VOLUNTEER OPPORTUNITIES FOR HENDRIX STUDENTS 2018-2019

Revised 10-31-18

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501-450-4590 SLTC 133 millercenter@hendrix.edu

HENDRIX VOLUNTEER INTIATIVES

Buddy Program (Volunteer Action Committee)

Contact: Joanna Bartley, Coordinator

E-mail: BartleyJG@hendrix.edu

What it is: Hendrix students are paired with a child at Ida Burns Elementary School, Independent Living Services, or Village Park and meet with him/her once a week for mentoring, socializing, or informal tutoring.

How to get involved: Contact the Coordinator and they will work with you to find a match.

Hendrix Garden Club

Contact: Oliver Kuhns

E-mail: KuhnsOJ@hendrix.eduault

What it is: The garden club consists of a group of students maintaining the campus garden. Members meet every Friday (time depending on season) to plant, cultivate and harvest crops. The club hosts a "Garden Party" every semester in which students can enjoy local food, music and festivities.

What you can do: Volunteers are needed every Friday and for other scheduled workdays. They are also needed in preparation for the garden parties.

How to get involved: Contact the garden club Presidents to be placed on the email list.

Hendrix for Habitat

Contact: Claire Nissen

E-mail: nissencc@hendrix.edu

What it is: Habitat builds affordable houses for low-income and homeless families, as well as victims of natural disaster and war, around the world.

What you can do: Volunteers are needed for constructing homes, fund-raising, public relations and office work.

<u>How to get involved</u>: For office work, contact the Faulkner County Chapter of Habitat located at 1025 Front Street, 513-3244. For construction work and updates about the Hendrix chapter, contact the club chair.

Environmental Concerns Committee (ECC)

Contact: Megan Cassingham

E-mail: CassinghamMM@hendrix.edu

Website: hendrix.edu/ECC

What it is: A student-led organization that focuses on addressing the environmental and sustainability needs of the campus and greater Conway community. Members wear green jumpsuits and recycle all over campus, run the Free Store, get involved with sustainable projects in the Conway and Little Rock area, and run all the sustainable programs at Hendrix.

<u>How to get involved:</u> Contact the e-mail above requesting to be on the e-mail list to receive updates, stop by the bi-weekly meetings (7pm on Thursdays in SLTC 105), or look at our website or Facebook (http://Facebook.com/HendrixECC) to find out more.

Volunteer Action Committee (VAC)

Contact: Isabella Crang, Chair E-mail: CrangII@hendrix.edu

What it is: A student-led organization that creates volunteer opportunities in Conway and Central Arkansas for Hendrix students every Saturday.

<u>How to get involved</u>: Contact the email above requesting to be on the email list to receive weekly updates of each Saturday's project plus other events that VAC is hosting. You can also stop by the weekly meetings (6pm on Sundays in the SLTC kitchen), or stop by the VAC Office (SLTC 125) to find out more.

For involvement in other Hendrix student organizations, visit this page:

http://www.hendrix.edu/studentactivities/studentorganizations

ORGANIZATIONS (by CATEGORY)

AIDING THOSE WITH DISABILITIES

- Camp Aldersgate, Inc.
- Independent Living Services, Inc.
- Milestones Services, Inc.

ARTS FOR SOCIAL CHANGE

- AETN Foundation (Arkansas Educational Television Network)
- Conway Symphony Orchestra

ANIMAL CARE

- Conway Animal Welfare Unit
- Humane Society of Faulkner County
- Riddle's Elephant and Wildlife Sanctuary

COMMUNITY IMPROVEMENT

- Arkansas Asset Builders
- Birch Tree Communities, Inc.
- Central Arkansas Development Council (CADC)
- City of Hope Outreach
- City Year, Inc.
- Conway Advocates for Bicycling
- Conway Ministry Center
- Faulkner County Library
- Humane Society of Faulkner County
- Literacy Action of Central Arkansas
- The Locals
- The Salvation Army
- United Way
- Women's Foundation of Arkansas

ENVIRONMENT & SUSTAINABILITY

- Conway Ecofest
- Heifer International/Heifer Ranch
- Heifer International (Heifer Village)
- School Gardens and Farm to School in Arkansas
- U of A Cooperative Extension Service

FAITH-BASED

- Amazing Grace Café
- Bethlehem House
- CHI-St. Vincent Interfaith Clinic
- Conway Go Store
- Conway Ministry Center
- Daily Bread: First Presbyterian Church
- First United Methodist Church Food Pantry
- Florence Crittenton Family Ministries
- Glenhaven Ministries
- The Salvation Army
- Soaring Wings Ranch
- Soul Food Café Mission

FOOD JUSTICE

- Amazing Grace Café
- Arkansas Food Bank
- Bethlehem House
- Central Arkansas Development Council (CADC)
- Community Action Program for Central Arkansas (CAPCA)
- Daily Bread
- Faulkner County Urban Farm Project
- First United Methodist Church Food Pantry
- Quapaw Quarter UMC Community Breakfast
- The Salvation Army
- Soul Food Café Mission
- Stewpot Soup Kitchen and Clothing Closet

GENDER AND SEXUALITY

- Central Arkansas Pride
- Help for Abuse Victims in Emergency Need (HAVEN)
- Sexual Assault Crisis Response of Central Arkansas

- Women's Foundation of Arkansas
- Women's Shelter of Central Arkansas

GLOBAL JUSTICE

- City Year, Inc.
- Heifer International/Heifer Ranch
- Heifer International (Heifer Village)

HEALTH & WELLNESS

- 12th Street Health and Wellness Center
- Arkansas Children's Hospital
- Arkansas Hospice
- CHI-St. Vincent Interfaith Clinic
- Conway Human Development Center
- Conway Interfaith Clinic
- Kindred Hospice
- Help for Abuse Victims in Emergency Need (HAVEN)
- Planned Parenthood Great Plains
- The Salvation Army
- School Gardens and Farm to School in Arkansas
- Sexual Assault Crisis Response of Central Arkansas
- Women's Shelter of Central Arkansas

SENIOR CARE

- Arkansas Hospice
- Faulkner County Senior Citizens Program
- Hospice Home Care
- Maumelle Senior Wellness Center
- Village Park of Conway, INC.

SHELTER/HOUSING

- Bethlehem House
- Conway Housing Authority
- Help for Abuse Victims in Emergency Need (HAVEN)
- Women's Shelter of Central Arkansas

YOUTH & TUTORING

- 4H Youth Development Program of Faulkner County
- Big Brothers, Big Sisters
- Bob Courtway Middle School The Roots Tutoring Program
- Boys and Girls Club of Faulkner County
- Camp Aldersgate, Inc.
- Children's Advocacy Alliance (CAA)
- Community Connections
- Community Service, Inc
- Conway Cradle Care
- Conway Ecofest
- Faulkner County Juvenile Court
- Faulkner County Juvenile Probation Officer Program
- Girls Scouts- Diamonds of AR, OK, and TX
- Glenhaven Ministries
- Help for Abuse Victims in Emergency Need (HAVEN)
- Milestone Services, Inc.
- The Museum of Discovery
- The Salvation Army
- School Gardens and Farm to School in Arkansas
- Soaring Wings Ranch
- U of A Cooperative Extension Service
- Women's Foundation of Arkansas
- Youth Home

MISCELLANEOUS

- Clarke Tucker for U.S. Congress
- Faulkner County Democratic Party
- Maureen Skinner for Senate
- Mosaic Templars Cultural Center
- The Museum of Discovery
- Single Parent Scholarship Fund of Faulkner County

ORGANIZATIONS (ALPHABETICAL)

4H Youth Development Program of Faulkner County

844 Faulkner St., Conway Phone: 501-329-8344

Website: https://www.uaex.edu/counties/faulkner/

Contact: Melanie Malone E-mail: mmalone@uaex.edu

What it is: A program to teach children and youth life and leadership skills through hands-on activities. Participants carry out individual projects, compete in county and state fairs, help others in their community and travel to new places. What you can do: Volunteers are needed to be leaders and mentors to the participating youth and judge a variety of contests.

