

5th cornerstone schedule

April 22, 2009 version

Sunday sunrise sunset	Monday sunrise sunset	Tuesday sunrise sunset	Wednesday sunrise sunset	Thursday sunrise sunset	Friday sunrise sunset	Saturday sunrise sunset
						16 Departure schedule: Little Rock CO2086 7::20 am Transfer Term A to C Dulles (Hafner) CO1203 Transfer Term A to C Newark CO89 12:10 pm term C Reno (MacDonald) UA 573 6:50 am Term 3 San Fran UA889 1112 am Term 3
17 (Kunming sunset) 7:48pm	18 (Kunming sunset) 7:49pm	19 6:23am 7:49pm	20 6:23am 7:49pm	21 6:23am 7:50pm	22 6:22am 7:49pm	23 6:21am 7:51pm
<p>13:50 Arrive Beijing CO089: Hendrix + Iliff T2 14:40 Arrive Beijing UA889: MacDonald T3 Jerry meets with sign</p> <p>Depart: Beijing Air China16:35 CA1431 T2 Arrive: Kunming 20:10 Met at airport 20 seat van to</p> <p>Shower/ food/snack/ sleep</p> <p>Van A</p> <p>The Hump Hostel +86-871-3640359 www.thehumpshostel.com/</p>	<p>Arranged breakfast at hotel 10:00am Internet access at hotel 12:00 Lake Dian Chi, Western Hills including temples, by public transportation, Free time, {Harper 13:50 Arrive Beijing CO2086 Self transfer to MU5706 18:05 Arrive: Kunming 21:30; Harper met at Kunming airport} No Van</p> <p>The Hump Hostel +86-871-3640359 www.thehumpshostel.com/</p>	<p>7:30 am Breakfast at hotel Van A</p> <p>Possible arranged meetings with other aid groups in Kunming</p> <p>14:00- 17:00 Meet Heifer staff</p> <p>17:30-19:00 Dinner with Heifer Staff</p> <p>20:25 MU 5736 to Luxi Arrive: Luxi (Mangshi) 21:20</p> <p>van B & C</p> <p>Longling Guest House +86 8756121307</p>	<p>2 vans, drive to Longling. Heifer Projects Long Ling city, Mandan Village of A-chang ethnic group</p> <p>lunch en route Arrive @ Mandan village, welcome ceremony Visit project families, visit in 2 groups Meet SHG leaders Drive to Longling Diner</p> <p>Van B & C Jinbei</p> <p>Longling Guest House +86 8756121307</p>	<p>Breakfast in Longling, Drive to Tongcheng</p> <p>Rehai hot springs, Dile Volcanoes or other tourist sites</p> <p>Comment: all bus travel arranged with plenty of daylight because of difficult mountain roads</p> <p>Van B & C Jinbei</p> <p>ReHai Maiden Hot Spring T: 86 875—5133333 热海明珠大酒店</p>	<p>Morning call and breakfast Drive to #1 village Manlei of Wa ethnic group Welcome ceremony, visit families Lunch in the village? Drive to #2 village (possibly Sanjia village of Han ethnic group. largest ethnic group in China) Welcome ceremony, visit families Drive back to hotel Dinner CS reflection and discussion</p> <p>Van B & C Jinbei</p> <p>ReHai Maiden Hot Spring T: 86 875—5133333 热海明珠大酒店</p>	<p>Morning call and breakfast Drive to Baoshan, hotel check-in Lunch Drive to Gangou Heifer Project Gangou Village of Y ethnic group Welcome ceremony visit families Drive back to hotel Dinner</p> <p>Van B & C Jinbei</p> <p>Minghang Guest House 86 8752225888</p>

