Indie Music Club"

If you're passionate about music (particularly independent music), this club is for you. Come armed with a song title, something to take notes with, and be ready to listen. We will share music, talk about music, and learn new music.

Arkansas Shakespeare Theatre: *Henry IV (Part 1)*

Experience the stirring and exciting historical tale of young Prince Hal, who enjoys spending his time in the tavern with the large and lusty Falstaff, "that huge hill of flesh." When his father calls on him to fight for England, Hal must decide where his true loyalties lie. With political intrigue and historical action, Henry IV follows the journey of young Prince Hal from youthful indiscretions to taking his place by his father and defending the crown. Sign up for one of the limited tickets on the Sun Porch on Monday. A lottery will select the lucky winners. Winners will be posted on a final roster in the residence halls. If your name is on the final roster, you are required to attend.

Battle of the RAs

Every week, come to Worsham to get to know your RAs a little bit better and watch them battle to the death! Two RAs stand ready, but only one can slay! This week VZ Hall Director, Shua, battles his former resident and current RA, Colton, in a lipsync extravaganza, and your applause will decide the winner.

Yoga

A class for all levels of yoga students, including beginners, who want to explore a variety of yoga postures and breathing techniques; instructions are given to modify postures for more advanced levels of practice -- a great way to get moving in the morning! Bring a yoga mat or towel to stand on.

Nate Powell ('95): "Seeing Ourselves in Each Other's Stories"

National Book Award winning cartoonist Nate Powell draws from both fiction and history to breathe life into our shared experiences. What may we learn about the world and people around us? How was the experience of telling the civil rights movement's history through the medium of comics? How did growing up in Arkansas' vibrant punk rock underground influence him as a storyteller, from fanzines to bands to organized nonviolence? He'll be exploring answers to all these questions, as AGS students work to find their own voices, make their own noise, and uncover a means by which to shape the world around them.

Hip-Hop Reggae

Come and work your body on the dance floor with your favorite RA, C.J.! Hip-Hop Reggae with C.J. is a workout class where you can express your inner "Turn Up!" Please come and have a blast!

Win Lubana ('09): "Eyes and Common Eye Diseases"

An AGS alumni from 2009, Win Lubana will be giving a talk about the basic anatomy and physiology of the eyes, as well as what common diseases are seen related to this anatomy and physiology. Common conditions that will be mentioned include: presbyopia, cataract, hyperopia, myopia, astigmatism, and visual defects. This lecture stems from material commonly taught to medical students.

John McGraw ('87): "Radical? Militant? Librarianship!"

Libraries exist to provide vetted information to their communities, but increasingly play vital roles in insuring people have access to tools and communities and spaces. What is the value of providing a platform for odious opinions, or giving a voice to marginalized communities? Does information want to be free?

The Truman Show

Directed by Peter Weir. Unknown to himself, insurance salesman Truman Burbank (Jim Carrey) has been the subject of the world's longest-running television program since he was born. As Truman grows restless and unhappy with his life, he also begins to discover that his life, family, and friends are fabrications and seeks to learn the truth about who he really is. Music by Philip Glass (*Koyaanisqatsi*).

Crafts with Danielle: Origami

Artistic ability is optional, but creativity is a must! Come hang out with Danielle, Social Activities Director, and make something even your mom will put on the fridge! This week, we'll learn how to fold origami paper cranes.

Crafts with Mary: Macrame

Macrame is a form of textile art using knotting techniques. Come to this class to learn the basic knots necessary to make your own macrame wall hanging for your room. Spots are limited to 30 people, so make sure to sign up at the Sun Porch during lunch on Monday, June 18th.

Rick Dimond: "Improv Jam"

Come jam on 2 easily-learned tunes with us! We'll be jamming with Herbie Mann's "Memphis Underground" and John Coltrane's "Mr. P.C." All levels of musicianship are welcome; instrumentalists and singers, as well as listeners!

Kathy Manus: "A Look at Emily Dickinson Poetry"

An introduction and discussion of select poetry by Emily Dickinson with a writer's workshop to follow.

Madison Sewell: "yOU cAnT Do A PReSeNTaTion oN MEmeS"

LADIES IMAGINE THIS, It's 2018. You're at Arkansas Governor's School. You want to see a 4:10 but don't know what to pick. Suddenly, something catches your eye. You recognize that font from a dead meme. It's a talk about memes. This is the one.

Student/Faculty Dodgeball Game

The journey continues... who can dodge, throw, and outmaneuver the other. Come to watch or sign-up to play. Sign-ups will be on the Sun Porch during lunch on Wednesday, June 20th.

Hans Hacker: "An Introduction to Legal Writing"

Basics of writing legal memos, case briefs, and appellate briefs, with examples of good and bad writing.

Adam Stanley: "Morphing Music into Art"

Draw the Music you hear! Using chalk pastels and listening to a masterwork, students will create masterworks of sound, on paper!

AGS Family Feud

We may not have Steve Harvey, but this classic game-show is still hilarious to watch. Watch two teams battle it out, trying to guess the most popular answers to survey questions. Sign-ups will be available on the Sun Porch during lunch on Monday, June 18th. You can sign-up in teams of seven, or you can sign-up as an individual contestant.

Arkansas Shakespeare Theatre: *Much Ado About Nothing*

In this one-hour Family Shakespeare adaptation, Beatrice and Benedick have sworn off love and each other. Their friends and family intervene to transform these sworn bachelors into a happy couple. Will these tricks finally put an end to their "merry war"?

Slippin' and Slidin'

The best way to cool off in the summer heat! Come to the Bailey Lawn, where we'll have water balloons, slip n' slides, music, popsicles for sale, and, for the most daring, a jello slip n' slide! Make sure to wear a swimsuit!

Las Delicias Popsicle Cart

Come to the Bailey Lawn for some homemade popsicles made right here in Conway! Multiple fun flavors will be available. Each popsicle is \$3. They only accept cash (NO CARDS).

Board Game Night

Learn how to play the popular board game *Settlers of Catan*, or browse the AGS board game collection.

Lip Sync Battle

Watch some of your favorite staff members fight for the crown (or maybe just bragging rights) with the ultimate challenge: a lip sync battle!

Charades

Come join in on a classic game of charades!

The Village Visit

Spend an afternoon at the Hendrix Village across the street! We'll visit the college bookstore, explore the nature preserve, and stop for milkshakes from Purple Cow. If you'd like to join, meet in the Burrow at 3:00 p.m. and bring money if you want a shake!

3 vs 3 Basketball Tournament

Do you have what it takes to win the AGS 3 vs 3 tournament? Come to the WAC to battle for the 1st place title. Don't have full team of 3? No worries! A free agent list will be available. Sign-ups for the tournament will be on the Sun Porch during lunch on Wednesday (6/20) and Thursday (6/21).

AGS Community Choir

This choral group is open to all AGS students, faculty, and staff. We will be singing fun and interesting music in a relaxed setting. If you like to sing, we want you! If you have any questions or just want to learn more about the choir, the Choral Music Director, Adam Stanley, will be on the Sun Porch on Wednesday, June 20th, from 11:30 AM to 12:15 PM. The first rehearsal will be on Sunday, June 24th, at 6:00 PM.

Sing-Along Movie Sunday

Come, bring your friends, and sing along to a screening of one of Disney's newest musicals!