How to get involved: Email regarding your interest. Volunteers must go through a 4-H youth protection program, which includes a background check.

12th Street Health and Wellness Center 4010 W. 12th Street, Little Rock

Phone: 501-614-2492

Website: http://healthon12th.uams.edu/

Contact: Dr. Lanita White E-mail: LSWhite@uams.edu

What it is: 12th Street Health & Wellness Center is a student-run free clinic which provides UAMS students an avenue to learn about, from, and with each other. They are a student-led, inter-professional center which provides services from the UAMS Colleges of Health Professions, Medicine, Nursing, Pharmacy, Public Health, and the Graduate School. The center provides information for healthy living, preventive care focused on heart health, and consultations & screenings for chronic health conditions.

What you can do: The clinic is looking for more pre-health professions students to volunteer with clinic administration and patient care. It looks great on a resume and is an excellent way to network with current UAMS students. Undergrad students can shadow with graduate students working at the clinic. Spanish speakers can act as interpreters.

How to get involved: You can learn more about the clinic at its website, and you can register to volunteer by clicking on the Student Volunteer Application link on the website. (Select "Student Shadowing" and "Training for PCC"). If you have any questions about getting involved, you can contact Dr. White at his e-mail address.

AETN Foundation (Arkansas Educational Television Network)

350 S. Donaghey Ave., Conway

Phone: 501-450-1759

Website: www.aetnfoundation.org/volunteer

Contact: Sara Willis or Will Oldham

E-mail: volunteer@aetn.org

What it is: AETN provides lifelong learning opportunities to Arkansas through public television and educational services.

What you can do: We need telephone groups of 15 for 3-4 monthly call-in shows as well as three large Pledge events in March, August and December. Other jobs include door greeting, lounge host/kitchen, camera operator, and special event assistant.

How to get involved: Contact the AETN office. No background check and some training sessions required.



Amazing Grace Café

1601 Prince St., Conway (located in Conway FUMC)

Phone: 501-454-9611

Website: www.conwayfumc.org/outreach.html

Contact: Kisha Bumpers

E-mail: kbumpers@conwayfumc.org

What it is: The mission of the Amazing Grace Café is to alleviate hunger by providing nutritious meals in an environment allowing our guests to feel welcome. Dinner is served for anyone who needs a free meal every other

Thursday.

What you can do: Volunteers are needed to serve and clean up meals. How to get involved: Call or email to set up a time to volunteer.

Arkansas Asset Builders

608 E Robins St., Conway Phone: 501-503-2123

Website: arkansasassetbuilders.org

Contact: Joyia Yorgey

E-mail: info@arkansasassetbuilders.org

What it is: Provides free tax preparation service for low- and moderate-income households

What you can do: Volunteers can serve as tax preparers, client intake specialists, or translators for clients with limited English proficiency. Training is provided for all roles, including basic tax law certification course for tax preparers. Commitment is 3 hours per week, January through April. There is also a pre-approved SW Odyssey credit available for volunteers who serve at least 30 hours over the course of the tax season. See the Odyssey office or Prof. Rupert for more information.

<u>How to get involved:</u> E-mail us to be added to our volunteer mailing list. Training dates and times will be publicized in December/January. For more information, visit our website or follow our Facebook page.



Phone: 501-364-1825

Website: www.archildrens.org/volunteer

Contact: Halley Hamn

E-mail: HamonHG@archildrens.org

What it is: The mission of Arkansas Children's Hospital is to champion children by making them better today and healthier tomorrow.

What you can do: **Direct patient** care areas include: Ambulatory Surgery, Animal Assisted Interventions, Emergency Room, Hospital School Program, Infant and Toddler Unit, Inpatient Units, Pastoral Care, Playroom / Crafters, Teen Room. **Indirect patient** care areas include: Clerical Areas, Patient and Family Advisors, Foundation, Playaway, Gift

Shop, Waiting Room.

How to get involved: Visit our website for more information and the application to volunteer.

Arkansas Food Bank

4301 W. 65th St., Little Rock

Phone: 501-569-4320

Website: www.arkansasfoodbank.org

Contact: Amber Bryant

E-mail: abryant@arkansasfoodbank.org

What it is: The Arkansas Foodbank is the foundation in the fight against hunger. We find pathways to connect people, resources, and food to reach those in need, providing dignity, hope, and a brighter future for all Arkansans. This organization provides food to 300 member agencies in 33 counties in central and southeastern Arkansas. These agencies serve the hungry at their location. The Foodbank supports 65,000 people with food a week or around 280,000 a year in our coverage area.





How you can help: Shift times are 9:00 a.m. – noon and 1:00 p.m. – 4:00 p.m. Monday through Friday and select Saturdays 9:00 a.m. – noon. Volunteers can assist in office duties like filing, data entry, shredding, stuffing envelopes, and addressing envelopes. Volunteers in the gift shop can perform inventories, stock the shop, do light cleaning, merchandise product, and decorate the shop. In the backpack program, volunteers bag items to go in backpacks to be delivered to participating schools. Shifts are available Tuesday and Thursday mornings at 8:30 – 11:30 a.m. spring to late fall to volunteer in the community garden (planting, seeding, harvesting, mulching, tending the garden with the guidance of manager). Special volunteer opportunities such as Harvest Night, Empty Bowls, and others occur throughout the year as well.

<u>How to get involved:</u> Visit arkansasfoodbank.org/volunteer to find out your area of interest for volunteering. Fill out the volunteer form by clicking the appropriate link. Await e-mail or phone confirmation from the Volunteer Coordinator.

Arkansas Hospice

1105 Deer St #10, Conway Phone: 501-328-5400

Website: www.arkansashospice.org

Contact: Autumn Hurst

E-mail: ahurst@arkansashospice.org

What it is: Our mission is straightforward and urgent: surround everyone we can facing terminal illness and grief with love and embrace hem in physical, emotional, and spiritual care.

What you can do: We are looking for volunteers to offer administrative support (filling, answering phones, making copies, running reports, etc.) and/or to visit with patients in their home or nursing home for socialization and companionship.

How to get involved: Contact Autumn Hurst (info above).

Bethlehem House

1115 Parkway Ave., Conway

Phone: 501-329-4862

Website: www.bethlehemhouse.net

Contact: Dawn Ide

E-mail: dawn@bethlehemhouse.net

What it is: Bethlehem House seeks to encourage, equip, and motivate the homeless and nearly homeless to take necessary steps to improve their life situations. We are a transitional shelter that provides patrons and others in need an evening meal, food boxes, and facilities to wash clothes and take a shower. We also provide temporary emergency shelter.

What you can do: Volunteers are needed to do yard work, stock the food pantry, provide child care for residents, help with tutoring, do office work, or help in the kitchen (prepare, serve, or clean up after an evening meal). How to get involved: Call, e-mail, or go to the website to fill out an application.

Big Brothers, Big Sisters

312 W. Pershing Blvd., North Little Rock

Phone: 501-374-6661 Website: www.bbbsca.org Contact: Adrienne Duhart E-mail: aduhart@bbbsca.org

<u>What it is:</u> Our mission is to provide children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.

What you can do: Opportunities for mentoring a child are available with varying time commitments. Our site-based program requires a minimum of 36 hours per year (completed through 1 hour per week during the school year) or 48 hours in our community-based program (completed through 2 meetings at least two hours each all year). We need students to fill internship positions as well as help with individual short-term projects. We also have a need for volunteers at our fundraising events and activities such as the Greek Food Festival.



