VOLUNTEER OPPORTUNITIES FOR HENDRIX STUDENTS

2016-2017

Revised 9/28/2016

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HENDRIX MILLER CENTER FOR VOCATION, ETHICS & CALLING

501-450-4590 SLTC 133
millercenter@hendrix.edu

HENDRIX VOLUNTEER INTIATIVES

Buddy Program (Volunteer Action Committee)

Contact: Isabella Crang, Coordinator
E-mail: CrangII@hendrix.edu
What it is: Hendrix students are paired with a child at Ida Burns Elementary School, Independent Living Services, or Village Park and meet with him/her once a week for mentoring, socializing, or informal tutoring.
How to get involved: Contact the Coordinator and they will work with you to find a match.

Hendrix Garden Club

Contact: Elizabeth Soo and Cade Nelson, Co-Presidents
E-mail: SooEM@hendrix.edu; NelsonCI@hendrix.edu
What it is: The garden club consists of a group of students maintaining the campus garden. Members meet every Friday (time depending on season) to plant, cultivate and harvest crops. The club hosts a "Garden Party" every semester in which students can enjoy local food, music and festivities.
What you can do: Volunteers are needed every Friday and for other scheduled workdays. They are also needed in preparation for the garden parties.
How to get involved: Contact the garden club Presidents to be placed on the email list.

Hendrix for Habitat

Contact: Krys Stetler, President
E-mail: StetlerKC@hendrix.edu
What it is: Habitat builds affordable houses for low-income and homeless families, as well as victims of natural disaster and war, around the world.
What you can do: Volunteers are needed for constructing homes, fund-raising, public relations and office work.
How to get involved: For office work, contact the Faulkner County Chapter of Habitat located at 1025 Front Street, 513-3244. For construction work and updates about the Hendrix chapter, contact the club chair.

Environmental Concerns Committee (ECC)

Contact: Kevin Krajcir, Chair
E-mail: KrajcirKJ@hendrix.edu
Website: hendrix.edu/ECC
What it is: A student-led organization that focuses on addressing the environmental and sustainability needs of the campus and greater Conway community. Members wear green jumpsuits and recycle all over campus, run the Free Store, get involved with sustainable projects in the Conway and Little Rock area, and run all the sustainable programs at Hendrix.
How to get involved: Contact the e-mail above requesting to be on the e-mail list to receive updates, stop by the bi-weekly meetings (7pm on Thursdays in SLTC 105), or look at our website or Facebook (http://Facebook.com/HendrixECC) to find out more.

Volunteer Action Committee (VAC)

Contact: Mattie Thacker, Chair
E-mail: ThackerMB@hendrix.edu
What it is: A student-led organization that creates volunteer opportunities in Conway and Central Arkansas for Hendrix students every Saturday.
How to get involved: Contact the email above requesting to be on the email list to receive weekly updates of each Saturday's project plus other events that VAC is hosting. You can also stop by the weekly meetings (6pm on Sundays in the SLTC kitchen), or stop by the VAC Office (SLTC 125) to find out more.

For involvement in other Hendrix student organizations, visit this page:
http://www.hendrix.edu/studentactivities/studentorganizations

AIDING THOSE WITH DISABILITIES

Camp Aldersgate, Inc.
2000 Aldersgate Rd., Little Rock
Phone: 501-225-1444
Website: www.campaldersgate.net
Contact: Ali Miller-Berry
E-mail: amiller@campaldersgate.net

What it is: Camp Aldersgate is Arkansas' only non-profit uniquely dedicated to providing year-round programming opportunities for children with and without special needs. Camp Aldersgate offers summer and weekend camps for children with and without special needs, a specialized youth volunteer training program, and one of the area's longest running programs for senior adults. Camp Aldersgate is one of eight camps in Arkansas accredited by the American Camp Association and continues to be the only camp in Arkansas designed for children with special needs.
What you can do: During the school year, there are weekend camps that require camp counselors as well as fundraisers and special events that need volunteers. During the summer, counselors are needed for the summer camp programs and weekend camping programs.
How to get involved: Visit our website, call or email for more details.

Faulkner County Day School
1700 South Blvd., Conway
Phone: 501-329-2164
Contact: Teresa Little (for children) or Penny Castilaw (for adults)
E-mail: tlittle@fcds-conway.org; pcastilaw@fcds-conway.org



What it is: Provides services for individuals with developmental disabilities and support for their families. Through the Milestones program, the Day School offers childhood service for ages 6 weeks to 5 years. Through the Work Force, adults with developmental disabilities receive job assistance. Help and care for children and adults in an at-home or in-community setting is provided through Alternative Community Services.
What you can do: For the children's programs, volunteers are needed to clean toys and rooms, to help with the big fundraisers (a 5K run in the fall; omelet breakfast in the spring), and to help with yard work around the playground. If you have a longer time to commit, you can volunteer to assist teachers in the classroom. For the adults in Work Force, volunteers are needed to sponsor dances and other activities. People that like to take photos or make videos are also welcome to volunteer to work on advertising and publicity and training videos.
How to get involved: To assist in the classroom, you will need to complete an application, provide references and have a background check (no cost). For other activities call ahead or just walk in and explain that you would like to help.

Independent Living Services, Inc.
615 East Robins St., Conway
Phone: 501-327-5234 x 314
Website: www.indliving.org
Contact: Robert Wright
E-mail: robert@indliving.org

What it is: ILS helps people with developmental and intellectual disabilities live as independently as possible.
What you can do: Volunteers are needed to help with areas such as administrative tasks, social activities, computer repair, transportation for shopping, art projects, music therapy, social activities, mentoring, friendship, event management, photography, videography, etc.
How to get involved: Email or call the above contact for more information; application and background check are required (no cost).

ARTS FOR SOCIAL CHANGE

AETN Foundation (Arkansas Educational Television Network)
350 S. Donaghey Ave., Conway
Phone: 501-450-1759
Website: www.aetn.org
Contact: Sara Willis or Will Oldham
E-mail: volunteer@aetn.org
What it is: AETN provides lifelong learning opportunities to Arkansas through public television and educational services.
What you can do: Volunteers are needed to answer phones and operate cameras during March, June, August and December Pledge Drives. Other opportunities include various community events throughout the year such as PBS character appearances, AETN Family Day and AETN Kids Camp.
How to get involved: Contact the AETN office. No background check and some training sessions required.

Blackbird Academy of Arts
1058 Front St., Suite 102, Conway
Phone: 501-336-8200
Website: www.blackbirdacademy.org
Contact: Cecelia Cecil
E-mail: cecelia@blackbirdacademy.org
What it is: Blackbird Academy is a non-profit organization committed to giving all people in the Conway community an opportunity to take part in artistic endeavors.
What you can do: Volunteers are needed year round to help with a variety of projects, classes, performances and events.
How to get involved: Call or email to set up a time to volunteer.

Conway Symphony Orchestra
Phone: 501-269-1066
Website: www.conwaysymphony.org
Contact: Vicki Crocket
E-mail: symphony@conwaycorp.net
How you can help: Volunteers are needed to help with general projects, concerts, special events and children's activities.
How to get involved: Call ahead and check for upcoming volunteer needs that match your interests. There is no application or background check.

ANIMAL CARE

Conway Animal Welfare Unit
4550 Hwy 64 West, Conway
Phone: 501-450-6160
Website: www.conwayanimalwelfare.org
What it is: The Animal Welfare Unit provides facilities, environment and care for abandoned animals.
What you can do: Volunteers are needed year round to bathe and play with animals, as well as perform other small tasks.
How to get involved: Volunteers are required to take a one-time volunteer class with the Welfare Unit. The class is offered about once every month, and lasts for about an hour and a half. Check their website or call the Unit to see when the next class is offered.

ANIMAL CARE, CONT.

