

## Activity Program Assessment Plan

Physical Activity classes, also known as PACT, is a required of all students who attend Hendrix. Each class is designed to meet the goals and objectives of the college. Furthermore, it is consistent with the motto of the college which is Unto the Whole Person. The PACT courses are designed to teach students lifetime activities that will lead to a positive impact on their mind, body, and spirit.

Students completing the Activity Program (two class requirement) should demonstrate knowledge, skills, and dispositions in the following areas:

1. Content Knowledge – Students will demonstrate basic knowledge of rules and/or skills needed to be successful in physical activity classes.
2. Social – Students will use physical activity as an opportunity for enjoyment and social interaction.
3. Value Physical Activity and Fitness – Students will articulate the value of physical activity to improve health and well being of individuals, and that physical activity can foster self-expression, development, and learning.

Assessments of these classes will be reviewed biannually by the PACT coordinator from surveys collected from each class, each semester. The survey will include open and closed ended questions that help us assess the activity program. Also, a teacher evaluation will be included in the survey.