<u>How to get involved:</u> Please visit our website for information and an application, or contact our Program Manager at <u>aduhart@bbbsca.org.</u>

Birch Tree Communities, Ic.

Address: 132 Lower Ridge Road (Conway location)

Phone: 501-909-1674

Website: www.birchtree.org

Check website for other locations

Contact: Debra Gillion

E-mail: Debra.Gillion@birchtree.org

What it is: The Birch Tree Mission is: A satisfying life in the community. What is satisfying? Each member defines that as we join her or him in a continuing discovery of values, goals, strengths, and abilities. Our role is to do all we can to make a full life in the community possible. We dream of a society free of stigma so that individuals recovering from mental illness will be free to choose where they live, socialize, and work.

What you can do: Our organization needs help with leading art groups, leading psycho-educational groups, and helping to organize our clothes closet.

Bob Courtway Middle School - The Roots Tutoring Program

1200 Bob Courtway Dr., Conway Phone: 501-450-4832 ext. 225 Website: bc.conwayschools.org Contact: Gynger Campbell

E-mail: campbellgy@conwayschools.net

What you can do: Volunteers needed to help tutor kids during study hall periods through the day and after school. Grades 5, 6, and 7 especially need tutors.

How to get involved: Contact the given number for an application and to begin training.

Boys and Girls Club of Faulkner County

1405 Robins St., Conway Phone: 501-329-8849 ext. 2002 Website: www.bgcfaulkner.org

Contact: Liza Bray

E-mail: liza@bgcfaulkner.org

What it is: Gives youth a place to develop positive friendships and skills that will last a lifetime.

What you can do: Volunteers are needed to run arts/crafts classes, the game room, and to help with homework after school.

How to get involved: Call and schedule a time to meet to complete a volunteer application and a short interview.

Camp Aldersgate, Inc.

2000 Aldersgate Rd., Little Rock

Phone: 501-225-1444

Website: www.campaldersgate.net

Contact: Ali Miller-Berry

E-mail: amiller@campaldersgate.net

What it is: Camp Aldersgate is Arkansas' only non-profit uniquely dedicated to providing year-round programming opportunities for children with and without special needs. Camp Aldersgate offers summer and weekend camps for children with and without special needs, a specialized youth volunteer training program, and one of the area's longest running programs for senior adults. Camp Aldersgate is one of eight camps in Arkansas accredited by the American Camp Association and continues to be the only camp in Arkansas designed for children with special needs.



What you can do: During the school year, there are weekend camps that require camp counselors as well as fundraisers and special events that need volunteers. During the summer, counselors are needed for the summer camp programs and weekend camping programs. Volunteers can also become part of groups that do grounds work.

How to get involved: Visit our website, call, or email for more details.

Central Arkansas Development Council (CADC)

321 Edison Ave., Benton Phone: 501-778-1133 Website: www.cadc.com Contact: Evelyn Reed E-mail: ereed@cadc.com



What it is: A community development organization that supports Head Start programs, nutrition programs, senior citizen centers, distributes commodities, and provides utility assistance. The council covers twelve counties, and is heavily active in the Little Rock area.

What you can do: Volunteers are needed in all programs. Commodity food bagging programs are always in need of volunteers to package and distribute food. Volunteers are also needed to help with the Free Tax Program/VITA, and Utility Assistance Program.

<u>How to get involved:</u> Call or e-mail for more information.

Central Arkansas Pride

Website: www.lrpride.com Phone: 501-707-5006

Contact: Max

E-mail: max@centralarkansaspride.com

What it is: Our mission is to celebrate the history and culture of our community through pride events and programs that inspire, strengthen, and unite.

What you can do: You could do anything ranging from planning the event to setting up, working with kids, working backstage, etc.

<u>How to get involved</u>: Visit the website for the latest opportunities to get involved or contact our volunteer coordinator, Max (info above).

Children's Advocacy Alliance (CAA)

574 Locust St., Conway (children's center) 801 Locust St., Conway (administrative office)

Phone: 501-286-3290

Website: www.hopeandjustice.org

Contact: Leia Smith

Email: lsmith@hopeandjustice.org

What it is: The Children's Advocacy Alliance (CAA) is a 501(c)3 non-profit serving Faulkner, Van Buren, Conway, and Searcy Counties. The mission of the CAA is to provide hope, healing, and justice through the partnership of two programs, the Children's Advocacy Center (CAC) and the Court Appointed Special Advocates (CASA) of the 20th Judicial District. CASA was founded in 2000, dedicated to training citizens to provide a voice to the voiceless foster children in our community. The CAC was founded in 2010, joining CASA, forming the Children's Advocacy Alliance. The CAC provides forensic interviews, therapy, sexual abuse medical exams, and family advocacy for abused and neglected children.

What you can do: We have volunteer positions such as yard work, internships, aiding in the planning of events on the Auxillary Committee, or advocating on behalf of children in court as a CASA. Our volunteer positions are each unique depending on the individual volunteering.

<u>How to get involved</u>: Due to the sensitivity of much of the information, volunteers need to sign a confidentiality agreement, fill out an application, and agree to a background check. E-mail <u>development@hopeandjustice.org</u> to learn more about how you can help the kids in our community.



CASA 20th Judicial District Central Arkansas CAC

CHI-St. Vincent Interfaith Clinic

830 N. Creek Dr., Conway Phone: 501-932-0559 option 7

Website: www.conwayinterfaithclinic.org

Contact: Kittie Aaron

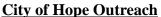
E-mail: cic@conwayinterfaithclinic.org

What it is: Provides medical treatment for uninsured and under-insured people in the community, as well as dental

treatment for children and adults.

What you can do: Call for more information about volunteering.

How to get involved: Call, email, or stop by their office to get an application.



608 E. Robins St., Conway

Phone: 501-205-1614 Website: www.coho58.org Contact: Ambra McPeters

Email: ambracoho@gmail.com

What it is: The mission of City of Hope Outreach is to teach people what it means to be human and love their neighbor. They work closely with disadvantaged communities, support homeless people to get back on their feet, and love and care

about Conway.

What you can do: Volunteers are primarily needed during the school year to help with after school tutoring with the kids. Other ways to get involved include helping with events throughout the year – Gardens, Fall Festival, Thanksgiving Banquet, and Christmas Store (see full list on website) – and helping maintain the three trailer parks where City of Hope's offices are located and can include litter pick-up, playground updates, painting fences, etc. Internships for the Academy and Hope Home Men's Shelter (males only), grant writing, and administrative office duties are also available.

How to get involved: Fill out the application online (www.coho58.org/connect.html) or call between the hours of 9am and 3pm Monday through Thursday and talk to someone about an opportunity.

City Year, Inc.

800 W Markham St. Little Rock, AR 72201 Phone: (617)-331-8625 Website: cityyear.org

Contact: Jasmine Medley

E-mail: jmedley@cityyear.org

What it is: City Year helps to close gaps in high-need schools by supporting students' academic and social-emotional development while also providing schools with the additional capacity to enhance school culture and climate. City Year believes in: providing service to a cause greater than self, keeping students first, collaboration always, the power of young people, social justice for all, level five leadership, empathy, inclusivity, Ubuntu, teamwork, and excellence. What you can do: City Year provides an opportunity to send young people into schools all over the country to tutor and mentor students who need a little more support so that they graduate from high school on track and on time.

How to get involved: Contact Jasmine Medley, City Year Regional Recruitment Manager, at jmedley@cityyear.org



Contact: Kathryn Tull

E-mail: ktull@clarketucker.com

Website: clarketucker.com

What it is: Our organization aims to empower young citizens to participate in their democracy by registering them to vote and informing them about the candidates.

<u>What you can do:</u> We are always looking for people to canvass, phone bank, or work in the office with mailing. We are also looking for college students interested in fellowships and internships.