Humane Society of Faulkner County
Website: www.fixingfaulknercounty.com
Contact: Dr. Jane Harris (Hendrix Religion Department)
E-mail: fixingfaulknercounty@gmail.com
What it is: The Humane Society of Faulkner County provides shelter and medical attention to animals of abuse or abandonment. They also provide adoptions for animals needing a home.
What you can do: Volunteers are needed at The Companion Thrift Store (2219 Washington Ave.), sorting through donated items and pricing them. There is also a dog park (in the Don Owen Recreation Complex behind the Conway Sports Center) that needs regular cleanup of trash, etc., and provides an opportunity to play and be with dogs. Direct involvement with animals at the clinic requires training and a weekly commitment given by the Humane Society.
How to get involved: Contact Dorris Flattery (501-932-4444) to volunteer at The Companion Thrift Store, Judi Standridge (501-471-4116) to volunteer at the dog park, and Dr. Jane Harris (Raney 110 or harris@hendrix.edu) for general information and volunteering at the clinic.

Riddle's Elephant and Wildlife Sanctuary
233 Pumpkin Center Cir., Quitman
Phone: 501-589-3291
Web site: www.elephantsanctuary.org
Contact: Heidi Riddle
E-mail: info@elephantsanctuary.org
What it is: Riddle's Elephant and Wildlife Sanctuary offers sanctuary to any elephant in need, regardless of species, gender, age or disposition.
What you can do: Volunteers are needed to help clean up the grounds, work in the garden, and do other physical labor activities.
How to get involved: Call Riddle's and tell them that you would like to volunteer. They will work with you and schedule the day and time when you can come out and start working.

COMMUNITY IMPROVEMENT

Arkansas Asset Builders
608 E Robins St., Conway
Phone: 501-503-2123
Website: arkansasassetbuilders.org
Contact: Joyia Yorgey
E-mail: info@arkansasassetbuilders.org
What it is: Provides free tax preparation service for low- and moderate-income households
What you can do: Volunteers can serve as tax preparers, client intake specialists, or translators for clients with limited English proficiency. Training is provided for all roles, including basic tax law certification course for tax preparers. Commitment is 3 hours per week, January through April.
How to get involved: E-mail us to be added to our volunteer mailing list. Training dates and times will be publicized in December/January. For more information, visit our website or follow our Facebook page.

COMMUNITY IMPROVEMENT, CONT.

Central Arkansas Development Council (CADC)
321 Edison Ave., Benton
Phone: 501-778-1133
Website: www.cadc.com
Contact: Evelyn Reed
E-mail: ereed@cadc.com
What it is: A community development organization that supports Head Start programs, nutrition programs, senior citizen centers, distributes commodities, and provides utility assistance. The council covers twelve counties, and is heavily active in the Little Rock area.
What you can do: Volunteers are needed in all programs. Commodity food bagging programs are always in need of volunteers to package and distribute food. Volunteers are also needed to help with the Free Tax Program/VITA, Single Parent Scholarship Fund and Utility Assistance Program.
How to get involved: Call or e-mail for more information.

City of Hope Outreach
608 E. Robins St., Conway
Phone: 501-205-1614
Website: www.coho58.org
Contact: Ashton Covington
Email: stategrad_2008@yahoo.com
What it is: The mission of City of Hope Outreach is to teach people what it means to be human and love their neighbor. They work closely with disadvantaged communities, support homeless people to get back on their feet, and love and care about Conway.
What you can do: Volunteers are primarily needed during the school year to help with after school tutoring with the kids. Other ways to get involved include helping with events throughout the year (events are listed on the event page on the website) and helping maintain the three trailer parks where City of Hope's offices are located and can include litter pick-up, playground updates, painting fences, etc.
How to get involved: Fill out the application online (www.coho58.org/connect.html) or call between the hours of 9am and 3pm Monday through Thursday and talk to someone about an opportunity.

Conway Ministry Center
766 Harkrider St., Conway
Phone: 501-358-6098
Website: conwayministrycenter.org
Contact: Scott Taylor
E-mail: scott@ministrycenter.org
What it is: The Conway Ministry Center is an arm of the local churches in Conway that partners with other like-minded and community organizations to meet the physical, relational, and spiritual needs of the poor in our community. We do this primarily through case management where individual comes in needing financial and other assistance, but we also run a client-choice food pantry called "The Storehouse" on Thursdays from 10 – 2. We also send clients to ministry partners who meet various needs in our community.
What you can do: We need people to do things on the spur of the moment, which we understand is difficult for some volunteers. Case management internships are available, but they most meet the requirements as set out by case management. If students wish to make plans to be available for an hour or two during the day to run errands or help with clients, we welcome that, though there are certain requirements for working with our clients directly due to the nature of our organization. We are working on other opportunities for volunteers, and we send an e-mail update to those interested each week.
How to get involved: For more information about the requirements of working with clients in organization, contact Scott Taylor. For information on case management internships, contact Spring Hunter at spring@ministrycenter.org. If a student would like to be added to the mailing list, they can go to the following link: http://eepurl.com/cfpiBz or click a link on our website.

COMMUNITY IMPROVEMENT, CONT.

Faulkner County Library



1900 Tyler St., Conway
Phone: 501-327-7482
Website: www.fcl.org
Contact: Judy Lovell
Email: judy@fcl.org

What you can do: The library needs volunteers to help process books, shelve them, put them in order, etc. Book sales are held October and April and require volunteers. There is an adult and children's librarian who needs volunteers to create publicity through flyers and posters, and also takes interns to help with programming. There is a literacy council that teaches adults learn how to read and needs teachers.

How to get involved: Come in and fill out a form about basic interests and skills. They'll assign you to tasks based on what they need done and what you like to do.

Humane Society of Faulkner County

Website: www.fixingfaulknercounty.com
Contact: Dr. Jane Harris (Hendrix Religion Department)
E-mail: fixingfaulknercounty@gmail.com

What it is: The Humane Society of Faulkner County provides shelter and medical attention to animals of abuse or abandonment. They also provide adoptions for animals needing a home.

What you can do: Volunteers are needed at The Companion Thrift Store (2219 Washington Ave.), sorting through donated items and pricing them. There is also a dog park (in the Don Owen Recreation Complex behind the Conway Sports Center) that needs regular cleanup of trash, etc., and provides an opportunity to play and be with dogs. Direct involvement with animals at the clinic requires training and a weekly commitment given by the Human Society.

How to get involved: Contact Dorris Flattery (501-932-4444) to volunteer at The Companion Thrift Store, Judi Standridge (501-471-4116) to volunteer at the dog park, and Dr. Jane Harris (Raney 110 or harris@hendrix.edu) for general information and volunteering at the clinic.

Literacy Action of Central Arkansas

1900 Tyler St.
Phone: 501-329-7323
Website: www.literacylittlerock.org
Contact: Lisa Armstrong
E-mail: larmstrong@literacylittlerock.org

What it is: The Literacy Council works with adults 18+ who are on or below a 6th grade reading level and individuals with English as a second language to improve their English literacy skills.

What you can do: Volunteers are needed for various duties, especially tutoring, which is a 3 hour time commitment per week.

The Locals

Address: Conway
Phone: 479-259-1727
Website: www.thelocals.be
Contact: Sandra Leyva
E-mail: info@laluchaspace.com

What it is: The Locals is a creative place-making organization that strives to bring people together to make Conway a more creative, unique, and vibrant place to live. We are dedicated to connecting individuals with local projects, groups, and events that cultivate each person's interests and skills through participation. We support and promote local producers, including farmers, artists, techies, and other creatives, enriching our community with the talent we hope to retain and attract to Conway. We are a community outreach and development organization that wants to engage you with the place you live in.

What you can do: Participate in one of the events (posted on the website), volunteer for a program, at pop-up farmers markets, festivals and other special events, become an intern or service learner.