<p>24 6:21am 7:51pm</p> <p>Comment: Moonless night, high altitude, should be a good night to view the stars 4 hour drive with breaks for possible tourist sites Baoshan-Dali Wind farm at Dafengba</p> <p>Catholic Church of Dali, one of the three most important churches in Yunnan, for Mass or quiet reflection Western food in the city of Dali Van B & C Jade Emu GH Dali +86 872 2677311</p>	<p>25 6:21am 7:52pm</p> <p>8:30 Departure 10:00 Shaping weekly Market, One of the largest weekly markets in China largely people of the Bai ethnic group</p> <p>12:00 departure Box Lunch on Bus Drive to Duimeixia village Welcome ceremony, visit families Cooking in the local families Culture activities Stay overnight in local families</p> <p>van D</p> <p>Duimeixia, sleeping bags in various accommodation</p>	<p>26 6:21am 7:52pm</p> <p>Get up and see the freshness of the village along the Jinsha River Breakfast / CS reflection and discussion Visit the primary school in the village Farewell session, say goodbye to Heifer China staff (in the school)</p> <p>van D Drive to Lijiang</p> <p>Old Town Garden Resort Lijiang</p>	<p>27 6:20am 7:53pm</p> <p>7:30 am Departure Yulong Glacier Baisha village Shijunhai lake</p> <p>2:30 YEN Environmental education project: Rural credit Biogas project Meeting with other environmental groups in Lijiang Region, Friends of Nature, Green Watershed</p> <p>van D</p> <p>YEN Dormitory</p>	<p>28 6:20am 7:54pm</p> <p>YEN activities Plant trees near Green Youth School, Hike to protected forest and several nearby villages where locals are making traditional goods for sale.</p> <p>3:30 departure for Zhongdian</p> <p>Comment: Dragon Boat festival for Han Chinese</p> <p>Arrive in time for dinner in Zhongdian</p> <p>van D</p> <p>Harmony Guesthouse +8613988747739</p>	<p>29 6:20am 7:35pm</p> <p>Zhongdian (Glaythang) area Tibetan Songzanlin Lamasery and Temples</p> <p>ETTI, Eastern Tibet Training Institute Meeting www.etti.org.cn</p> <p>Local transportation arranged on sight</p> <p>Local transportation arranged on sight</p> <p>Harmony Guesthouse +8613988747739</p>	<p>30 4:49am 7:35pm</p> <p>Free time in Zhongdian area, possible small hikes near city</p> <p>5 pm meal departing remarks</p> <p>Local transportation arranged on sight</p> <p>8pm flight to Kunming Kunming (walking distance of airport, no van)</p> <p>Kunming International Airport Hotel +86871-7176965</p>
<p>31 (Beijing Sunrise) 4:48am</p>	<p>June 1</p>	<p>June 2</p>	<p>June 3</p>	<p>Harmony Guesthouse +8613988747739</p>	<p>Harmony Guesthouse +8613988747739</p>	<p>Kunming International Airport Hotel +86871-7176965</p>
<p>13:15 Beijing Capital Airport completion of Heifer Study-tour Beijing depart: Hafner, McDaniel, Iliff, Harper 15:45 CO 2088 Newark Arrive 17:30 term C Newark depart term A McDaniel 19:15: Little Rock arrive 21:44 CO2753 Newark depart term A Hafner 19:30 CO2027 arrive Savannah 22:02 Remaining Group Self-pay training Beijing Subway System and Airport Rail Line arrive Sleepy Inn Beijing www.sleepyinn.com.cn +86 10- 64069954</p>	<p>Suggested day for self guided walking tour of downtown Beijing, Tian'anmen Square, Zhongshan Park, Forbidden city, Jinshan Park Beihai Park Houhai lake</p> <p>?</p> <p>Sleepy Inn Beijing www.sleepyinn.com.cn +86 10- 64069954</p>	<p>Sleepy Inn Beijing www.sleepyinn.com.cn +86 10- 64069954</p>	<p>MacDonald Beijing Departure 12:00 noon UA 888 San Fran arrive 08:42 am SanFran depart 10:40 am UA826 Reno arrive 11:38 am Hendrix Group departure 15:45 CO 2088 Arrive 17:30 Newark Depart: Newark NJ 19:15 CO2753 arrive Little Rock 21:44</p>			