Community Action Program for Central Arkansas (CAPCA)

707 Robins St., Suite 118, Conway Phone: 501-329-0977 ext. 2107 Website: http://www.capcainc.org/

Contact: Anna Valenzuela or Melissa Allen (2124)

E-mail: anna.valenzuela@capcainc.org or mellissa.allen@capcainc.org

<u>What it is</u>: A private nonprofit Community Action Agency which provides services to low income people which enhance lives, provide self-sufficiency and increase community involvement.

What you can do: Volunteer in a Head Start Program doing numerous activities; for example, reading to children, assisting with projects, playground duty, grounds maintenance, serving meals, or assisting in the classroom. Volunteer in the food pantry assisting with food deliveries and food boxes or coordinate a food drive. Volunteer at the Administrative Office assisting with mail outs, filing, shredding and other office duties.

<u>How to get involved</u>: Email or call for more information. Additional volunteer paperwork may be required if working with children.

Community Connections

2740 College Ave., Conway

Phone: 316-737-6405

Website: www.communityconnectionsar.org

Contact: Jessica Nichols

E-mail: Jessica@communityconnectionsar.org

What it is: Community Connections is a non-profit organization dedicated to improving the lives of children in Arkansas. Their goal is to help families address various health, developmental, and social needs by offering comprehensive programs and services not otherwise available in the Arkansas community. The programs offered are football, soccer, theatre, art, music, cheerleading, martial arts, golf, and autism educational/support meetings for the families.

What you can do: Community Connections relies on our volunteers to help us achieve the goal of positively impacting the lives of children with special needs here in Arkansas. Whether it be helping a child with a cheer at Showstoppers, helping a child score a touchdown at RUFL, or participating in soccer drills at our TOP soccer games – we need you!

Other programs include art, music, Acts Jr., bowling, golf, tennis, and many more! We cannot do our programs withough

How to get involved: Volunteers can email or fill out the volunteer registration form on the website.

Community Service, Inc.

Contact: Jamie Higgins

E-mail: jhiggins@csiyouth.com

the help of our incredible volunteers.

Phone: 501-354-4589

Website: www.csiyouth.com

What it is: Community Service's mission is to be a leader in providing quality services to youth and their families that will empower them to attain success in their homes, schools, vocations, and communities.

What you can do: Volunteer opportunities include AmeriCorps tutoring and mentoring services, first tee programming, and landscaping.

<u>How to get involved:</u> Visit our website for information or to learn about our services. You can contact our Director of Development at jhiggins@csiyouth.com.



CAPCA

Conway Advocates for Bicycling

1500 Amelia Drive Conway, AR 72034 Phone: 501-327-4672

Website: www.cycleconway.org

Contact: Jim Bruce

E-mail: jbruce@conwaycorp.net

What it is: Our organization's mission is to promote safe and convenient bicycling in Conway.

What you can do: We have a bike share and repair garage that could use some volunteer help. We need student advocates to promote and strengthen the recognition of Hendrix College as a Bicycle Friendly campus by the League of American Bicyclists.

Dicyclists.

Conway Animal Welfare Unit

4550 Hwy 64 West, Conway

Phone: 501-450-6160

Website: www.conwayanimalwelfare.org

What it is: The Animal Welfare Unit provides facilities, environment

and care for abandoned animals.

What you can do: Volunteers are needed year-round to bathe and play with animals, as well as perform other small tasks. How to get involved: Volunteers are required to take a one-time volunteer class with the Welfare Unit. The class is offered about once every month, and lasts for about an hour and a half. Check their website or call the Unit to see when the next class is offered.



2400 Prince St., Conway (located in First Presbyterian Church of Conway)

Phone: 501-730-0017

Website: www.cradlecare.org

Contact: Kelsey Weaver (501-499-0417)

E-mail: director@cradlecare.org

<u>What it is:</u> Conway Cradle Care empowers expectant and parenting adolescents by meeting the developmental need if their children, providing opportunities to further their education, and encouraging independence through parenting and life skill mentoring.

<u>What you can do:</u> Volunteers are needed to support teaching staff in infant and toddler classrooms as well as in teen mentoring and tutoring programs. Volunteers are also needed to work at fundraising events during the school year <u>How to get involved:</u> E-mail and let them know that you are interested in volunteering. A background check is required and covered by Conway Cradle Care.



Phone: 501-920-6525

Website: www.conwayecofest.com

Contact: Audra Russell

E-mail: hello@conwavecofest.com

What it is: The mission of Conway EcoFest works toward health and vitality among Central Arkansas communities and their environment through sustainability, education, and innovation.

What you can do: Our festival is October 6, 2018 at Laurel Park! We have volunteer opportunities leading up to the festival where we create exhibits and fun activities for our participants to enjoy. Please join us!

How to get involved: You can sign up for our volunteer workdays online at conwayecofest.com.





Conway Go Store

807 Court St Conway, AR

Phone: 870-391-1514

Website: www.conwaygostore.com

Contact: Erica Cason

E-mail: conwaygostore@gmail.com

What it is: The Conway Go Store provides inexpensive clothing, furniture, and household items to the community as well as offer new school supplies, toys, and children's clothing to those participating in Operation Christmas Child, Angle Tree, and many other ministry projects. We also strive to offer a safe, welcoming environment for volunteers of all ages and backgrounds.

What you can do: Volunteer Opportunities include pricing new items, hanging up clothing, sorting donations, cleaning the store, and helping restock the store. Group opportunities can also be scheduled and are a great way for us to get a lot of work done in a few hours.

<u>How to get involved:</u> To get involved, simply e-mail <u>conwaygostore@gmail.com</u> with your interests and time availability.

Conway Housing Authority

335 S. Mitchell St., Conway

Phone: 501-450-6171 Contact: Sharon Everette

E-mail: sreverette@hotmail.com

What it is: Aids those in need of affordable housing. They serve families and children living in low income housing. What you can do: Volunteers are needed to tutor kids, play games, visit with the elderly, and help out with monthly activities.

How to get involved: Call and schedule a time to volunteer.

Conway Human Development Center

150 E. Siebenmorgen Rd., Conway, AR 72032

Phone: 501-329-6851, ext. 319

Website: www.chdconline.wix.com/conwayhdc

Contact: Elizabeth Molica

E-mail: Elizabeth.Molica@dhs.arkansas.gov

What it is: The CHDC is a residential and therapeutic full-care facility for individuals with intellectual and physical disabilities. They provide medical and community support through efforts including medical/nursing, physical therapy, occupational therapy, speech therapy and client outreach.

What you can do: Volunteers are needed to participate in many different capacities. Volunteers can join the Just Friends Program and be partnered with one individual client; they can participate in physical education, residential living unit, or recreation programs, bring a group to volunteer or even take on a long-term internship. The CHDC Volunteer Council also meets once a month to plan larger events such as the annual walk-a-thon and bowl-a-thon. Internships are available as well.

<u>How to get involved:</u> Call or email to express your interest. The extent of the application process/background check depends on the type of work you intend to do.

Conway Interfaith Clinic

830 N. Creek Dr., Conway Phone: 501-932-0559 option 7

Website: www.conwayinterfaithclinic.org

Contact: Kittie Aaron

E-mail: cic@conwayinterfaithclinic.org



the Gostore



What it is: Provides medical treatment for uninsured and under-insured people in the community, as well as dental treatment for children and adults.

<u>What you can do:</u> Volunteers are needed for clerical work, maintenance/cleaning, yard work, and community education. How to get involved: Call ahead of time or come by to get an application.

Conway Ministry Center

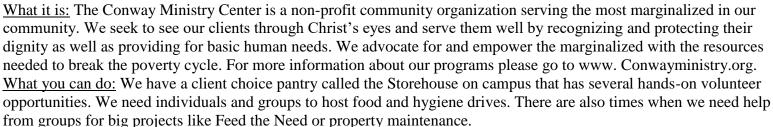
766 Harkrider St., Conway

Phone: 501-358-6098

Website: conwayministrycenter.org

Contact: Laura King

E-mail: laura@ministrycenter.org



<u>How to get involved</u>: Give our office a call at 501-358-6098. We will go over the different opportunities available and the simple process to become a volunteer.