How you can get involved: Fill out the volunteer interest form http://www.thelocals.be/volunteer or contact through email or Facebook: The Locals Be

COMMUNITY IMPROVEMENT, CONT.

United Way
1120 Oak St., Conway
Phone: 501-327-5087
Website: www.uwcark.org
Contact: Maret Cahill
E-mail: M.cahill@uwcark.org

What it is: United Way of Central Arkansas strives to mobilize the community to take collective action to create positive, lasting change. Through an annual campaign process, we raise funds which are then designated to community programs through Investment Grants. We believe that every person should have the opportunity to lead a life of human dignity and self-reliance.
What you can do: Give, Advocate, and Volunteer in the areas of education, income, and health. Fundraise and donate to help address those critical issues facing your community, educate yourself and your campus about critical community issues in education, income, and health, or serve, and recruit your peers to serve, in meaningful ways that help create lasting change. The office needs help with technological programming and will take interns.
How to get involved: Call or e-mail for more information. You may also visit www.uwcark.org/volunteer to sign up. Students are encouraged to come up with their own ideas for service projects in conjunction with United Way.

ENVIRONMENT & SUSTAINABILITY

Heifer International/Heifer Ranch
55 Heifer Rd., Perryville
Phone: 501-889-5124
Website: www.heifer.org/volunteer
Contact: Rebecca Roetzel
E-mail: lcvol@heifer.org

What it is: Heifer Ranch is a Learning Center that offers a powerful global education experience, introducing participants to the idea that one person can make a difference in ending hunger and poverty. Programs range from tours to week-long overnight programs. Heifer Ranch is a working farm complete with organic gardens and a variety of livestock.
What you can do: **RESIDENTIAL:** Heifer Ranch relies on residential volunteers who live and work on-site for a designated season; they receive furnished housing, a stipend of $196/two-weeks and many other perks. Education volunteers lead tours, facilitate overnight programs and assist in other departments. Livestock volunteers work directly and indirectly with animals including daily chores and service-learning groups. Guest Operations volunteers welcome drop-in visitors, give tours, run the gift shop and answer phones. Farmer Chef volunteers work in the 5-acre garden, prep produce for Heifer's CSA, lead service-learners and work in the kitchen.
COMMUNITY: The Conway Heifer Club assists with outreach and special events in the Conway area. They host a 20K Trail Run on Petit Jean each April and volunteer at the Ranch's three public events in March, August and December.
How you can get involved: To start the process, visit the website - www.heifer.org/volunteer and fill out an interest form. A Heifer staff member will then be in contact with you depending on your interests and availability.

ENVIRONMENT & SUSTAINABILITY, CONT.

Heifer International (Heifer Village)
1 World Ave., Little Rock
Phone: 501-907-2817
Website: www.heifer.org/volunteer
Contact: Tracey Chesser
E-mail: tracey.chesser@heifer.org
What it is: Heifer Village on the Heifer International Campus in downtown Little Rock introduces visitors to the possibility of a world free of hunger and poverty. A hands-on, global education facility has interactive exhibits that provide a stimulating and challenging educational experience for all.
What you can do: Volunteers are needed in the following areas: Visitor Relations, Tour Guides, Educational Programing, Shop Assistance (earth-friendly products), Special Events, and Office Assistants. Volunteers must commit to a minimum of four to five hours a week for at least 3 months. Shifts available are Monday through Saturday 8:45am-5:00pm. All volunteers must complete training given by Heifer.
How you can get involved: Visit the website and fill out a volunteer interest form or call the number listed above.

School Gardens and Farm to School in Arkansas
1 Children's Way, Little Rock
Phone: 501-364-3390
Website: www.arteengarden.com
Contact: Emily English
E-mail: esenglish@uams.edu
What it is: The Childhood Obesity Prevention Research Program at Arkansas Children's Hospital Research Institute conducts research and programming aimed at reducing childhood obesity in Arkansas through the use of school gardens and farm to school.
What you can do: Students interested in serving in a particular school or community garden can reach out to Emily and she will connect them. Students interested in volunteering within the organization can assist as we develop curriculum, service site, and service member support via Arkansas GardenCorps. They can also work with us to develop and provide technical support for Arkansas farm to school via our website, monthly conference calls, and training events
How to get involved: Call or (preferably) email for more information.

FAITH-BASED

Amazing Grace Café
1601 Prince St., Conway (located in First United Methodist Church of Conway)
Phone: 501-454-9611
Website: www.conwayfumc.org/outreach.html
Contact: Caroline Winningham
E-mail: caroline@conwaycorp.net
What it is: The mission of the Amazing Grace Café is to alleviate hunger by providing nutritious meals in an environment allowing our guests to feel welcome.
What you can do: Volunteers are needed to serve and clean up meals.
How to get involved: Call or email to set up a time to volunteer.

FAITH-BASED, CONT.

Bethlehem House

1115 Parkway Ave., Conway
Phone: 501-329-4862
Website: www.bethlehemhouse.net
Contact: Aimee Prince
E-mail: aimee@bethlehemhouse.net

What it is: A transitional shelter that provides patrons and others in need an evening meal, food boxes, and facilities to wash clothes and take a shower. We also provide temporary emergency shelter.
What you can do: Volunteers are needed to do yard work, stock the food pantry, provide child care for residents, help with tutoring, do office work, or help in the kitchen (prepare, serve, or clean up after an evening meal).
How to get involved: Call, e-mail, or go to the website to fill out an application.

CHI-St. Vincent Interfaith Clinic

830 N. Creek Dr., Conway
Phone: 501-932-0559 option 7
Website: www.conwayinterfaithclinic.org
Contact: Kittie Aaron
E-mail: cic@conwayinterfaithclinic.org

What it is: Provides medical treatment for uninsured and under-insured people in the community, as well as dental treatment for children and adults.
What you can do: Call for more information about volunteering.
How to get involved: Call, email, or stop by their office to get an application.

Daily Bread: First Presbyterian Church

2400 Prince St., Conway (located in First Presbyterian Church of Conway)
Phone: 501-764-1455
Website: www.dailybreadconway.weebly.com
Contact: Shelley Vangsnes
E-mail: shelleyv@uca.edu

What is it: Daily Bread provides a free evening meal every 1st and 3rd Thursday to those who are hungry or food insecure. The times available are 4pm to help with cooking, 5:15pm to help serve, and pm 5:45pm for cleanup.
What can you do: Volunteers are needed to help prepare and serve the evening meal from 4:00-7:30 p.m.
How to get involved: Call ahead, visit their website, or just come and tell them you'd like to help. Dates of service are located on the website. Times available are most conveniently found on the website. You can tell Shelley you would like to be on her email lists which sends out volunteer information. No regular commitment required, and you can volunteer as long or short as you need to. If transportation is an issue, Daily Bread can pick people up if notified by noon the day of service.

Florence Crittenton Family Ministries

3600 W. 11th St., Little Rock
Phone: 501-663-3129
Website: www.fwbfm.com
Contact: Debbie Stripling
E-mail: stripling@fwbfm.com

What it is: Provides emergency foster care and shelter for children in need. The program is affiliated with Family Ministries in Greenville, TN.
What you can do: Volunteers are needed to help do yard work, paint, and wash windows. Volunteers may also work with boys and girls of ages ranging from 6-17. Internships are available.
How to get involved: If you want to work directly with the children, there is some paperwork and a background check to go through. Otherwise, call and let them know you'd like to serve as a volunteer.

FAITH-BASED, CONT.

First United Methodist Church – Food Pantry

1610 Prince St., Conway (located in First United Methodist Church of Conway)
Phone: 501-327-2162
Website: www.conwayfumc.org/outreach.html
Contact: Kisha Bumpers
Email: kbumpers@conwayfumc.org

What it is: Conway First United Methodist Church Food Pantry hands out food sacks on the 2nd & 4th Thursdays, 4:00pm-6:00pm and the 2nd & 4th Saturdays, 10:00am-12:00pm.
What you can do: Volunteers can help sack food, unload groceries after grocery runs, and work on pantry days.
How to get involved: Call or e-mail to set up a time to volunteer. Once you are scheduled to volunteer you must sign in at the welcome center of the church, in the main lobby. There is no background check needed.

Glenhaven Ministries

317 West Oak St., Conway
Phone: 501-358-6314
Website: www.glenhavenministries.org

What it is: Glenhaven's mission statement is to care for children and families in their distress. Glenhaven specifically works with at-risk middle and junior-high schoolers by providing tutoring and mentorship through a variety of programs.
What you can do: Be a mentor or tutor in the new Sparks program. Time commitments are flexible. Volunteers are needed in both one-on-one and group activities.
How to get involved: Check out the website to get a volunteer application. Background checks are required, and are covered by Glenhaven.

Soaring Wings Ranch

Greenbrier Middle School library and media center
Phone: 501-849-2253
Website: www.swranch.org
Contact: Julia Groce
Email: julia@soaringwingsranch.com

What it is: Seeks tutors and mentors to help with the foster children on Tuesdays and Thursdays that live at the ranch. From the website: Soaring Wings Ranch is a Christ-centered ministry that serves children who are abused, abandoned, neglected, orphaned, or in need of a strong family structure. The Ranch provides a loving and stable home where kids can develop and grow spiritually, emotionally, intellectually, and socially. The children who live at the Ranch receive hope and healing through educational development, counseling, a loving family environment, and the life-changing gospel of Jesus Christ. A brief application is required, and volunteers are encouraged to commit to 6 sessions with the same student or small group.

FAITH-BASED, CONT.

Soul Food Café Mission
1501 Scott St. (First Church of the Nazarene)
Phone: 501-514-5325
Website: www.soulfoodcafemission.org
Contact: Rick or Traci Harvey
E-mail: soulfoodcafemission@gmail.com
What it is: This local mission is committed to helping "people in our community or those passing through our community to receive, without hassle or precondition, free hot meals, food boxes and/or clothing" (mission statement). Open Tuesdays only. Hot lunch served 11:30am-12:30pm; food and clothing boxes available beginning mid-morning. Evening meals also offered on some Tuesdays. During the lunch, a Christian worship service is offered, but there is no faith requirement to receive services or to volunteer.
What you can do: Volunteers are needed to help serve the meals Tuesdays, help unload groceries and prepare boxes for the Food Pantry. Volunteer hours are from 9am-3pm on Tuesdays.
How to get involved: Call or e-mail for more specific information. Walk-ins are welcome anytime between 9am and 3pm on Tuesday.

FOOD JUSTICE

Amazing Grace Café
1610 Prince St., Conway (First United Methodist Church of Conway)
Phone: 501-454-9611
Website: www.conwayfumc.org/outreach.html
Contact: Caroline Winningham
E-mail: caroline@conwaycorp.net
What it is: The mission of the Amazing Grace Café is to alleviate hunger by providing nutritious meals in an environment allowing our guests to feel welcome.
What you can do: Volunteers are needed to serve, and clean-up meals.
How to get involved: Call or email to set up a time to volunteer.

Bethlehem House
1115 Parkway Ave., Conway
Phone: 501-329-4862
Website: www.bethlehemhouse.net
Contact: Aimee Prince
E-mail: aimee@bethlehemhouse.net
What it is: A transitional shelter that provides patrons and others in need an evening meal, food boxes, and facilities to wash clothes and take a shower. We also provide temporary emergency shelter.
What you can do: Volunteers are needed to do yard work, stock the food pantry, provide child care for residents, do office work, or help in the kitchen (prepare, serve, or clean up after an evening meal). Also, volunteers can help with tutoring.
How to get involved: Call, e-mail, or go to the website for an application.

FOOD JUSTICE, CONT.

Community Action Program for Central Arkansas (CAPCA)

707 Robins St., Suite 118, Conway
Phone: 501-329-0977
Website: www.capcainc.org/default.aspx
Contact: Anna Valenzuela or Melissa McWilliams
E-mail: anna.valenzuela@capcainc.org or mellissa.mcwilliams@capcainc.org

What it is: A private nonprofit Community Action Agency which provides services to low income people which enhance lives, provide self-sufficiency and increase community involvement.
What you can do: Volunteer in a Head Start Program doing numerous activities; for example, reading to children, assisting with projects, playground duty, grounds maintenance, serving meals, or assisting in the classroom. Volunteer in the food pantry assisting with food deliveries and food boxes or coordinate a food drive. Volunteer at the Administrative Office assisting with mail outs, filing, shredding and other office duties.
How to get involved: Email or call for more information. Additional volunteer paperwork may be required if working with children.

Daily Bread

2400 Prince St., Conway (located in First Presbyterian Church of Conway)
Phone: 501-764-1455
Website: www.dailybreadconway.weebly.com
Contact: Shelley Vangsnes
E-mail: shelleyv@uca.edu

What is it: Daily Bread provides a free evening meal every 1st, 3rd, and 5th Thursday to those who are hungry or food insecure. The times available are 4 pm to help with cooking, 5:15pm to help serve, and 5:45pm for cleanup.
What can you do: Volunteers are needed to help prepare and serve the evening meal and help is usually needed from 4:00pm-7:30pm.
How to get involved: Call ahead or come and tell them you'd like to help. Dates of service are located on the website.

First United Methodist Church – Food Pantry

1610 Prince St., Conway (located in First United Methodist Church of Conway
Phone: 501-327-2162
Website: www.conwayfumc.org/outreach.html
Contact: Kisha Bumpers
Email: kbumpers@conwayfumc.org

What it is: Conway First United Methodist Church Food Pantry hands out food sacks on the 2nd & 4th Thursdays, 4:00pm-6:00pm and the 2nd & 4th Saturdays, 10:00am-12:00pm.
What you can do: Volunteers can help sack food, unload groceries after grocery runs, and work on pantry days.
How to get involved: Call or e-mail Kisha Bumpers to set up a time to volunteer. Once you are scheduled to volunteer you must sign in at the welcome center of the church, in the main lobby. There is no background check needed.

FOOD JUSTICE, CONT.

Soul Food Café Mission

1501 Scott St. (First Church of the Nazarene)
Phone: 501-514-5325
Website: www.soulfoodcafemission.org
Contact: Rick Harvey
E-mail: soulfoodcafemission@gmail.com

What it is: This local mission is committed to helping "people in our community or those passing through our community to receive, without hassle or precondition, free hot meals, food boxes and/or clothing" (mission statement). Open Tuesdays only from 9 am to 3 pm. Hot lunch served 11:30am-12:30pm; food and clothing boxes available beginning mid-morning. Evening meals also offered on some Tuesdays. During the lunch, a Christian worship service is offered, but there is no faith requirement to receive services or to volunteer.
What you can do: Volunteers are needed to help serve the meals Tuesday, help unload groceries and prepare boxes for the Food Pantry. Volunteer hours are from 7am-3pm on Tuesdays.
How to get involved: Call or e-mail for more specific information. Walk-ins are welcome anytime between 7 am and 3 pm on Tuesdays. If you come after 9 am, please contact Rick Harvey to assure availability of volunteers needed.

Arkansas Food Bank

4301 W. 65th St., Little Rock
Phone: 501-569-4320
Website: www.arkansasfoodbank.org
Contact: Polly Deems
E-mail: PDeems@arkansasfoodbank.org

What it is: The Arkansas Foodbank provides food to 300 member agencies in 33 counties in central and southeastern Arkansas. These agencies serve the hungry at their location. The Foodbank supports 65,000 people with food a week or around 280,000 a year in our coverage area.
How you can help: Volunteers sort and box donated food in our salvage room or work in the community garden. Volunteer shifts are Monday through Friday from 9am to12pm or 1pm to 4pm. Monthly Saturday work days are available from 9am to 12pm. Volunteers can also help with family nights held the third Tuesday of each month from 6pm to 8:30pm. Groups up to 30 or individuals can sign up to volunteer.
How to get involved: Call or email to set up a time to volunteer.