Conway Symphony Orchestra

Phone: 501-269-1066

Website: www.conwaysymphony.org

Contact: Vicki Crockett

E-mail: symphony@conwaycorp.net

How you can help: Volunteers are needed to help with general projects, concerts, special events and children's activities. How to get involved: Call ahead and check for upcoming volunteer needs that match your interests. There is no application or background check

Daily Bread: First Presbyterian Church

2400 Prince St., Conway (located in First Presbyterian Church of Conway)

Phone: 501-764-1455

Website: www.dailybreadconway.weebly.com

Contact: Shelley Vangsnes E-mail: shelleyv@uca.edu

What is it: Daily Bread provides a free evening meal every 1st and 3rd Thursday to those who

are hungry or food insecure. The times available are 4pm to help with cooking, 5:15pm to help serve, and pm 5:45pm for cleanup.

What can you do: Volunteers are needed to help prepare and serve the evening meal from 4:00-7:30 p.m.

<u>How to get involved:</u> Call ahead, visit their website, or just come and tell them you'd like to help. Dates of service are located on the website. Times available are most conveniently found on the website. You can tell Shelley you would like to be on her email lists which sends out volunteer information. No regular commitment required, and you can volunteer as long or short as you need to. If transportation is an issue, Daily Bread can pick people up if notified by noon the day of service.

Faulkner County Democratic Party

Website: FaulknerDemocrats.com

Contact: Kim Charlson

E-mail: parliamentarian@FaulknerDemocrats.com

What it is: We work to elect Democratic candidates to all levels of public office in Faulkner County and Arkansas.









<u>What you can do:</u> You can help by phone banking, canvassing, fundraising, assisting with campaign events, and more. <u>How to get involved:</u> Visit the website for the latest opportunities to get involved or contact Kim Charlson (info above).

Faulkner County Juvenile Court

510 S German Ln., Conway

Phone: 501-328-5922 Contact: Faye Shepherd

E-Mail: faye.shepherd@faulknercounty.org

What it is: The Faulkner County Juvenile Court has several opportunities and needs students to help with multiple programs for their court-involved youth, many of which are alternatives to community service. This organization provides intervention to court-involved youth to prevent future delinquency, rehabilitates the juvenile, and empowers the family to encourage positive, appropriate behaviors that will help the youth of our community to contribute to society on into adulthood.

What you can do: Students are needed to tutor young people ages 10-18 for a minimum of one hour per week on Monday – Thursday afternoons, assist with a girls' book club each semester (just one student per semester), help tend to the court's youth garden, assist the coach in the Boys Boxing Club, and teach an ACT prep class and a College prep class (one student to teach each per semester). Volunteers can also get involved in a yoga/fitness class and help to start a Girl Scouts' program. Students are welcome to propose new programs for court-involved youth (i.e. how to balance a checkbook).

How to get involved: Call or e-mail.

Faulkner County Juvenile Probation Officer Program

510 S German Ln., Conway

Phone: 501-328-5922 Contact: Faye Shepherd

E-Mail: faye.shepherd@faulknercounty.org

What it is: It is a mentorship program for at risk youth. Their mission is to provide juveniles with increased adult supervision to prevent future delinquency and encourage appropriate behaviors to help these young people contribute to society on into adulthood.

What you can do: Volunteers are needed to meet at least once a week with youth for an hour. The visit can be conducted at the youth's home or at the probation office. Volunteers are needed to help youth prepare for school by discussing school life and work.

<u>How to get involved:</u> Contact via email or phone call. To volunteer you must be at least 20 years of age, attend a training session, and have a background check.

Faulkner County Library

1900 Tyler St., Conway Phone: 501-327-7482 Website: conway.fcl.org/ Contact: Judy Lovell Email: judy@fcl.org

What you can do: The library needs volunteers to help process books, shelve them, put them in order, etc. Book sales are held October and April and require volunteers. There is an adult and children's librarian who needs volunteers to create publicity through flyers and posters, and also takes interns to help with programming. There is a literacy council that teaches adults learn how to read and needs teachers.

<u>How to get involved</u>: Come in and fill out a form about basic interests and skills. They'll assign you to tasks based on what they need done and what you like to do.

Faulkner County Senior Citizens Program

705 E. Siebenmorgen Rd., Conway

Phone: 501-327-2895

Website: users.conwaycorp.net/fcseniors/index.htm

Contact: Debra Robinson

E-mail: conwaysrs@conwaycorp.net

<u>What it is:</u> The Senior Citizens Program provides transportation, congregate meals, home-delivered meals, and activities for senior citizens in Faulkner County.

What you can do: Volunteers are needed to take meals to the elderly (routes are one hour or less), socialize with senior citizens at the center, and help with regular events such as dances and bingo. Volunteers can also assist with fundraisers, clean vans and mow/weed eat on the property.

<u>How to get involved:</u> Everyone is welcome, but please let us have a week's notice before volunteering. Background checks are required for those delivering meals.

Faulkner County Urban Farm Project

Address: 1900 Tyler St., Conway

Phone: 501-626-2310

Website: www.fcurbanfarmproject.org

Contact: Sean Ott E-mail: sean@fcl.org

What it is: A community garden dedicated to teaching people how to grow food sustainably, and connect the community with fresh, healthy, seasonal local food. Garden produce is donated to volunteers and a local food pantry, thus addressing the larger issue of food insecurity in Conway and the greater Faulkner County region.

What you can do: Come to the garden workdays (posted on the website), volunteer at festivals and other special events, become an intern or service learner.

<u>How you can get involved:</u> Fill out the volunteer interest form at www.fcurbanfarmproject.org/volunteer or contact through email or Facebook: Faulkner County Urban Farming Project.

<u>First United Methodist Church – Food Pantry</u>

1610 Prince St., Conway (located in Conway FUMC)

Phone: 501-327-2162

Website: www.conwayfumc.org/outreach.html

Contact: Kisha Bumpers

Email: kbumpers@conwayfumc.org

What it is: Conway First United Methodist Church Food Pantry hands out food sacks on the 2nd & 4th Thursdays, 4:00pm-6:00pm and the 2nd & 4th Saturdays, 10:00am-12:00pm.

What you can do: Volunteers can help sack food, unload groceries after grocery runs, and work on pantry days. How to get involved: Call or e-mail to set up a time to volunteer. Once you are scheduled to volunteer you must sign in at the welcome center of the church, in the main lobby. There is no background check needed.

Florence Crittenton Family Ministries

3600 W. 11th St., Little Rock

Phone: 501-663-3129 Website: www.fwbfm.com Contact: Debbie Stripling E-mail: stripling@fwbfm.com

What it is: Provides emergency foster care and shelter for children in need. The program is affiliated with Family Ministries in Greenville, TN.

What you can do: Volunteers are needed to help do yard work, paint, and wash windows. Volunteers may also work with boys and girls of ages ranging from 6-17. Internships are available.





<u>How to get involved:</u> If you want to work directly with the children, there is some paperwork and a background check to go through. Otherwise, call and let them know you'd like to serve as a volunteer.

Girls Scouts- Diamonds of AR, OK, and TX

Phone: 501-563-9533

Website: www.girlscoutsdiamonds.org

Contact: Kitti Jackson

E-mail: kjackson@girlscoutsdiamonds.org

What it is: Girl Scouting builds girls of courage, confidence, and character who make the world a better place.

What you can do: We need troop leaders, assistant troop leaders, and adult volunteers.

How to get involved: Contact Kitti Jackson.