Arkansas Rice Depot

3801 W. 65th St., Little Rock
Phone: 501-565-8855, ext. 103
Website: www.ricedepot.org
Contact: Sinovia Mayfield
E-mail: sinovia@ricedepot.org

What it is: Rice Depot is a central distributor of foods to food pantries across the state.
How you can help: Volunteers are needed to help sort food, help make rice mixes, label canned goods, and make food boxes. Volunteer hours are Monday through Friday 9am to 3pm plus the 4th Saturday of every month during the day.
How to get involved: Call ahead, and make sure they need you during the day you'd like to work, especially for the Saturday workdays.

FOOD JUSTICE, CONT.

Central Arkansas Development Council (CADC)
321 Edison Ave., Benton
Phone: 501-778-1133
Website: www.cadc.com
Contact: Evelyn Reed
E-mail: ereed@cadc.com
What it is: A community development organization that supports Head Start programs, nutrition programs, senior citizen centers, distributes commodities, and provides utility assistance. The council covers twelve counties, and is heavily active in the Little Rock area.
What you can do: Volunteers are needed in all programs. Commodity food bagging programs are always in need of volunteers to package and distribute food. Volunteers are also needed to help with the Free Tax Program/VITA, Single Parent Scholarship Fund and Utility Assistance Program.
How to get involved: Call or e-mail for more information.

Quapaw Quarter UMC Community Breakfast
1601 S. Louisiana St., Little Rock
Phone: 501-350-3055
Contact: Drexel Jordan
E-mail: drexel.jordan@comcast.net
What it is: Community Breakfast is a homeless feeding program on Sunday mornings that compensates for a lack of meal opportunities for the homeless on the weekends
What you can do: An all-volunteer staff prepares, serves, and cleans up the meal from 7:30am to 10:00am on Sunday mornings. Clothing donations are also welcome, specifically socks and shoes.
How to get involved: Call or e-mail for more information.

Stewpot Soup Kitchen and Clothing Closet
800 Scott St., Little Rock
Phone: 501-952-8871
Contact: Nancy Rorex
E-mail: nrorex@gmail.com
What it is: Stewpot provides those living on the streets with basic necessities, such as food, clothing, and medical attention.
What you can do: The soup kitchen offers a free meal every week day from 12:00pm-1:00pm. Volunteers should arrive no later than 11:45am. The clothing closet is open on Thursdays. Volunteers are needed both for set up between 10:00am and 12:00pm and for handing out clothes on Thursdays.
How to get involved: Call or email for more information.

Faulkner County Urban Farm Project
Address: 1900 Tyler St., Conway
Phone: 479-259-1727
Website: hwww.fcurbanfarmproject.org
Contact: Kim Doughty (through September 2016)
E-mail: faulknercountyurbanfarmproject@gmail.com
What it is: A community garden dedicated to teaching people how to grow food sustainably, and connect the community with fresh, healthy, seasonal local food. Garden produce is donated to volunteers and a local food pantry, thus addressing the larger issue of food insecurity in Conway and the greater Faulkner County region.
What you can do: Come to the garden workdays (posted on the website), volunteer at festivals and other special events, become an intern or service learner.
How you can get involved: Fill out the volunteer interest form at www.fcurbanfarmproject.org/volunteer or contact through email or Facebook: Faulkner County Urban Farming Project

GENDER AND SEXUALITY

Help for Abuse Victims in Emergency Need (HAVEN)

1701 Donaghey Ave., Conway
Phone: 501-327-1701
Website: havenmt.org
Contact: Debra Bradley
E-mail: haven@caiinc.org

What it is: Provides abused or neglected females ages 6 to 18 with a safe place to live, caring adults to listen, and counseling services. Volunteers are needed to sponsor food and clothing drives, do yard work, serve as tutors, or be a mentor.
What you can do: Male and female volunteers are welcome to help with the yard work, other manual tasks, and the supply drives; for these tasks there are no application requirements. Just call ahead and express your interest. *Only females 21 or older can work directly with the girls who reside at Haven*. For direct contact a volunteer application with three letters of references and a twenty five-dollar background check are required. It can take two weeks for background check to process.
How to get involved: Call or email for more information.

Women's Shelter of Central Arkansas

Phone: 501-358-6219
Website: www.conwaywomensshelter.com
Contact: Carrie Curtis
E-mail: wsca@conwaycorp.net

What it is: The shelter provides emergency shelter, advocacy, and support to battered women/children. Volunteers are needed to help with childcare, weekend recreational activities for adults and children, yard maintenance, answering the crisis hotline, legal advocacy, clerical work, sorting donations, and coordinating donations and volunteers.
What you can do: Male and Female volunteers are needed for lawn maintenance, moving furniture or similar work. Female volunteers are needed for service involving direct contact with residents, such as childcare, weekend recreational activities for adults and children, legal advocacy, clerical work and answering the crisis hotline (males can also answer hotlines). Internships are available for women in the following areas: legal advocacy, non-profit administration, social work, and child advocacy.
How to get involved: Call or e-mail for more information. Volunteers must attend a volunteer training class, which is held frequently. Volunteers who will work directly with residents in an unsupervised setting must have a background check.

GLOBAL JUSTICE

Heifer International/Heifer Ranch

55 Heifer Rd., Perryville
Phone: 501-889-5124
Website: www.heifer.org/volunteer
Contact: Rebecca Roetzel
E-mail: lcvol@heifer.org

What it is: Heifer Ranch is a Learning Center that offers a powerful global education experience, introducing participants to the idea that one person can make a difference in ending hunger and poverty. Programs range from tours to week-long overnight programs. Heifer Ranch is a working farm complete with organic gardens and a variety of livestock.
What you can do: **RESIDENTIAL:** Heifer Ranch relies on residential volunteers who live and work on-site for a designated season; they receive furnished housing, a stipend of $196/two-weeks and many other perks. Education volunteers lead tours, facilitate overnight programs and assist in other departments. Livestock volunteers work directly and indirectly with animals including daily chores and service-learning groups. Guest Operations volunteers welcome drop-in visitors, give tours, run the gift shop and answer phones. Farmer Chef volunteers work in the 5-acre garden, prep produce for Heifer's CSA, lead service-learners and work in the kitchen.
COMMUNITY: The Conway Heifer Club assists with outreach and special events in the Conway area. They host a 20K Trail Run on Petit Jean each April and volunteer at the Ranch's three public events in March, August and December.
How you can get involved: To start the process, visit the website - www.heifer.org/volunteer and fill out an interest form. A Heifer staff member will then be in contact with you depending on your interests and availability.

Heifer International (Heifer Village)

1 World Ave., Little Rock
Phone: 501-907-2817
Website: www.heifer.org/volunteer
Contact: Tracey Chesser (501-907-2889)
E-mail: tracey.chesser@heifer.org

What it is: Heifer Village on the Heifer International Campus in downtown Little Rock introduces visitors to the possibility of a world free of hunger and poverty. A hands-on, global education facility has interactive exhibits that provide a stimulating and challenging educational experience for all.
What you can do: Volunteers are needed in the following areas: Visitor Relations, Tour Guides, Educational Programing, Shop Assistance (earth-friendly products), Special Events, and Office Assistants. Volunteers must commit to a minimum of four to five hours a week for at least 3 months. Shifts available are Monday through Saturday 8:45am-5pm. All volunteers must complete training provided by Heifer.
How you can get involved: Visit the website and fill out a volunteer interest form or call the number listed above.