Glenhaven Ministries

317 West Oak St., Conway Phone: 501-358-6314

Website: www.glenhavenministries.org

What it is: Glenhaven's mission statement is to care for children and families in their distress. Glenhaven specifically works with at-risk middle and junior-high schoolers by providing tutoring and mentorship through a variety of programs. What you can do: Be a mentor or tutor in the new Sparks program. Time commitments are flexible. Volunteers are needed in both one-on-one and group activities.

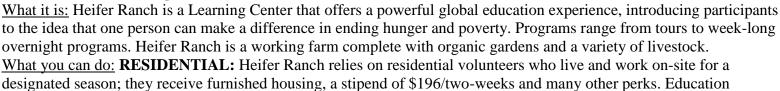
<u>How to get involved:</u> Check out the website to get a volunteer application. Background checks are required, and are covered by Glenhaven.

Heifer International/Heifer Ranch

55 Heifer Rd., Perryville Phone: 501-889-5124

Website: www.heifer.org/volunteer

Contact: Rebecca Roetzel E-mail: lcvol@heifer.org



volunteers lead tours, facilitate overnight programs and assist in other departments. Livestock volunteers work directly and indirectly with animals including daily chores and service-learning groups. Guest Operations volunteers welcome drop-in visitors, give tours, run the gift shop and answer phones. Farmer Chef volunteers work in the 5-acre garden, prep produce for Heifer's CSA, lead service-learners and work in the kitchen. **COMMUNITY:** The Conway Heifer Club assists with outreach and special events in the Conway area. They host a 20K Trail Run on Petit Jean each April and volunteer at the Ranch's three public events in March, August and December.

<u>How you can get involved:</u> To start the process, visit the website - www.heifer.org/volunteer and fill out an interest form. A Heifer staff member will then be in contact with you depending on your interests and availability.

Heifer International (Heifer Village)

1 World Ave., Little Rock Phone: 501-907-8831

Website: www.heifer.org/volunteer

What it is: Heifer Village on the Heifer International Campus in downtown Little Rock introduces visitors to the possibility of a world free of hunger and poverty. A hands-on, global education facility has interactive exhibits that provide a stimulating and challenging educational experience for all.



LENHAVEN



What you can do: Volunteers are needed in the following areas: Visitor Relations, Tour Guides, Educational Programing, Shop Assistance (earth-friendly products), Special Events, and Office Assistants. Volunteers must commit to a minimum of four to five hours a week for at least 3 months. Shifts available are Monday through Saturday 8:45am-5:00pm. All volunteers must complete training given by Heifer.

How you can get involved: Visit the website and fill out a volunteer interest form.

Help for Abuse Victims in Emergency Need (HAVEN)

1701 Donaghev Ave., Conway

Phone: 501-327-1701 Website: havenmt.org **Contact: Debra Bradley** E-mail: haven@caiinc.org



What it is: Provides abused or neglected females ages 6 to 18 with a safe place to live, caring adults to listen, and counseling services. Volunteers are needed to sponsor food and clothing drives, do yard work, serve as tutors, or be a mentor.

What you can do: Male and female volunteers are welcome to help with the yard work, other manual tasks, and the supply drives; for these tasks, there are no application requirements. Just call ahead and express your interest. Only females 21 or older can work directly with the girls who reside at Haven. For direct contact a volunteer application with three letters of references and a twenty-five dollar background check is required. It can take two weeks for background check to process.

How to get involved: Call or email for more information.

Hospice Home Care

821A N. Creek Dr., Conway

Phone: 501-336-9172

Website: www.hospicehomecare.com

Contact: Debbie Wheeler

E-mail: DWheeler@hospicehomecare.com

What you can do: Compassionate volunteers are needed to help in and around the home, with shopping, transportation,

and companionship, as well as with office work directly at HHC.

How to get involved: Call to make an appointment; there is some training involved.



Website: www.fixingfaulknercountv.com

Contact: Dr. Jane Harris (Hendrix Religion Department)

E-mail: fixingfaulknercounty@gmail.com

What it is: The Humane Society of Faulkner County provides shelter and medical attention to animals of abuse or abandonment. They also provide adoptions for animals needing a home.

What you can do: Volunteers are needed at The Companion Thrift Store (2219 Washington Ave.), sorting through donated items and pricing them. There is also a dog park (in the Don Owen Recreation Complex behind the Conway Sports Center) that needs regular cleanup of trash, etc., and provides an opportunity to play and be with dogs. Direct involvement with animals at the clinic requires training and a weekly commitment given by the Humane Society. How to get involved: Contact Dorris Flattery (501-932-4444) to volunteer at The Companion Thrift Store, Judi Standridge (501-471-4116) to volunteer at the dog park, and Dr. Jane Harris (Raney 110 or harris@hendrix.edu) for general information and volunteering at the clinic.



Independent Living Services, Inc.

615 East Robins St., Conway

Phone: 501-580-0098

Website: www.indliving.org Contact: Robert D. Wright E-mail: robert@indliving.org



What it is: ILS helps people with developmental and intellectual disabilities live as independently as possible. What you can do: Volunteers are needed to help with areas such as administrative tasks, social activities, computer repair, transportation for shopping, art projects, music therapy, social activities, mentoring, friendship, event management, photography, videography, etc.

<u>How to get involved:</u> Email or call the above contact for more information; application and background check are required (no cost).

Kindred Hospice

770 Factory St., Conway Phone: 501-764-1626

Website: gentiva.com/hospice

Contact: Laura Shirley

E-mail: laura.shirley@gentiva.com

<u>What it is:</u> Kindred Hospice improves quality of life for patients facing terminal diagnoses while providing support for their loved ones. Hospice is a compassionate, patient-centered approach focused on maintaining dignity, increasing quality of life, and providing comfort.

What you can do: Volunteers are an integral part of our philosophy. They can brighten the day of persons with terminal illness simply by giving a friendly smile and a little bit of your time. Patients living in nursing homes or at home with family benefit greatly from cheerful visitors. Kindred Hospice is looking for compassionate volunteers who enjoy brightening the day of individuals in local nursing homes. Watch TV, read, listen and talk, reminisce, or sit outside on the porch. Help is also welcome by reaching out to the nursing homes and community centers by helping with Bingo night, hosting the monthly Birthday party, or passing out cookies for staff appreciation events. Volunteers are also there to step in when a family member needs a break, and they are there for the family and friends after a loved one has passed away.

<u>How to get involved:</u> Volunteering is flexible and there is no specific time commitment. Our volunteers receive orientation on a variety of healthcare topics and on-site training is provided. Individuals and groups are welcome.

Literacy Action of Central Arkansas

1900 Tyler St.

Phone: 501-329-7323

Website: www.literacyactionar.org

Contact: Aaran Mattson

E-mail: amattson@literacyactionar.org

What it is: The Literacy Council works with adults 18+ who are on or below a 6th grade reading level and individuals with English as a second language to improve their English literacy skills.

What you can do: Volunteers are needed for various duties, especially tutoring (adult literacy or English as a second language).

<u>How to get involved:</u> Contact the program through phone, e-mail, or the website. You will need to fill out a tutor profile form and attend a tutor workshop, which are usually held on the 3rd Saturday of each month.



Literacy Action
of Central Arkansas

The Locals

Address: Conway Phone: 479-259-1727

Website: www.thelocals.be Contact: Sandra Leyva

E-mail: info@laluchaspace.com



What it is: The Locals is a creative place-making organization that strives to bring people together to make Conway a more creative, unique, and vibrant place to live. We are dedicated to connecting individuals with local projects, groups, and events that cultivate each person's interests and skills through participation. We support and promote local producers, including farmers, artists, techies, and other creatives, enriching our community with the talent we hope to retain and attract to Conway. We are a community outreach and development organization that wants to engage you with the place you live in.