HEALTH & WELLNESS

Conway Human Development Center

150 E. Siebenmorgen Rd., Conway
Phone: 501-329-6851, ext. 319
Website: www.chdconline.wix.com/conwayhdc
Contact: Elizabeth Litton
E-mail: Elizabeth.litton@dhs.arkansas.gov

What it is: The CHDC is a residential and therapeutic full-care facility for individuals with intellectual and physical disabilities. They provide medical and community support through efforts including medical/nursing, physical therapy, occupational therapy, speech therapy and client outreach.
What you can do: Volunteers are needed to participate in many different capacities. Volunteers can join the Just Friends Program and be partnered with one individual client; they can participate in physical education, residential living unit, or recreation programs, bring a group to volunteer or even take on a long-term internship. The CHDC Volunteer Council also meets once a month to plan larger events such as the annual walk-a-thon and bowl-a-thon.
How to get involved: Call or email to express your interest. The extent of the application process/background check depends on the type of work you intend to do.

Conway Interfaith Clinic

830 N. Creek Dr., Conway
Phone: 501-932-0559 option 7
Website: www.conwayinterfaithclinic.org
Contact: Kittie Aaron
E-mail: cic@conwayinterfaithclinic.org

What it is: Provides medical treatment for uninsured and under-insured people in the community, as well as dental treatment for children and adults.
What you can do: Volunteers are needed for clerical work, maintenance/cleaning, yard work, and community education.
How to get involved: Call ahead of time or come by to get an application.

Gentiva Hospice

10800 Financial Centre Pkway, Suite 380, Little Rock
Phone: 501-223-8868
Website: gentiva.com/hospice
Contact: Jamie Fleming
E-mail: jamie.fleming@gentiva.com

What it is: Gentiva Hospice improves quality of life for patients facing terminal diagnoses while providing support for their loved ones. Hospice is a compassionate, patient-centered approach focused on maintaining dignity, increasing quality of life, and providing comfort.
What you can do: You can brighten the day of persons with terminal illness simply by giving a friendly smile and a little bit of your time. Patients living in nursing homes or at home with family benefit greatly from cheerful visitors. Gentiva Hospice is looking for compassionate volunteers who enjoy brightening the day of individuals in local nursing homes. Watch TV, read, listen and talk, reminisce, or sit outside on the porch. Help is also welcome by reaching out to the nursing homes and community centers by helping with Bingo night, hosting the monthly Birthday party, or passing out cookies for staff appreciation events.
How to get involved: Volunteering is flexible and there is no specific time commitment. Our volunteers receive orientation on a variety of healthcare topics and on-site training is provided. Individuals and groups are welcome.

HEALTH & WELLNESS, CONT.

Help for Abuse Victims in Emergency Need (HAVEN)

1701 Donaghey Ave., Conway
Phone: 501-327-1701
Website: www.havenmt.org
Contact: Debra Bradley
E-mail: haven@caiinc.org

What it is: Provides abused or neglected females ages 6 to 18 with a safe place to live, caring adults to listen, and counseling services. Volunteers are needed to sponsor food and clothing drives, do yard work, serve as tutors, or be a mentor.
What you can do: Male and female volunteers are welcome to help with the yard work, other manual tasks, and the supply drives; for these tasks there are no application requirements. Just call ahead and express your interest. *Only females 21 or older can work directly with the girls who reside at Haven*. For direct contact a volunteer application with three letters of references and a twenty five-dollar background check are required. It can take two weeks for background check to process.
How to get involved: Call or email for more information.

School Gardens and Farm to School in Arkansas

1 Children's Way, Little Rock
Phone: 501-364-3390
Website: www.arteengarden.com
Contact: Emily English
E-mail: esenglish@uams.edu

What it is: The Childhood Obesity Prevention Research Program at Arkansas Children's Hospital Research Institute conducts research and programming aimed at reducing childhood obesity in Arkansas through the use of school gardens and farm to school.
What you can do: Students interested in serving in a particular school or community garden can reach out to Emily and she will connect them. Students interested in volunteering within the organization can assist as we develop curriculum, service site, and service member support via Arkansas GardenCorps. They can also work with us to develop and provide technical support for Arkansas farm to school via our website, monthly conference calls, and training events
How to get involved: Call or (preferably) email for more information.

Women's Shelter of Central Arkansas

Phone: 501-358-6219
Website: www.conwaywomensshelter.com
Contact: Carrie Curtis
E-mail: wsca@conwaycorp.net

What it is: The shelter provides emergency shelter, advocacy, and support to battered women/children. Volunteers are needed to help with childcare, weekend recreational activities for adults and children, yard maintenance, answering the crisis hotline, legal advocacy, clerical work, sorting donations, and coordinating donations and volunteers.
What you can do: Male and Female volunteers are needed for lawn maintenance, moving furniture or similar work. Female volunteers are needed for service involving direct contact with residents, such as childcare, weekend recreational activities for adults and children, legal advocacy, clerical work and answering the crisis hotline (males can also answer hotlines). Internships are available for women in the following areas: legal advocacy, non-profit administration, social work, and child advocacy.
How to get involved: Call or e-mail for more information. Volunteers must attend a volunteer training class, which is held frequently. Volunteers who will work directly with residents in an unsupervised setting must have a background check.

SENIOR CARE

Faulkner County Senior Citizens Program

705 E. Siebenmorgen Rd., Conway
Phone: 501-327-2895
Website: users.conwaycorp.net/fcseniors/index.htm
Contact: Debra Robinson
E-mail: conwaysrs@conwaycorp.net

What it is: The Senior Citizens Program provides transportation, congregate meals, home-delivered meals, and activities for senior citizens in Faulkner County.
What you can do: Volunteers are needed to take meals to the elderly (routes are one hour or less), socialize with senior citizens at the center, and help with regular events such as dances and bingo. Volunteers can also assist with fundraisers, clean vans and mow/weed eat on the property.
How to get involved: Everyone is welcome, but please let us have a week's notice before volunteering. Background checks are required for those delivering meals.

Hospice Home Care

821A N. Creek Dr., Conway
Phone: 501-336-9172
Website: www.hospicehomecare.com
Contact: Debbie Wheeler
E-mail: DWheeler@hospicehomecare.com

What you can do: Compassionate volunteers are needed to help in and around the home, with shopping, transportation, and companionship, as well as with office work directly at HHC.
How to get involved: Call to make an appointment; there is some training involved.

Maumelle Senior Wellness Center

550 Edgewood Dr., Maumelle
Phone: 501-851-4344
Contact: Gloria Mayo
E-mail: GMayo@Maumelle.org

What it is: The Department of Senior Services was created in 2005 to promote aging-in-place by providing transportation, education, social and recreational activities to area citizens 50 years and older.
What you can do: Volunteers can work on the culinary staff preparing meals for area seniors, deliver meals to residents of Audubon Point, and provide transportation to seniors for non-emergency medical appointments free of charge. Volunteers can also help in administrative duties like preparing the newsletter.
How to get involved: Email beforehand between 8:00am-5:00pm from Mondays-Fridays; complete volunteer application form. Note that the wellness center has many permanent volunteers, so a temporary volunteer would act as a substitute if possible.

Village Park of Conway, INC.

1622 Scott St., Conway
Phone: 501-327-6428
Website: www.villageparkofconway.com
Contact: Crystal Fields
E-mail: hsd@villageparkofconway.com

How you can help: Participate in entertainment events, help with arts/crafts, or music, and just visit with the residents. Help with transportation, receptionist duties, and kitchen work is also needed.
How to get involved: Walk-in's welcome (no application process), call ahead.

SHELTER/HOUSING

Bethlehem House

1115 Parkway Ave., Conway
Phone: 501-329-4862
Website: www.bethlehemhouse.net
Contact: Beth Clark
E-mail: volunteer4bethlehem@yahoo.com
What it is: A transitional shelter that provides patrons and others in need an evening meal, food boxes, and facilities to wash clothes and take a shower. We also provide temporary emergency shelter.
What you can do: Volunteers are needed to do yard work, stock the food pantry, provide child care for residents, do office work, or help in the kitchen (prepare, serve, or clean up after an evening meal). Also, volunteers can help with tutoring.
How to get involved: Call or email for an application.

Conway Housing Authority

335 S. Mitchell St., Conway
Phone: 501-450-6171
Contact: Sharon Everette
E-mail: sreverette@hotmail.com
What it is: Aids those in need of affordable housing. They serve families and children living in low income housing.
What you can do: Volunteers are needed to tutor kids, play games, visit with the elderly, and help out with monthly activities.
How to get involved: Call and schedule a time to volunteer.

Help for Abuse Victims in Emergency Need (HAVEN)

1701 Donaghey Ave., Conway
Phone: 501-327-1701
Website: www.havenmt.org
Contact: Debra Bradley
E-mail: haven@caiinc.org
What it is: Provides abused or neglected females ages 6 to 18 with a safe place to live, caring adults to listen, and counseling services. Volunteers are needed to sponsor food and clothing drives, do yard work, serve as tutors, or be a mentor.
What you can do: Male and female volunteers are welcome to help with the yard work, other manual tasks, and the supply drives; for these tasks there are no application requirements. Just call ahead and express your interest. *Only females 21 or older can work directly with the girls who reside at Haven*. For direct contact a volunteer application with three letters of references and a twenty five-dollar background check are required. It can take two weeks for background check to process.
How to get involved: Call or email for more information.

SHELTER/HOUSING, CONT.

Women's Shelter of Central Arkansas
Phone: 501-358-6219
Website: www.conwaywomensshelter.com
Contact: Carrie Curtis
E-mail: wsca@conwaycorp.net
What it is: The shelter provides emergency shelter, advocacy, and support to battered women/children. Volunteers are needed to help with childcare, weekend recreational activities for adults and children, yard maintenance, answering the crisis hotline, legal advocacy, clerical work, sorting donations, and coordinating donations and volunteers.
What you can do: Male and Female volunteers are needed for lawn maintenance, moving furniture or similar work. Female volunteers are needed for service involving direct contact with residents, such as childcare, weekend recreational activities for adults and children, legal advocacy, clerical work and answering the crisis hotline (males can also answer hotlines). Internships are available for women in the following areas: legal advocacy, non-profit administration, social work, and child advocacy.
How to get involved: Call or email for more information. Volunteers must attend a volunteer training class, which is held frequently. Volunteers who will work directly with residents in an unsupervised setting must have a background check.

YOUTH & TUTORING

Big Brothers, Big Sisters of Central Arkansas
312 W. Pershing Blvd., North Little Rock
Phone: 501-374-6661
Website: www.bbbsca.org
Contact: Mike Forell
E-mail: mforell@bbbsca.org
What it is: Our mission is to provide children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.
What you can do: There are two mentoring options available. The Community-based program allows the volunteer to take their "Little" out into to community for whatever activities they would enjoy together (parks, sports, movies, plays, etc.) and requires a minimum of 4-6 hours per month. The Site-based program requires the volunteer to meet only at the Little's school or after-school care site facility and has a minimum time commitment of 1 hour per week.
How to get involved: The volunteer process involves an application (including personal references and background checks) and a personal interview. We do require a 12 month commitment to the match. There is more information on our website www.bbbsca.org and a place for applicants to submit their information.

Bob Courtway Middle School – The Roots Tutoring Program
1200 Bob Courtway Dr., Conway
Phone: 501-450-4832 ext. 225
Website: bc.conwayschools.org
Contact: Amy Jordan
E-mail: Jordana@conwayschools.net
What you can do: Volunteers needed to help tutor kids during study hall periods through the day and after school. Grades 5, 6, and 7 especially need tutors.
How to get involved: Contact the given number for an application and to begin training.

YOUTH & TUTORING, CONT.

Boys and Girls Club of Faulkner County

1405 Robins St., Conway
Phone: 501-329-8849 ext. 2002
Website: www.bgcfaulkner.org
Contact: Liza Bray or Phillip Moore
E-mail: liza@bgcfaulkner.org or phillip@bgcfaulkner.org

What it is: Gives youth a place to develop positive friendships and skills that will last a lifetime.
What you can do: Volunteers are needed to run arts/crafts classes, the game room, and to help with homework after school.
How to get involved: Call and schedule a time to meet to complete a volunteer application and a short interview.

Camp Aldersgate, Inc.

2000 Aldersgate Rd., Little Rock
Phone: 501-225-1444
Website: www.campaldersgate.net
Contact: Ali Miller-Berry
E-mail: amiller@campaldersgate.net

What it is: Camp Aldersgate is Arkansas' only non-profit uniquely dedicated to providing year-round programming opportunities for children with and without special needs. Camp Aldersgate offers summer and weekend camps for children with and without special needs, a specialized youth volunteer training program, and one of the area's longest running programs for senior adults. Camp Aldersgate is one of eight camps in Arkansas accredited by the American Camp Association and continues to be the only camp in Arkansas designed for children with special needs.
What you can do: During the school year, there are weekend camps that require camp counselors as well as fundraisers and special events that need volunteers. During the summer, counselors are needed for the summer camp programs and weekend camping programs.
How to get involved: Visit our website, call or email for more details.

Children's Advocacy Alliance (CAA)

574 Locust St., Conway
Phone: 501-328-3347
Website: www.hopeandjustice.org
Contact: Tess Fletcher
Email: tfletcher@hopeandjustice.org

What it is: The Children's Advocacy Alliance oversees two programs that help child victims of abuse and neglect to regain their childhood and to be placed in safe, permanent homes. The CAC coordinates local professional teams who investigate child abuse cases and provide healing services for children. The CASA program recruits and trains volunteer advocates who get to know and speak for children in the child protection services system.
What you can do: Volunteers are needed to answer phones, assist with writing press releases, prep for new advocate trainings and assist with events. Internships are available.
How to get involved: Due to the sensitivity of much of the information, volunteers need to sign a confidentiality agreement, fill out an application, and agree to a background check.

YOUTH & TUTORING, CONT.

Community Connections

2740 College Ave., Conway
Phone: 501-329-5459
Website: www.communityconnectionsar.org
Contact: Courtney Leach
E-mail: cothrencc@yahoo.com

What it is: Community Connections is a non-profit organization dedicated to improving the lives of children in Arkansas. Their goal is to help families address various health, developmental, and social needs by offering comprehensive programs and services not otherwise available in the Arkansas community. The programs offered are football, soccer, theatre, art, music, cheerleading, martial arts, golf, and autism educational/support meetings for the families.
What you can do: Community Connections needs volunteers to help the participants in their programs. They also use volunteers to help with various fundraising events throughout the year.
How to get involved: Volunteers can email or fill out the volunteer registration form on the website.

Conway Cradle Care

2400 Prince St., Conway (located in First Presbyterian Church of Conway)
Phone: 501-730-0017
Website: www.cradlecare.org
Contact: Kelsey Powell (501-499-0417)
E-mail: director@cradlecare.org

What it is: Conway Cradle Care provides services to teen and expectant parents enrolled in Faulkner County high schools. An early childhood development facility provides care to children ages 6 weeks to 3 years during the school year.
What you can do: Volunteers are needed to support teaching staff in infant and toddler classrooms as well as in teen mentoring and tutoring programs. Volunteers are also needed to work at fundraising events during the school year
How to get involved: E-mail and let them know that you are interested in volunteering. A background check is required and covered by Conway Cradle Care.