What you can do: Participate in one of the events (posted on the website), volunteer for a program, at pop-up farmers markets, festivals and other special events, become an intern or service learner. Other jobs include making posters and designing publicity, blogging for the organization, and working in the garden.

<u>How you can get involved:</u> Fill out the volunteer interest form http://www.thelocals.be/volunteer or contact through email or Facebook: The Locals Be.

Maumelle Senior Wellness Center

2 Club Manor Cove, Maumelle

Phone: 501-851-4344 Contact: Gloria Mayo

E-mail: GMayo@Maumelle.org

What it is: The Department of Senior Services was created in 2005 to promote aging-in-place by providing transportation, education, social and recreational activities to area citizens 50 years and older.

What you can do: Volunteers can work on the culinary staff preparing meals for area seniors, deliver meals to residents of Audubon Point, and provide transportation to seniors for non-emergency medical appointments free of charge. Volunteers can also help in administrative duties like preparing the newsletter.

<u>How to get involved</u>: Email beforehand between 8:00am-5:00pm from Mondays-Fridays; complete volunteer application form. Note that the wellness center has many permanent volunteers, so a temporary volunteer would act as a substitute if possible.

Maureen Skinner for Senate

Contact: Jessica Angel

E-mail: jessica@skinner4senate.org

Phone: 501-932-7357

Website: www.skinner4senate.org

What it is: As quoted from Maureen's issues page: "My goal, as your Senator, is to bring my problem solving and listening skills to the discussion. I'll use these skills to work with the legislature to enact laws that improve the lives of all Arkansas. I'll work for the people instead of party or special interest groups. This cannot be done by one person. This can only be done if we work together and listen to the people who vote. One thing I notice as I write this is that these issues have been around awhile. The people in office have had a lot of time to "figure it out" and while there has been progress, we have a long way to go. I will listen. I will speak up. I will not be influence by the special interest groups or PACs or Lobbyists. The job of elected officials is to be the voice of the people who voted. I want to be your voice."

What you can do: Help your friends get involved and help them register to vote! Join Maureen's campaign team as we write post cards, call our neighbors, and walk on doors asking others to support Maureen. As always, help spread the word and bring a friend to events!

How to get involved:

- -Email the Volunteer Coordinator page, Jessica, at jessica@skinner4senate.org
- -Join Maureen's volunteer group: https://www.facebook.com/groups/MaureenSkinnerVolunteers/
- -Like Maureen's Facebook page: https://www.facebook.com/maureenskinnerforarkansassenate/



Milestones Services, Inc. 1700 South Blvd., Conway

Phone: 501-329-2164

Website: www.milestonesconway.org

Contact: Teresa Little

E-mail: tlittle@milestonesconway.org

What it is: Our mission is to empower, through love and respect, children and adults with developmental delays or developmental disabilities, so they achieve their maximum potential.

What you can do: Volunteer opportunities are varied: yardwork, cleaning, enrichment activities with young children (reading, music, art, physical activities, etc.), and fundraising.

<u>How to get involved:</u> To assist in the classroom, you will need to complete an application, provide references and have a background check (no cost). For other activities call ahead or just walk in and explain that you would like to help.

Mosaic Templars Cultural Center

501 W. Ninth Street Little Rock, AR 72201 Phone: 501-683-3593

Website: https://www.mosaictemplarscenter.com

Contact: Desara Grant

E-mail: desara.grant@arkansas.gov

What it is: The mission of the Mosaic Templars Cultural Center is to preserve, interpret, and celebrate African American history and culture in Arkansas.

What you can do: Students can expect to work in the kids zone during events and festivals, be a greeter or work at an information table, or help with set up and tear down. Committed volunteers can also be trained to give tours, teach programs, and help with Saturday kids events like story time and family fun day.

The Museum of Discovery

500 President Clinton Ave Suite 150

Little Rock, AR Phone: 501-891-6327

Website: www.museumofdiscovery.org

Contact: Lennie Massanelli

E-mail: lmassanelli@museumofdiscovery.org

What it is: The Museum of Discovery is Arkansas's premier science and technology center, and our mission is to ignite a passion for science, technology, engineering, arts, and math in a dynamic, interactive environment.

What you can do: Volunteers are needed to help with special events (such as the monthly 'Science After Dark' for ages 21+ or 'Tinkerfest' – our biggest event of the year), help with 'Wiggle Worms' (our weekly early childhood program), assist our guests throughout the museum galleries, and show-and-tell our live animals to our guests.

How to get involved: E-mail Lennie Massanelli at lmassanelli@museumofdiscovery.org for an application.

Planned Parenthood Great Plains

Website: www.ppgreatplains.org

Phone: 501-666-3243 Contact: Zack Baker

E-mail: zack.baker@ppgreatplains.org

<u>What it is:</u> Our mission is to uphold the standard for providing high quality sexual and reproductive health care. We seek to provide education that promotes informed, proud, and authentic sexuality. We further seek to change the culture through proactive advocacy to ensure equality in reproductive and sexual decision making.

What you can do: Volunteer opportunities include phone banking, making supplies, tabling, and outreach.

How to get involved: Contact Zack Baker (info above).

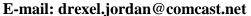


A MUSEUM OF AFRICAN AMERICAN HISTORY

Quapaw Quarter UMC Community Breakfast

1601 S. Louisiana St., Little Rock

Phone: 501-350-3055 **Contact: Drexel Jordan**



What it is: Community Breakfast is a homeless feeding program on Sunday mornings that compensates for a lack of meal opportunities for the homeless on the weekends

What you can do: An all-volunteer staff prepares, serves, and cleans up the meal from 7:30am to 10:00am on Sunday mornings. Clothing donations are also welcome, specifically socks and shoes.

How to get involved: Call or e-mail for more information.



233 Pumpkin Center Cir., Quitman

Phone: 501-589-3291

Web site: www.elephantsanctuary.org

Contact: Heidi Riddle

E-mail: info@elephantsanctuary.org

What it is: Riddle's Elephant and Wildlife Sanctuary offers sanctuary to any elephant in need, regardless of species, gender, age or disposition.

What you can do: Volunteers are needed to help clean up the grounds, work in the garden, and do other physical labor activities.

How to get involved: Call Riddle's and tell them that you would like to volunteer. They will work with you and schedule the day and time when you can come out and start working.

The Salvation Army

2125 Harkrider St.

Conway

Phone: 501-329-1712

Website: www.salvationarmyaok.org/conway

Contact: Patrishia Knott

E-mail: patrishia.knott@uss.salvationarmy.org

What it is: The mission of the Salvation Army is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

What you can do: Volunteers are needed to stock the food pantry, assist our clients, sort donations, hang clothing, help children with homework, teach music lessons, answer the phone, and clerical / accounting work.

School Gardens and Farm to School in Arkansas

1 Children's Way, Little Rock

Phone: 501-364-3390

Website: www.arteengarden.com

Contact: Emily English E-mail: esenglish@uams.edu

What it is: The Childhood Obesity Prevention Research Program at Arkansas Children's Hospital Research Institute conducts research and programming aimed at reducing childhood obesity in Arkansas through the use of school gardens and farm to school.

What you can do: Students interested in serving in a particular school or community garden can reach out to Emily and she will connect them. Students interested in volunteering within the organization can assist as we develop curriculum, service site, and service member support via Arkansas GardenCorps. They can also work with us to develop and provide technical support for Arkansas Farm to School via our website, monthly conference calls, and training events.



Quapaw Quarter UNITED METHODIST CHURCH



How to get involved: Call or (preferably) email for more information.

Sexual Assault Crisis Response of Central Arkansas

Phone: 501-358-6217

Website: www.conwaywomensshelter.com

Contact: Regina Warner E-mail: sacr@conwaycorp.net

What it is: We advocate for those who have become victims of Sexual Assault or Domestic Violence.