Faulkner County Day School



1700 South Blvd., Conway
Phone: 501-329-2164
Contact: Teresa Little (for children) or Penny Castilaw (for adults)
E-mail: tlittle@fcds-conway.org; pcastilaw@fcds-conway.org

What it is: Provides services for individuals with developmental disabilities and support for their families. Through the Milestones program, the Day School offers childhood service for ages 6 weeks to 5 years. Through the Work Force, adults with developmental disabilities receive job assistance. Help and care for children and adults in an at-home or in-community setting is provided through Alternative Community Services.
What you can do: For the children's programs, volunteers are needed to clean toys and rooms, to help with the big fundraisers (a 5K run in the fall; omelet breakfast in the spring), and to help with yard work around the playground. If you have a longer time to commit, you can volunteer to assist teachers in the classroom. For the adults in Work Force, volunteers are needed to sponsor dances and other activities. People that like to take photos or make videos are also welcome to volunteer to work on advertising and publicity and training videos.
How to get involved: To assist in the classroom, you will need to complete an application, provide references and have a background check (no cost). For other activities call ahead or just walk in and explain that you would like to help.

YOUTH & TUTORING, CONT.

Faulkner County Juvenile Court
510 S German Ln., Conway
Phone: 501-328-5922
Contact: Faye Shepherd
E-Mail: faye.shepherd@faulknercounty.org
What it is: The Faulkner County Juvenile Court has several opportunities and needs students to help with multiple programs for their court-involved youth, many of which are alternatives to community service.
What you can do: Students are needed to tutor young people ages 10 – 18 for a minimum of one hour per week on Monday – Thursday afternoons, assist with a girls' book club each semester (just one student per semester), help tend to the court's youth garden, assist the coach in the Boys Boxing Club, and teach an ACT prep class and a College prep class (one student to teach each per semester). Volunteers can also get involved in a yoga/fitness class and help to start a Girl Scouts' program. Students are welcome to propose new programs for court-involved youth (i.e. how to balance a checkbook).
How to get involved: Call or e-mail.

Faulkner County Juvenile Probation Officer Program
510 S German Ln., Conway
Phone: 501-328-5922
Contact: Faye Shepherd
E-Mail: faye.shepherd@faulknercounty.org
What it is: It is a mentorship program for at risk youth. Their mission is to provide juveniles with increased adult supervision to prevent future delinquency and encourage appropriate behaviors to help these young people contribute to society on into adulthood.
What you can do: Volunteers are needed to meet at least once a week with youth for an hour. The visit can be conducted at the youth's home or at the probation office. Volunteers are needed to help youth prepare for school by discussing school life and work.
How to get involved: Contact via email or phone call. To volunteer you must be at least 20 years of age, attend a training session, and have a background check.

Glenhaven Ministries
317 West Oak St., Conway
Phone: 501-358-6314
Website: www.glenhavenministries.org
What it is: Glenhaven's mission statement is to care for children and families in their distress.
Glenhaven specifically works with at-risk middle and junior-high schoolers by providing tutoring and mentorship through a variety of programs.
What you can do: Be a mentor or tutor in the new Sparks program. Time commitments are flexible. Volunteers are needed in both one-on-one and group activities.
How to get involved: Check out the website to get a volunteer application. Background checks are required, and are covered by Glenhaven.

YOUTH & TUTORING, CONT.

Help for Abuse Victims in Emergency Need (HAVEN)

1701 Donaghey Ave., Conway
Phone: 501-327-1701
Website: www.havenmt.org
Contact: Debra Bradley
E-mail: haven@caiinc.org

What it is: Provides abused or neglected females ages 6 to 18 with a safe place to live, caring adults to listen, and counseling services. Volunteers are needed to sponsor food and clothing drives, do yard work, serve as tutors, or be a mentor. (No offsite visits)
What you can do: Male and female volunteers are welcome to help with the yard work, other manual tasks, and the supply drives; for these tasks there are no application requirements. Just call ahead and express your interest. *Only females 21 or older can work directly with the girls who reside at Haven*. For direct contact a volunteer application with three letters of references and a twenty five-dollar background check are required. It can take two weeks for background check to process.
How to get involved: Call or email for more information.

Make a Child Smile of Central Arkansas

1309 Main St., Conway (Stocks Mortgage)
Phone: 501-932-0555
Website: www.makeachildsmile.net
Contact: Tracey Stocks
E-mail: tstocks@boemortgage.com

What it is: An organization that helps children from families of limited income. They lead clothing, school supplies, and Christmas toy drives. Their focus is not just on providing temporary happiness with new toys, their motto is "Building self-esteem and confidence in children of Faulkner County and Central Arkansas by providing them the necessary and simple pleasures every child deserves."
What you can do: Volunteers are needed to help organize and run supply drives and assemble care packages for children. Volunteers are also needed to promote self-esteem and confidence in children through events organized by Make a Child Smile of Central Arkansas. They can also use shoppers in a permanent, store-like volunteer space set up for kids to pick up back to school stuff during the summer. Currently, there is a pressing need for volunteer work, particularly in the area of sorting donated clothing and shoes.
How to get involved: Call for more information; no applications are necessary.

Soaring Wings Ranch

Greenbrier Middle School library and media center
Phone: 501-849-2253
Website: www.swranch.org
Contact: Julia Groce
Email: julia@soaringwingsranch.com

What it is: Seeks tutors and mentors to help with the foster children on Tuesdays and Thursdays that live at the ranch. From the website: Soaring Wings Ranch is a Christ-centered ministry that serves children who are abused, abandoned, neglected, orphaned, or in need of a strong family structure. The Ranch provides a loving and stable home where kids can develop and grow spiritually, emotionally, intellectually, and socially. The children who live at the Ranch receive hope and healing through educational development, counseling, a loving family environment, and the life-changing gospel of Jesus Christ. A brief application is required, and volunteers are encouraged to commit to 6 sessions with a single student or single small group.

YOUTH & TUTORING, CONT.

School Gardens and Farm to School in Arkansas

1 Children's Way, Little Rock
Phone: 501-364-3390
Website: www.arteengarden.com
Contact: Emily English
E-mail: esenglish@uams.edu

What it is: The Childhood Obesity Prevention Research Program at Arkansas Children's Hospital Research Institute conducts research and programming aimed at reducing childhood obesity in Arkansas through the use of school gardens and farm to school.
What you can do: Students interested in serving in a particular school or community garden can reach out to Emily and she will connect them. Students interested in volunteering within the organization can assist as we develop curriculum, service site, and service member support via Arkansas GardenCorps. They can also work with us to develop and provide technical support for Arkansas farm to school via our website, monthly conference calls, and training events
How to get involved: Call or (preferably) email for more information.

Youth Home

20400 Colonel Glenn Rd., Little Rock
Phone: 501-821-5500
Website: www.youthhome.org/index.html
Contacts: Stephanie Jonasson or Shelly Zellner
E-mail: Stephanie.Jonasson@youthhome.org or Shelly.Zellner@youthhome.org

What it is: Youth Home, Inc. is a private, non-profit treatment center for emotionally troubled adolescents and their families with the mission of helping those individuals become healthier contributing members of the community.
What you can do: There are many ways for volunteers to get involved at the Youth Home. Individuals can provide special services in which they are capable (i.e. music/art lessons, sports clinics, DJ, hairstylist etc.) or participate in special events and fundraisers.
How to get involved: Call or e-mail for more information.

4H Youth Development Program of Faulkner County

844 Faulkner St., Conway
Phone: 501-329-8344
Website: http://www.uaex.edu/faulkner/4h/
Contact: Melanie Malone
E-mail: mmalone@uaex.edu

What it is: A program to teach children and youth life and leadership skills through hands-on activities. Participants carry out individual projects, compete in county and state fairs, help others in their community and travel to new places.
What you can do: Volunteers are needed to be leaders and mentors to the participating youth and judge a variety of contests.
How to get involved: Email regarding your interest. Volunteers must go through a 4-H youth protection program, which includes a background check.