What you can do: Become a Sexual Assault Advocate, hand out flyers and brochures around your town or college

campus, etc.

How to get involved: Please e-mail sacr@conwaycorp.net or call Regina Warner at 501-358-6217

Single Parent Scholarship Fund of Faulkner County

P.O. Box 1212, Conway, AR, 72033

Phone: 501-420-4638 Website: www.aspsf.org

Contact: Daphne Scott, Program Manager

E-mail: dscott@aspsf.org

What it is: Our Mission Statement is enabling impoverished single parents to complete a post-secondary program of study that leads to better jobs, higher wages, and a better standard of living for themselves and their children. The Single Parent Scholarship Fund of Faulkner County provides financial support and encouragement, and student development workshops, to vulnerable single parents who, while raising a family and often working one or two jobs, are also going to college or are in a training or certificate program. Our financial scholarships are unrestricted and can be used to cover students' unique expenses that might otherwise delay or derail their education.

<u>What you can do:</u> Volunteers are needed year round to assist in reviewing scholarship applications, interviewing single parents for scholarships, and making funding decisions about who receives scholarships. We complete this process in three cycles per year – the Fall semester, the Spring semester, and summer school sessions.

How to get involved: Simply call or e-mail us for more information and we will contact you shortly.

Soaring Wings Ranch

Greenbrier Middle School library and media center

Phone: 501-849-2253

Website: www.swranch.org

Contact: Julia Groce

Email: julia@soaringwingsranch.com

What it is: Seeks tutors and mentors to help with the foster children on Tuesdays and Thursdays that live at the ranch. From the website: Soaring Wings Ranch is a Christ-centered ministry that serves children who are abused, abandoned, neglected, orphaned, or in need of a strong family structure. The Ranch provides a loving and stable home where kids can develop and grow spiritually, emotionally, intellectually, and socially. The children who live at the Ranch receive hope and healing through educational development, counseling, a loving family environment, and the life-changing gospel of Jesus Christ.

<u>How to get involved:</u> A brief application is required, and volunteers are encouraged to commit to 6 sessions with the same student or small group.



SINGLE PARENT

CHRISTIAN HOME AND RANCH

Soul Food Café Mission

1717 S. Donaghey

Conway

Phone: 501-697-7405

Website: www.soulfoodcafemission.org

Contact: Traci Harvey

E-mail: Tharvey@arkansasres.com

<u>What it is</u>: This local mission is committed to helping "people in our community or those passing through our community to receive, without hassle or precondition, free hot meals, food boxes and/or clothing" (mission statement). Open Tuesdays only. Hot lunch served 11:30am-12:30pm; food and clothing boxes available beginning mid-morning. Evening meals also offered on some Tuesdays. During the lunch, a Christian worship service is offered, but there is no faith requirement to receive services or to volunteer.

<u>What you can do:</u> Volunteers are needed to help serve the meals Tuesdays, help unload groceries and prepare boxes for the Food Pantry. Volunteer hours are from 9am-3pm on Tuesdays.

<u>How to get involved:</u> Call or e-mail for more specific information. Walk-ins are welcome anytime between 9am and 3pm on Tuesday.

Stewpot Soup Kitchen and Clothing Closet

800 Scott St., Little Rock Phone: 501-952-8871 Contact: Nancy Rorex E-mail: nrorex@gmail.com

What it is: Stewpot provides those living on the streets with basic necessities, such as food, clothing, and medical attention.

What you can do: The soup kitchen offers a free meal every week day from 12:00pm-1:00pm. Volunteers should arrive no later than 11:45am. The clothing closet is open on Thursdays. Volunteers are needed both for set up between 10:00am and 12:00pm and for handing out clothes on Thursdays.

How to get involved: Call or email for more information.



1110 Oak St., Conway Phone: 501-327-5087 Website: www.uwcark.org Contact: Maret Cahill-Wicks E-mail: Mail@uwcark.org

What it is: United way of Central Arkansas will improve and enhance the lives of people in our communities by addressing and meeting their needs through the generosity and work of advocates, volunteers, and donors.

What you can do: Volunteers are needed for Our Stuff the Bus event that happens every August to help raise school

supplies and toiletry items for children in the counties we serve, Our Day of Caring event that helps local non-profits, schools, and government agencies with miscellaneous projects, and the Turkey Trot, our annual 5k race on Thanksgiving Day. We also have internship opportunities for spring, fall, and summer semester.

Day. We also have internship opportunities for spring, ran, and summer semester

How to get involved: Call or e-mail for more information. You may also visit www.uwcark.org/volunteer to sign up.



Contact: Melanie Malone E-mail: mmalone@uaex.edu

Phone: 501-329-8344

Website: www.uaex.edu/faulkner

What it is: We are part of the University of Arkansas System Division of Agriculture. With offices in all 75 counties, our faculty and staff provide educational programs and research-based information to the people of Arkansas.



soulfood cafémission



What you can do: Assist with office chores, youth programs, lawn and garden activities, and family consumer science events.

Village Park of Conway, INC.

1622 Scott St., Conway Phone: 501-327-6428

Website: www.villageparkofconway.com

Contact: Crystal Fields

E-mail: hsd@villageparkofconway.com

How you can help: Participate in entertainment events, help with arts/crafts, or music, and just visit with the residents.

Help with transportation, receptionist duties, and kitchen work is also needed.

How to get involved: Walk-in's welcome (no application process), call ahead.



200 River Market Ave Little Rock, AR 72202 Phone: 501-244-9740

Website: www.womensfoundationarkansas.org

Contact: Ryder Buttry

E-mail: rbuttry@womensfoundationarkansas.org

What it is: The mission of the Women's Foundation of Arkansas is to engage our community to promote women and girls in Arkansas, so they realize and achieve their full potential.

What you can do: Volunteers are needed for our Girls of Promise conference committee, Girls of Promise conference day-of-volunteers, Girls of Promise Coding Summit (must have coding/computer science background), and Power of the Purse day-of-volunteers.

<u>How to get involved</u>: If you'd like to get involved, you can reach out to use via our website www.womensfoundationarkansas.org, e-mail us at admin@womensfoundationarkansas.org, or call us at 501-244-9740.

Women's Shelter of Central Arkansas

Phone: 501-329-7405

Website: www.conwaywomensshelter.com

Contact: Lisa Fuller

E-mail: wsca6@conwaycorp.net

<u>What it is:</u> The shelter provides emergency shelter, advocacy, and support to battered women/children. Volunteers are needed to help with childcare, weekend recreational activities for adults and children, yard maintenance, answering the crisis hotline, legal advocacy, clerical work, sorting donations, and coordinating donations and volunteers.

What you can do: Male and Female volunteers are needed for lawn maintenance, moving furniture or similar work. Female volunteers are needed for service involving direct contact with residents, such as childcare, weekend recreational activities for adults and children, legal advocacy, clerical work and answering the crisis hotline (males can also answer hotlines). Internships are available for women in the following areas: legal advocacy, non-profit administration, social work, and child advocacy.

<u>How to get involved:</u> Call or e-mail for more information. Volunteers must attend a volunteer training class, which is held frequently. Volunteers who will work directly with residents in an unsupervised setting must have a background check.



Youth Home

20400 Colonel Glenn Rd., Little Rock

Phone: 501-821-5500

Website: www.youthhome.org/index.html

Contacts: Shelly Zellner

E-mail: shellyze@youthhome.org

What it is: Youth Home, Inc. is a private, non-profit treatment center for emotionally troubled adolescents and their families with the mission of helping those individuals become healthier contributing members of the community. What you can do: There are many ways for volunteers to get involved at the Youth Home. Individuals can provide special services in which they are capable (i.e. music/art lessons, sports clinics, DJ, hairstylist etc.) or participate in special events and fundraisers.

How to get involved: Call or e-mail for more information.